

MEDITATION 14

SKILLS TO LEARN – GROUP SERVERS

Aquarian law will be based on spiritual illumination, on intuitive perception and brotherly love which is identification with every form in every kingdom in nature. Through a new group of world servers, educated opinion of the intelligent peoples of the world highlighting good will and intelligent understanding of the needs of humanity can be spread. This, in its turn, seriously hampers antagonism and hatred between people. The masses, educated and no longer kept in ignorance, won't tolerate hatred, separateness, greed and wealth concentrated in an elite few while many people suffer.

The process of educating the public must go forward with diligence and tact, and wisdom must be cultivated in order to avoid all antagonism, all criticism and all hatred. The power of such a group, working in such a fashion, will be tremendous. They can accomplish miracles based on simple concepts and the steady practice of good will. But in doing so, there are rules that must be followed that preserve the integrity of the purpose of this New Group of World Servers, as outlined for us in Esoteric Psychology, Vol II, starting on page 680:

1. No word must be spoken or written which could be construed as evidencing partisanship, or as an attack upon any ruler, any form of government, or any national activity. "Hatred ceaseth not by hatred; hatred ceaseth by love."
2. Nothing must be published in any pamphlet, newspaper, circular or letter which could evoke antagonism from any government, any political party, any economic strategist, or any religious organisation. Only principles of universal application must be expressed, and no partisanship is permitted.
3. No race or nation must be regarded (either in the spoken or written word) as of greater importance essentially than any other race or nation. Humanity as a whole must be emphasised. Yet those who think otherwise than this must not be subjected to attack. Racial hatreds, religious differences, and national ambitions are to be ignored by this balancing third group, the New Group of World Servers.
4. Members of the New Group of World Servers are never to identify themselves with any political, religious or social propaganda. Such propaganda is separative in its effects, [Page 681] and breeds divisions and hatreds. Some of the World Servers and men of good will may themselves be members of political, religious or other organisations committed to activity of the kind which causes divisions. This may happen through their past inclination, by enforced national discipline, by heredity, or by force of circumstances. When men of good will find themselves in such a situation, they can refrain from breeding hatred and from active antagonistic propaganda, and can regard their position as one which will enable them—in a very difficult setting—to interject the theme of brotherhood by living in a brotherly spirit, and by expressing understanding and love.
5. Units of Service in all nations must be built up steadily. A number of such units already exists. Their objectives are as follows:—
 - a. To educate the people in their nation in service, in kindly effort, and in non-aggressive action. A *positive harmlessness* will be inculcated, which in no way negates

intense, intelligent activity, and the propagation of those ideals which lead to mutual understanding, and eventually to unity, peace and plenty.

b. To provide in every country and eventually in every city, a central bureau where information will be available concerning the activities of men and women of good will all over the world, and of those organisations and groups and parties who are working along the lines of international understanding, mutual cooperation, religious unity, and economic interdependence. Thus, many will find those who will cooperate with them in their particular endeavour to promote world peace. What is being accomplished along these [Page 682] lines in the world today can thus be synthesised and studied.

c. To bring together the members of the New Group of World Servers and those associated with them through similarity of ideas and vision, so that in every country and major city the World Servers can find those whose aims are the same as theirs and who are pledged to the same service and activity. The same language of brotherhood and kindness will be taught, and thus mutual confidence and a spirit of optimism will be promoted.

d. To list and investigate the work and the ideals of all groups which purport to have an international program which tends to heal world differences and national quarrels, to work for a better understanding between the races, and to harmonise religious distinctions and class wars. A study will be made of their techniques and modes of work. When such groups are found to be coloured with aims that are truly spiritual and harmonising, when they are true healers of differences and under the guidance of men of good will, cooperation will be offered. Such groups now exist.

6. No secrecy must ever be permitted in the work of the New Group of World Servers. Secret societies are organisations ever open to attack and suspicion. The New Group has nothing to hide, and their files and methods of work must ever be open to investigation. The Secret Services and Intelligences of any country must find all literature and information easily available. No secret lists must be kept. Members of the New Group of World Servers must be encouraged to seek out those in high places in government circles and church, and enlighten them as to the objectives of the Group.

And so, in the coming new Age of Aquarius, the New Group of World Servers will work to produce a balance of the forces of good will and those causing widespread unrest. They will act as interpreters of the new attitudes and activities of right human relations that must govern men in the Aquarian Age. And they will eventually bring about unification of the men of good will everywhere, in all fields (political, religious, scientific, and economic), but first they must find each other, set up networks, and work together to foster right living, good will, and harmony.

MEDITATION THEME – GROUP SERVERS

"Mantram for the New Group of World Servers."

Alignment

1. Relax your physical body.
2. Harmonise your emotions.
3. Quiet your mind and focus mentally; turn your mind inwards and upwards towards that source of higher consciousness we call the "soul".

Dissociation

Focus high in the mind, look down at each body and mentally affirm and realise :

1. I am not the Physical Body. I am the Spiritual Self.
(Send purifying light through the physical body.) OM
2. I am not the Emotions. I am the Spiritual Self.
(Send purifying light through the emotional body.) OM
3. I am not the Mind. I am the Spiritual Self.
(Send purifying light through the mental body.) OM
4. Align with your Soul with a line of light. OM

Group Alignment

Reflect on the alignment of the soul and personality (feel the alignment)

Mentally consider the relation of the solar plexus, heart, and head and focus your consciousness in the region of the ajna center.

Mentally concentrate your aspiration in the heart center, just between your shoulder blades.

Imagine withdrawing the heart's aspiration upward into the center above the head, the thousand-petalled lotus, and focus your consciousness there with the One Soul.

Opening Salutation

Sound the **Gayatri**, opening your mind and heart, radiating love and light to all beings on Earth.

Meditation

Work through the following mantra sequentially – from the first line to the last; using each line as the seed thought of your meditation. Start with line one. Then add the next line, until you are finally working with the entire mantram.

- a. In your mind, build a picture of the line you are working with,
- b. Then think about the sentence, word or phrase, trying to understand its meaning. (This is the main part of the meditation).
- c. Remember to remain as the observer, and avoid "falling" into your meditation and thereby losing awareness.
- d. Then rise above mind and endeavour to briefly feel a connection with that which you are pondering.
- e. Open your awareness for any insights as you say the Mantram for New Group of World Servers:

May the power of the One Life pour through the group of all true servers

May the love of the One Soul characterize the lives of all who seek to aid the Great One

May I fulfill my part in the One Work through self-forgetfulness, harmlessness, and right speech.

Lower Interlude

1. With deliberation, bring the work you have just done to a close. Bring the centre of awareness:
 - a. Back into the mind, illumined and responsive to the intuition.
 - b. Into the emotions, irradiated by Spiritual Light.
 - c. Into the body, empowered by Spiritual Will.
2. Review any thoughts or insights that arose during your analysis of the seed-thought.

Distribution

Sound the **Great Invocation**, distributing God's light, love and spiritual power, to the world.

Daily Deliberation

Throughout the day, consider the thoughts which have arisen in your meditation work and so keep the transformational effects ongoing.

Monthly Full Moon Participation

There are powerful alignments among the Sun, Moon, and Earth during the time of the Full Moons, and so we recommend a special meditation each month during these events. You can download the meditations from the Meditation Quest homeroom, or participate with Michael Robbins each month when he has his Full Moon Meditation webinars. Contact Jo Walz walz.jg@gmail.com.

Meditation Report #14 - Work to be Done

Please answer the following questions in your Meditation Report (keeping your answers "brief but full" and post on Morya Federation within three days after the Full Moon.

1. What insights about "Group Service" did you gain this month as a result of your meditation and study work?
2. Do you have anything to share as a result of the *"May the power of the One Life" meditation theme? Which particular quality of - self-forgetfulness, harmlessness, and right speech, do you think you most need to work on? Why?*
3. Did you participate in a Full Moon (FM) meditation? If so, what was the quality of your meditation experience? Did you gain any special insights regarding the zodiac sign energies available at the FM time?