

## Topic 2 Overview

### **MQ-2: "I AM THE DIVINE SELF"**

The student is given an important technique in this meditation - a Dissociation Exercise, that facilitates the basic goal of Soul-personality alignment. This is followed with the meditation theme of "I am the Divine Self".



### **Skill to Learn - Alignment of Personality and Soul**

The study section points out the necessity for achieving alignment of the personality and Soul. The student will note that this alignment is practiced with every meditation.

## MEDITATION 2: STUDY PAPER #1

### THE GREAT INVOCATION



### The Great Invocation

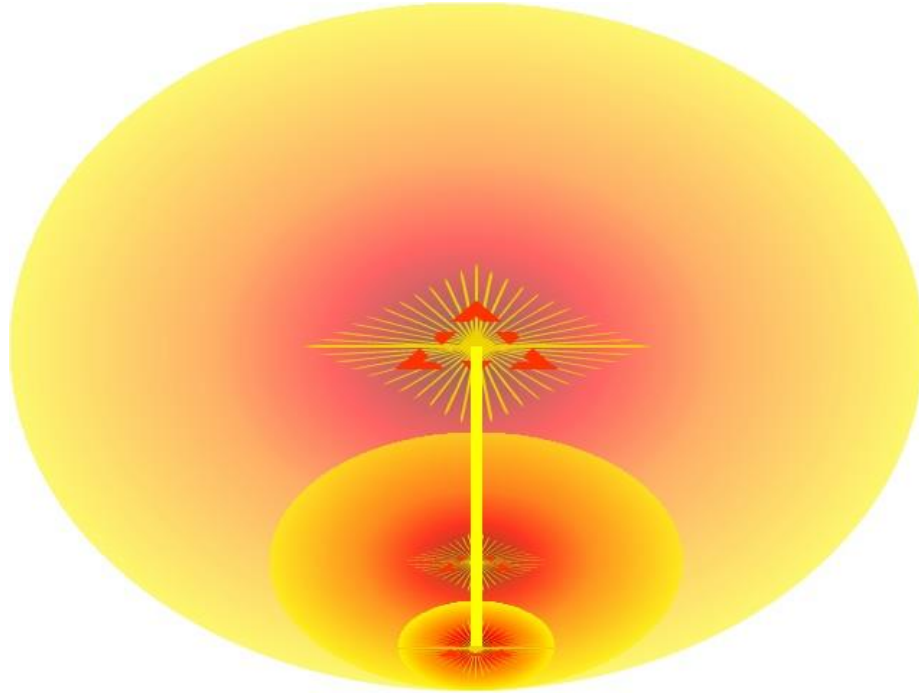
**From the point of Light within the Mind of God  
Let light stream forth into the minds of men.  
Let Light descend on Earth.**

**From the point of Love within the Heart of God  
Let love stream forth into the hearts of men.  
May Christ return to Earth.**

**From the centre where the Will of God is known  
Let purpose guide the little wills of men—  
The purpose which the Masters know and serve.**

**From the centre which we call the race of men  
Let the Plan of Love and Light work out  
And may it seal the door where evil dwells.**

**Let Light and Love and Power  
Restore the Plan on Earth  
OM - OM - OM**



## Let Light Descend on Earth

1

1. The Great Invocation is a mantram or world prayer that has been translated into many languages and dialects,<sup>2</sup> and is not exclusive to any particular religion or group. It is an instrument for good which can be used by anyone of any faith to bring spiritual value and strength to a troubled world
2. The Great Invocation refers to the all-knowing higher abstract mind of Deity. It affirms the living Presence of a Divine Power we call God, which has three aspects:
  - a. The Divine **Will** of God, demonstrating as the life, breath and laws of nature
  - b. The **Love** of God, the integrating and inclusive force of nature
  - c. And the **Intelligence or Light** of God, the collective intelligence of the many forms in nature
3. Light is knowledge, so when we invoke the “point of light within the mind of God”, we are asking to be illumined by the knowledge and wisdom of Divine intelligence. We can then see more clearly, and are not as blinded by distortions caused by our imperfect lower vehicles. With this stanza, we are invoking the Mind of Deity to stream into the minds of all humanity.

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<sup>1</sup> Image is clipart designed by Jocelyne Traub

<sup>2</sup> We encourage you to explore the many different translations of the Great Invocation that are available from Lucis Trust at [https://www.lucistrust.org/the\\_great\\_invocation](https://www.lucistrust.org/the_great_invocation)



## May Christ Return to Earth

3

1. The Plan is managed by the Spiritual Hierarchy - a group of high Initiates and Masters. At the heart of Hierarchy stands the World Teacher. He is known by different names in different faiths such as the Christ, the Bodhisattva, Lord Maitreya, the Imam Mahdi, and the Messiah.
2. What is of importance is that the World Teacher personifies the principle of Love, a fundamental force in the universe.
  - a. It is an attractive, magnetic and unifying force.
  - b. Divine love flows in from the cosmos, and in relation to our planet, centres itself in the spiritual Hierarchy - which is the "heart centre of the planet."
  - c. The heart is where we express *soul*. We need to see beneath all surface appearances and see to the soul of other people.
  - d. Under the influence of Divine Love, we identify with the soul-principle of all human beings, no matter what may be their race or religion.
  - e. People influenced by Divine Love will band together in all human departments, to establish a "New World Order" based upon spiritual values, and thus implement goodwill on Earth.
  - f. A benefit of the world-wide dissemination of goodwill is that the reappearance of the World Teacher—Who embodies the Principle of Love—will be greatly facilitated and hastened.

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<sup>3</sup> The *Religious Circle* image is from Wikimedia and was derivative-compiled work of Niusereset



## Let Purpose Guide the Little Wills of Men

4

1. The third stanza endeavours to bring the many little wills of men - each working individually and selfishly, into line with Divine Purpose so that man will be motivated to act collectively for the good of the whole.
2. As this Divine Purpose becomes established on Earth, individuals, political groups and organizations will begin to demonstrate greater concern and caring for all races, nationalities, religions, social groups and for the world as a whole, rather than just for their own selfish personal interests.
3. Decisions then will be made for the greater good.
4. Through the focused and united use of this invocation:
  - a. We have a powerful means through which individuals acting in concert with other individuals can collectively affect world events.
  - b. We can literally hasten the spiritualisation of humanity's consciousness, and the expression of universal brotherhood/
  - c. We can create this reality by joining forces with all people of goodwill, and by constantly sounding the Great Invocation.
5. We can create this reality by joining forces with all people of goodwill, and by constantly sounding the Great Invocation.

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<sup>4</sup> Image from PowerPoint ClipArt

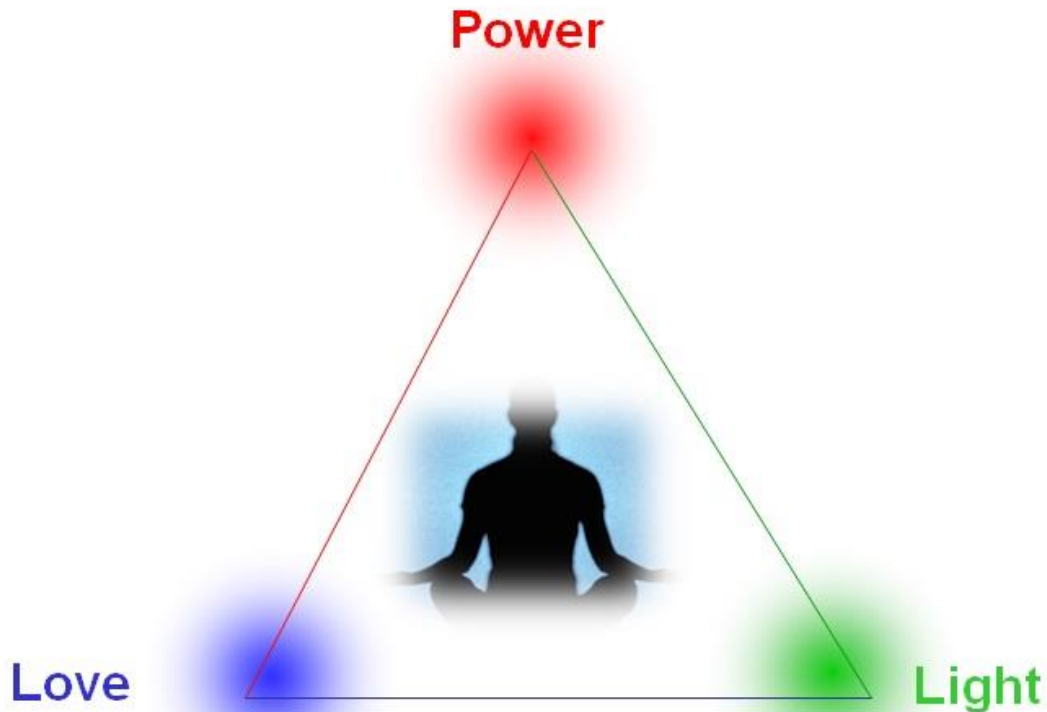


## May it Seal the Door Where Evil Dwells <sup>5</sup>

1. In the fourth stanza, the divine forces of Light, Love and Will, are anchored in man, so that they can transform man's consciousness. This anchoring is required by the Divine "Plan of Love and Light."
2. "Energy follows thought," so through the focused and united use of the will we can all help seal the door where evil dwells.
3. The Invocation also seeks to neutralize evil action on Earth by symbolically stating of the manifesting Divine Plan, "may it seal the door where evil dwells." This last line refers to the evil in man's nature - selfish desire, hatred, separateness, greed, racial and national barriers, love of power, cruelty, etc. When the Invocation is constantly sounded, Divine Light and Love increase in our own natures - "As we think in the heart, so are we."
4. "And may it seal the door where evil dwells" symbolises the leaving behind of the 'bad old ways' - closing the door on immaturity and selfish behaviours, so that man is able to grow into the promised spiritual glory of "Love and Light."

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<sup>5</sup> Image of an Old-fashioned Doorway, from Royalty Free Pictures, Images and Stock Photography.



## Let Light and Love and Power

6

1. The final stanza seeks to firmly ground and anchor the forces invoked, in mankind right down to the physical plane.
2. It was released to humanity in 1945 so that man could invoke the divine forces of Will, Love and Light, and so make a major contribution towards his own destiny and spiritualisation, as well as that of humanity in general.
3. Therefore, those who use the Great Invocation do so as an act of service to humanity, to support the implementation of the Divine Plan, and the work of the reappearing World Teacher.

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<sup>6</sup> Image created from PowerPoint graphics and clip art.



## Restore the Plan on Earth <sup>7</sup>

1. The Invocation affirms the existence of a Divine Plan “of love and light.”
2. This Plan will transform the evolving consciousness of individuals:
  - a. So they can become illumined or enlightened.
  - b. So they can become those who convey love and wisdom.
3. This transformation will result in wise and loving action on Earth, which will lead to peace and goodwill amongst all people.
4. Men and women of goodwill throughout the world, no matter what their religious affiliations may be, are using this Invocation in their own language and aligned with their own faith. Please join them in using the Invocation every day - with thought and dedication, as it belongs to all humanity.

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<sup>77</sup> Image from PowerPoint ClipArt



### Alternate Wording for the Great Invocation

Lucis Trust (the copyright holder for the books by Alice A. Bailey) has adapted the Great Invocation slightly in accord with the changing consciousness and language of humanity as we enter into the Aquarian age. This newer wording for the Great Invocation is offered in the hope that it will encourage wider distribution and understanding of this invocation as a world prayer for all faiths. Men and women of goodwill throughout the world, no matter what may be their religious affiliations are, are using this Invocation in their own language, aligned with their own faith.

We, at the Morya Federation will continue to use the original version given to us by D.K.

From the point of Light within the Mind of God  
Let light stream forth into human minds.  
Let Light descend on Earth.

From the point of Love within the Heart of God  
Let love stream forth into human hearts.  
May the Coming One return to Earth.

From the centre where the Will of God is known  
Let purpose guide all little human wills -  
The purpose which the Masters know and serve.

From the centre which we call the human race  
Let the Plan of Love and Light work out  
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

Lucis Trust has translations for the Great Invocation in 80 languages that can be accessed at [https://www.lucistrust.org/the\\_great\\_invocation](https://www.lucistrust.org/the_great_invocation). We encourage you to use the one that means the most to you.

## MEDITATION 1 - Study Paper #2

### THE HUMAN CONSTITUTION (2)

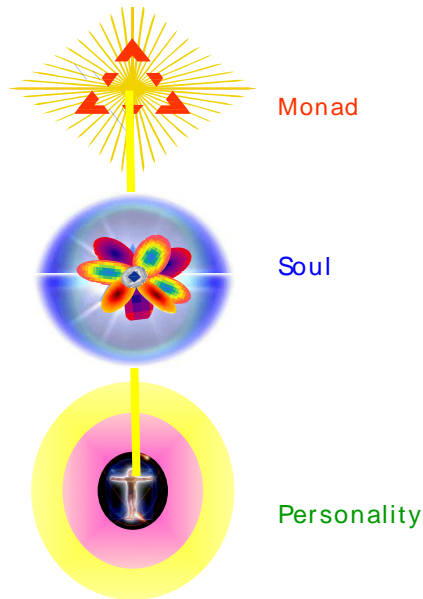
#### THE HUMAN CONSTITUTION (2)

We live in an ocean of fields that are connected, inter-penetrating, and interdependent. A wholistic view of our constitution reveals that we have many dimensions, many levels of energy.

**We are multi-dimensional beings.**



Surrounding our physical body is an energy field that we call etheric; it is the blueprint upon which our dense physical form is built. Beyond the etheric we have an emotional field, where we build our feelings – from the most hurtful to the most sublime. Beyond the emotional field we find the mental field, where we build our thoughts and where they reside – mind is different than brain. The brain is strictly an instrument used by the mind and acts much like a computer. Beyond these three lower fields that constitute our lower self, are our most subtle, high frequency fields; they constitute our higher self – our soul, and our spirit– these constitute our sacred self.



We have the three main components in our constitution: Monad, Soul, and Personality. Monad is the Life essence, our essential identity. It utilizes the Soul as its vehicle of expression. The Soul in turn utilizes the Personality as its vehicle of expression. The personality is made up of matter of a lower grade – lower mental, astral and etheric/physical matter.

We are each a human Monad that utilizes Soul to express its being-ness. Soul as a mediator, expresses itself in the three worlds – the mental, emotional and physical planes. Another way of looking at it is that we are a Trinity: our true essence, the monad (our Spirit self) is evolving self-consciousness via the Soul, and demonstrates this Soul consciousness in the worlds of the Personality – mental, emotional, and physical.

These fields – personality, soul and spirit vibrate at their own frequencies. Raising the quality of our consciousness and consequently raising the quality of our life involves harmonizing the frequencies of our various energy fields.

“*Know Thyself*” means more than knowing how we act, feel or think; it means knowing who we ARE. Who we are is much more than our physical, emotional, and mental selves. Our goal is to fulfill our highest potential as Souls, as spiritual beings. We move from *becoming* Souls to *being* Souls.

### The Personality

The personality is the part of us that people see and the ‘me’ that we most often identify as. ‘Personality’ comes from the Greek word, ‘persona’ meaning mask so it is really a façade that houses the real self dwelling within, and impulsing the persona at every possible chance. The personality can think, feel, and act at the same time. Its role, then, is as a coordinator and integrator of these three parts (thinking, feeling, and acting).

Experiences strengthen the personality, making it unique, separate and developing the range of abilities of the three parts. The personality is greater than the sum of its parts. Remembering the ‘me’ in us, the

personality becomes the way that we live our ego; thus we become invested in how we think, what we think about, how we feel, what and how we do things. It is through the personality that our preliminary vocation is established. Each one of us as a personality is unique, one of a kind, and distinct.

This personal distinction determines:

1. How we move in life (e.g., powerfully, inclusively, busily, dramatically, methodically, passionately, or conservatively).
2. How we take charge of our life, situations, and circumstances (e.g., aggressively, responsibly, fearfully, efficiently).
3. How we stand out in the family, workplace, or to ourselves (e.g., bossy, weakly, cooperatively)
4. The way in which we are effective, as well as ineffective (e.g., some people are good leaders, others good followers; some are good organizers, some hopelessly disorganized but great at brainstorming).

Personality chooses how to dress the physical, gets excited or sad, falls in love, has thought processes, and can do all these simultaneously. The personality is the everyday presentation in the world of whom and what we are.

Personality tends to be selfish, in that even when doing for others there is a “me” factor:

“What will people think?”

“Am I doing this right?”

“I hope people like this.”

“What do I stand to gain?” etc.

Personality or ego grows in effectiveness throughout a lifetime; it matures. It learns through:

life events, situations, and the conditions of the physical plane environment, the range of emotional states, and the variety of decisions that are made.

We all experience that people come to be known by their attributes and qualities, or counted on for those qualities or skills. This is one way that personality gets recognized and feels itself acknowledged. Others count on that person for those skills; equally we all know the weaknesses that are part of that personality.

As it learns the personality grows to be self-reliant and very effective on the physical plane. A sense of power develops over one’s environment and often over others. This creates a niche, so to speak, for what one does well. It also generates a sense of personal strength. One of the challenges here is comfort especially if we feel good or strong about a skill, quality, or ability that we might not want to change. This creates comfort zones, ruts instead of creativity, and inertia.

An integrated personality is the result of a series of integrations of the physical, etheric, astral and mental bodies, such that a man eventually becomes one functioning unity called a personality.

### **Personality -- Positive Dynamics**

The personality is the primary means of:

- expressing the soul within the three worlds of human evolution i.e., the physical, emotional and mental worlds
- integrating and coordinating the mental, emotional and physical vehicles
- establishing personal identity
- establishing genuine self-reliance and distinction from the masses
- establishing the preliminary vocation

### **Personality -- Negative Dynamics**

Primary means of:

- standing in the way of the Soul
- evading or failing to respond to the “higher calling”
- limiting expansion and refusing to grow
- expressing selfishness and separateness
- self-centering and self-referencing

### **Soul**

Source of one's:

- true vocation
- selflessness and altruism
- true conscience
- most joyous activity
- greatest sense of meaningfulness
- sense of the sacred
- heart's desire

Everyone *has* both a personality and *is* a soul. They are usually experienced as opposites, or as our primary duality, but they are meant to come together and express in unity. We experience the battleground within as ego (personality) and soul that seek to create not only a partnership but an even greater whole than the sum of these two parts. This battle shows up all the time! It is seen when we know something is right or better for us or others, yet chooses to do otherwise. It is heard in the word “should.” Usually ‘should’ is the personality masking as an authority; yet *should* statements usually are not self-empowering but are self-defeating. Soul does not work this way because soul is wise, loving, and always sees the bigger picture of cause and effect. To the soul all is purposeful.

Thus, simultaneously, the personality is grown in its own right and the soul is given fuller expression in the world through this developing instrument. Yet because of the outward focus of the personality, and its need for self-acknowledgment, the personality is usually too busy in its appetites or self-needs to register the soul. The soul is very patient; it can wait for lifetimes. But, at some point, right in the middle of personality doing its own thing, soul reaches into the life. This often is experienced in the form of crisis or of radical out-of-the-blue opportunity, which is a crisis of change unto itself.

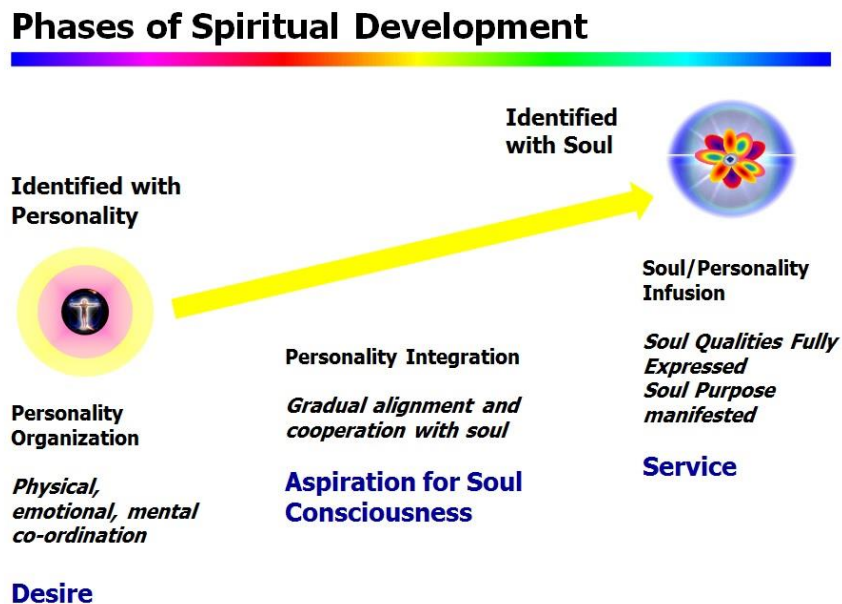
These life crises usually seem quite cruel, but if generated by soul, they are very purposeful. They are meant to arrest the actions of personality so that a reorientation can take place. If we can keep this in

mind when living hardships, tragedies, or crises it helps us keep our head above water and know that this too shall pass; and that when it has we will live in greater understanding.

### Expansion of Relatedness

The more soul contact we have, the more we understand our relatedness to:

- the sphere of our family and friends
- the sphere of our environment and associates
- affiliated groups
- our soul group



### The Soul

Spirit or the Father aspect together with Matter/Intelligence or the Mother aspect produce the middle principle called Son, Soul or Consciousness. We, as human beings are comprised of a personality, which is most familiar to us, and we strive to infuse as much soul as possible into our being. This is done through a number of ways such as building character into the personality, right living with as much awareness as possible and meditation.

The Soul creates the design for our life and wields the power, love and wisdom to manifest it. As conscious beings it then becomes the core of the human energy system. Psycho-spiritual growth cannot occur without the Soul, for soul heals, integrates, and transforms. Once we transform our personality to become a fit instrument, Soul utilizes it to accomplish its Purpose. Accomplishing Soul purpose then becomes truly our heart's desire.

As we evolve we experience more soul influence until eventually we become soul-infused. In its purest form, soul-filled living means experiencing abundance, joy, beauty, and truth.

All souls create and are creative. All souls love. How that love is expressed, through what service or creative endeavour, is individual. All souls are powerful. The power of the soul is Presence and what is in the Present. This presence gives a feeling or understanding of the Now, the Real, and how impermanent all forms are. This allows for total creativity and non-attachment.

Being unconditional, soul’s love has no judgment or criticism. It is steadfast, constant, and not predicated on situations or circumstances. It gives strength and courage. Soul’s love radiates and is expressed through the heart. Soul’s urge is to serve. One is then impelled to serve and uplift humanity in some capacity.

Often times Soul is likened to light. Light illumines and therefore through that illumination all can be seen. Soul is the light of life and so brings a lightness to life – less weight, lack of heavy. When soul is active in our life we feel peaceful, or plugged-in, or in the flow of life.

Compassion is equated with Soul. Soul’s love is wide, expansive, and inclusive of all.

The expression of soul quality is sheer joy and becomes the source of one’s “heart’s desire.” It is that which fulfills us and at the same time is non-personal.

Once consciousness or awareness is sparked, it sees, hears, and invites more all the time. Awareness asks for more awareness. It wants to make things simple and clear. Consciousness, soul, brings wisdom and lives it. The soul is essence, one’s true guidance and one’s sense of the sacred.

## **Spiritual Development**

**Dysfunctional  
Personality**

***Selfish  
Harmful  
Unstable***

**• *instinctual  
responses to lower  
desires***

**Integrated  
Personality**

***Creative  
Effective  
Successful***

**• *blind receptivity to  
mass ideas***

**Soul-Influenced  
Personality**

***Inner warfare  
“Dark Night  
of the Soul”***

**• *self will and  
self  
Love***

**Soul-Infused  
Personality**

***Soul Qualities Fully  
Expressed through  
the Personality  
Soul-Filled Living***

**• *not  
conditioned by  
soul yet***

## MEDITATION 2 – "I AM THE DIVINE SELF"

### SKILL TO LEARN - ABILITY TO ALIGN THE PERSONALITY AND SOUL

A primary "spiritual" function in man is to integrate the personality vehicles - physical, emotional and mental, into a strong and influential personality. This is a preliminary step to the higher work of then, aligning the consciousness of the personality with that of the soul.

As esoteric meditation is persistently applied, gradually these lower and higher integrations and alignments take place. When successful, the mind and whole nature gradually becomes illumined with soul love and light, leading eventually to enlightenment - the flooding of soul wisdom and love throughout the entire personality.

### Understanding the Great Invocation

The Master DK tells us:

"What I am here telling you refers not only to the use of the Great Invocation but also to the daily and constant use of the Sacred Word by occult students and aspirants in their daily meditation. They could change their lives, reorient their life purpose and focus, and achieve spiritual unfoldment and expansion if they could use the OM as it should be used. The Great Invocation, rightly used by the many hundred thousand people who have already attempted to use it, could reorient the consciousness of humanity, stabilise men in spiritual being, disrupt and rebuild the planetary thoughtform which men have created in the past and which has had (and is having) such disastrous and cataclysmic results, and open the door into the New Age, thus ushering in the new and better civilisation. This could be done so rapidly, that the needed changes would come about almost overnight;" <sup>8</sup>

### Glossary

#### **Divine Will**

Purpose and will are faculties which motivate men to take action. The more we express our soul, the more we can understand and act upon unselfish motives and better work in greater alignment with Divine Purpose through actions of goodwill.

#### **Divine Love**

Love is the underlying principle of the One Deity, and is the integrating force unifying all things great and small. It is attractive and magnetic, and flows from the cosmos, through the constellations and our solar system, and eventually to humanity. {keeping the orders of magnitude

#### **Divine Intelligence**

Light is knowledge; when we invoke Divine Intelligence, we are asking to be illumined by a type of knowledge and wisdom known.

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<sup>8</sup>. Alice Bailey, Externalisation of the Hierarchy, p146 {the size of the superscript must be uniform—I made them so below }