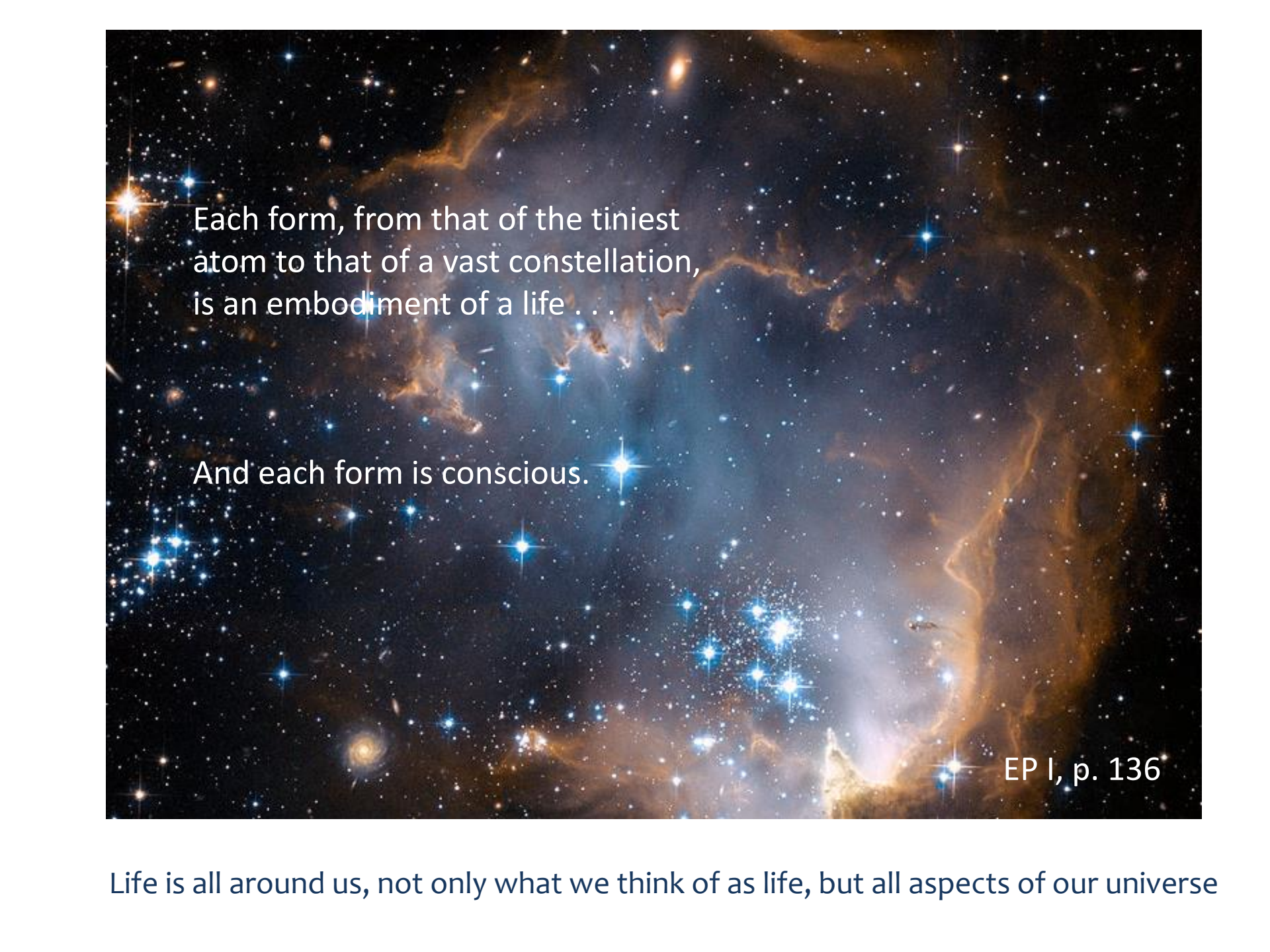


The Constitution of Man

“Know thyself, for in thyself is all there is to know”



Understanding ourselves is the crux of this ancient statement, inscribed on a temple in Delphi. But it is so much more than just understanding about us, the human being (the microcosm). In the journey of discovering ourselves, we also learn about the Universe (the macrocosm) that in so many ways is similar to ourselves.



Each form, from that of the tiniest
atom to that of a vast constellation,
is an embodiment of a life . . .

And each form is conscious.

EP I, p. 136

Life is all around us, not only what we think of as life, but all aspects of our universe

SPIRITUAL ORIGINS AND OUR SPIRITUAL GOAL



As fiery Spiritual God-Sparks or Monads, flowing out through great Beings who ensoul galaxies and constellations



Via the 7 Rays to our Solar System



Through the 7 levels of our system

Our goal is "union" – to identify consciously with Spirit

So, where are we in the grand scheme of things?

We all emerge from the One Universal Life. The essence of who we are, the spark of life known as a Monad, flows outward, through the Universal being, via lesser beings like constellations, to our planet, and eventually to the person we become.

These greater Beings, whose bodies are the universes or constellations, differentiate into 7 expressions that represent 7 types of energy, the 7 Rays

THE SEVEN RAYS



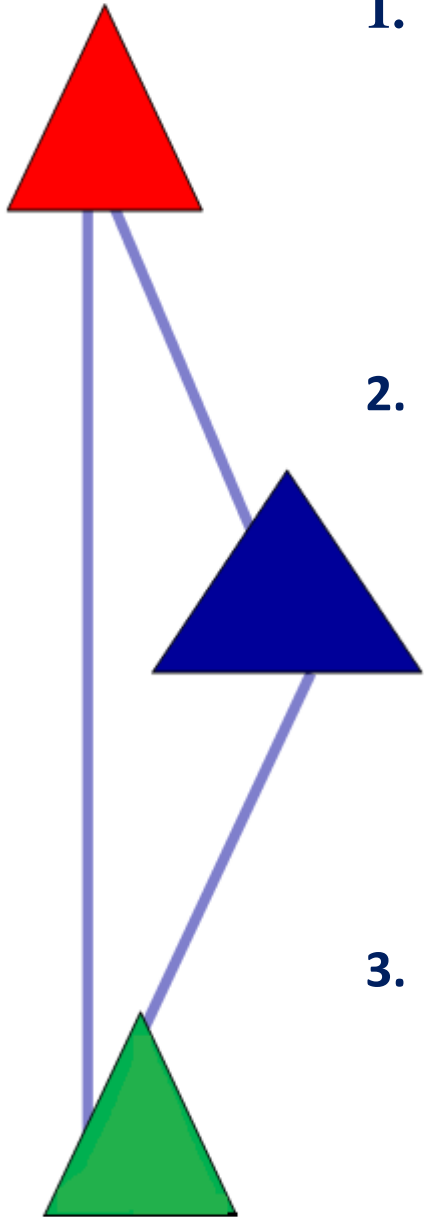
As Deity manifests at the birth of a new universe, the seven emanations came forth. The One Life breathed out or differentiated into seven streams of energies known as the Seven Rays.

They provide the entire field of expression for the manifested Deity, and they themselves as qualities such as love, devotion or beauty.

Each ray has its own note, sound, color and vibration. They can be seen in the colors of a rainbow and the seven notes of a musical scale. More examples of the *seven* can be seen in seven days of the week, seven deadly sins, Seven Wonders of the World, seven chakras or glands.

The Three Major Rays of Aspect:

- 1. The Lord or Ray of Power or Will:** ruler of life and death: a boundless power, hard, absolutely destructive, but also the powerful germinating force, to seed new life. It is a building, destroying energy. Its motion is to drive straight forward through space.
- 2. The Lord of Love-Wisdom:** he is in close touch with the heart of Deity, and is the embodiment of pure love. It is the most potent of the seven rays, being the ray of our Solar Logos. The desire of the Deity expresses itself through the second Ray of Love-Wisdom. It colors and directs all consciousness in all forms in all kingdoms of nature, and in all fields of development; it carries the life through the range of forms in that basic search or urge for the attainment of bliss through the satisfaction of desire.
- 3. The Lord of Active Intelligence:** His work is more closely linked to matter. Boundless, uncontained mental energy; fertile, adaptable, and multiplying quickly. It gives that primeval intelligence found in all substance - in the body nature. The lowers rays are expressions of this third ray



The Four Minor Rays of Attribute: are qualified by characteristics of the third ray, which eventually synthesizes them.



4. The Lord of Harmony, Beauty and Art: He creates beauty, combines sounds, colors and word music in order to express the intention of God on earth.



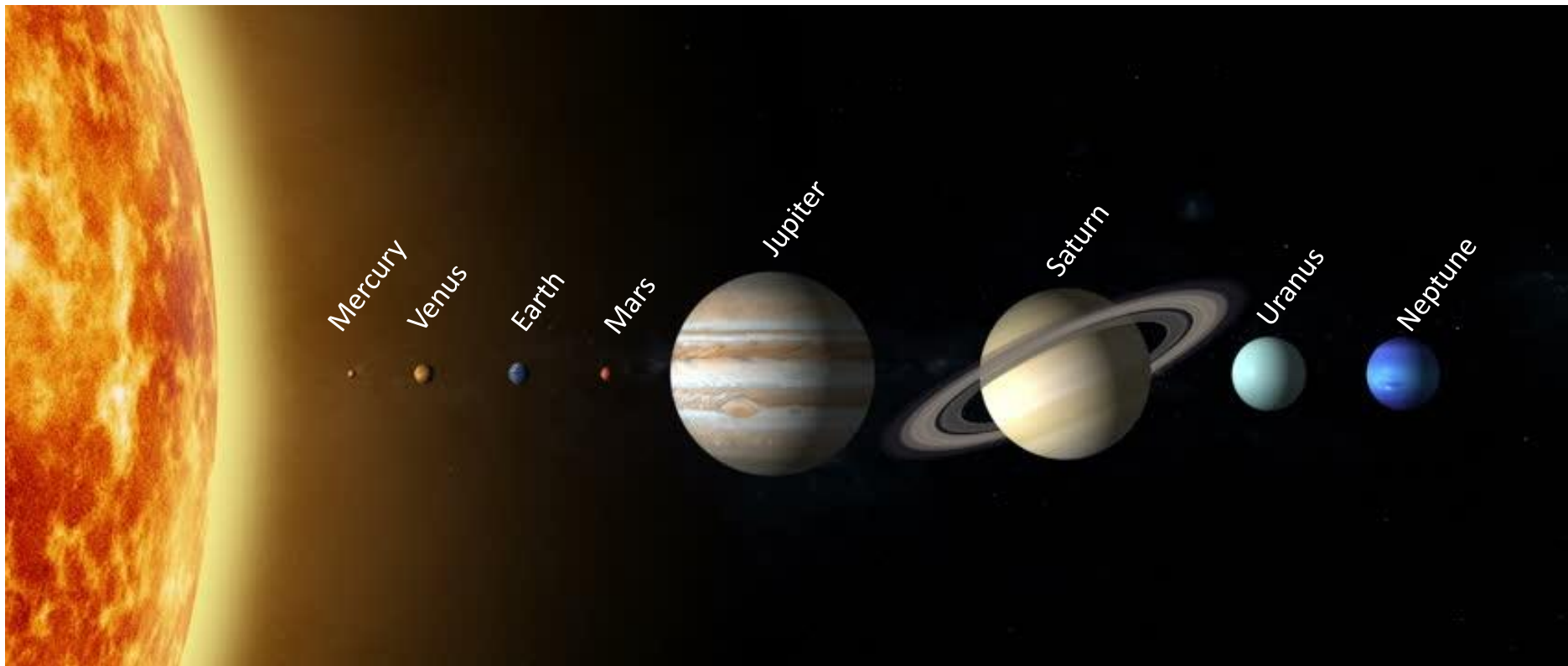
5. The Lord of Concrete Knowledge and Science: He in close touch with the mind of Deity. Psychological unfoldment in man is due to this ray influence. His influence is waxing in power



6. The Lord of Devotion and Idealism: this ray force, with the second ray, is a true and vital expression of the divine nature. The influence of the sixth Lord is waning, taking its militant idealism with it.



7. The Lord of Ceremonial Order or Magic: it is now coming into power. Its early and lower manifestation is the regimentation taking place on earth and the rise of despots.



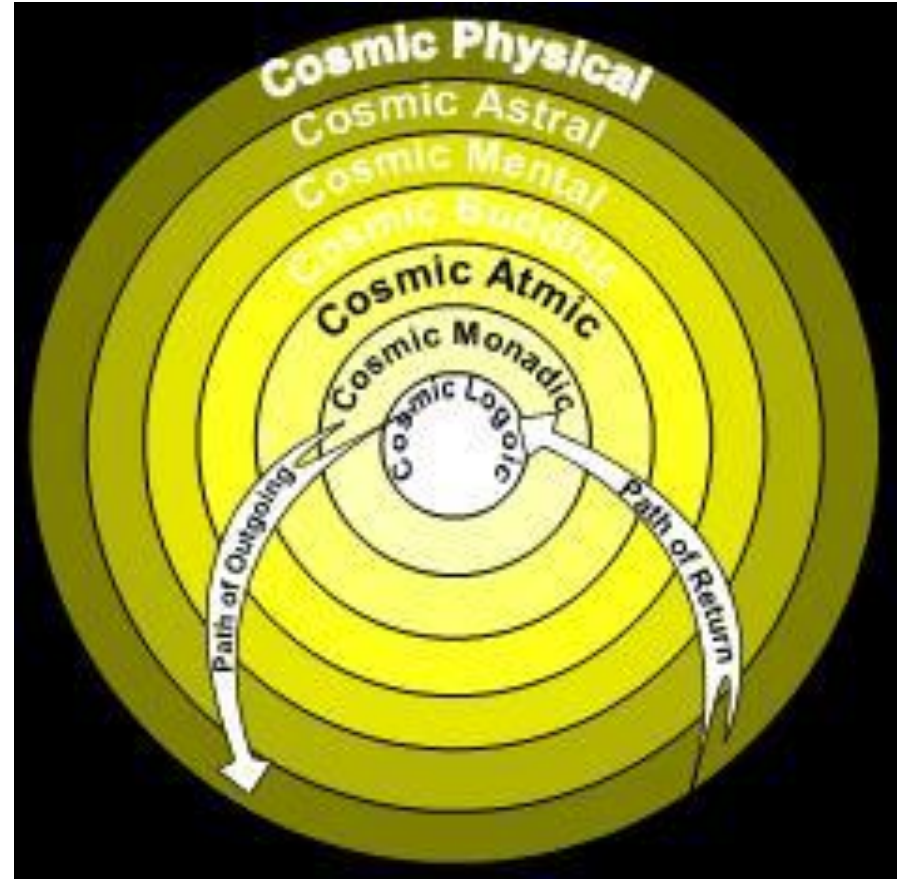
The planets have different Rays associated with them:

Vulcan and Pluto transmit Ray 1,
the Sun and Jupiter transmit Ray 2,
the Earth and Saturn transmit Ray 3,
Mercury and the Moon transmit Ray 4,
Venus transmits Ray 5,
Mars and Neptune transmit Ray 6,
and Uranus transmits Ray 7

Universes have constellations as their chakras; solar systems have planets as their chakras; and all these relate to the energy centers or chakras that human beings have.

The Seven Cosmic Planes

1	Cosmic Logoic Plane
2	Cosmic Monadic Plane
3	Cosmic Atmic Plane
4	Cosmic Buddhic Plane
5	Cosmic Mental Plane
6	Cosmic Emotional Plane
7	Cosmic Physical Plane



We can look at them as levels, or steps. Also as concentric circles. Whatever way we need to wrap our mind around the concept—but in reality they aren't so defined and actually inter-pentrate each other.

The Seven Cosmic Planes


1	Cosmic Logoic Plane	Logoic Monadic Atmic Buddhic Mental Emotional Physical
2	Cosmic Monadic Plane	Logoic Monadic Atmic Buddhic Mental Emotional Physical
3	Cosmic Atmic Plane	Logoic Monadic Atmic Buddhic Mental Emotional Physical
4	Cosmic Buddhic Plane	Logoic Monadic Atmic Buddhic Mental Emotional Physical
5	Cosmic Mental Plane	Logoic Monadic Atmic Buddhic Mental Emotional Physical
6	Cosmic Emotional Plane	Logoic Monadic Atmic Buddhic Mental Emotional Physical
7	Cosmic Physical Plane	Logoic Monadic Atmic Buddhic Mental Emotional Physical

Each of these 7 cosmic planes have 7 subplanes of similar nature.

So the highest level of consciousness here, the Cosmic Logoic Plane, will have 7 subplanes that correspond to those 7 main planes.

As will all of the 7 cosmic planes.

The Seven Cosmic Planes

1	Cosmic Logoic Plane
2	Cosmic Monadic Plane
3	Cosmic Atmic Plane
4	Cosmic Buddhic Plane
5	Cosmic Mental Plane
6	Cosmic Emotional Plane
7	<div style="display: flex; align-items: center;"> <div style="flex: 1;"> <p>Cosmic Physical Plane</p>  <p>The 7 subplanes of our Solar System</p> </div> <div style="flex: 2; border-left: 1px dashed gray; padding-left: 10px;"> <p>Logoic</p> <p>Monadic</p> <p>Atmic</p> <p>Buddhic</p> <p>Mental</p> <p>Emotional</p> <p>Physical</p> </div> </div>

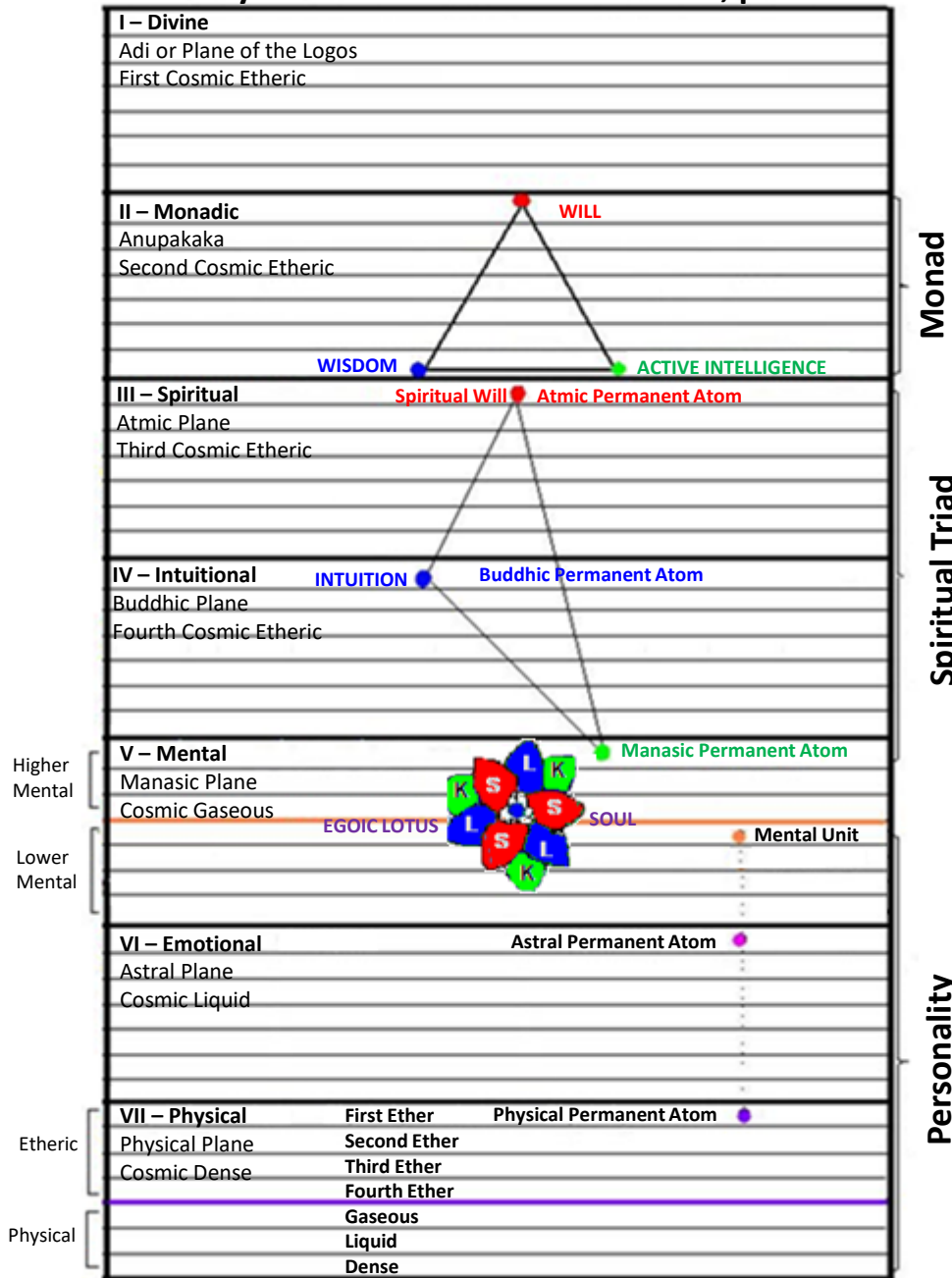
Our own Solar System is similar, only the 7 planes are all part of the Cosmic Physical Plane, the lowest rung in the Cosmic planes.

The 7 planes of our Solar System are the body of our Solar Logos, and we are all part of his body, this Solar System. His consciousness is at the highest level, that of Logoic Consciousness (hence his name, our Solar Logos).

The Constitution of Man & the Egoic Lotus

Cosmic Physical Plane

TCF Chart VIII, p817



And we, in turn, have 7 sub-planes within the 7 planes of the **Constitution of Man**. This is a map of our projected levels of consciousness, achieved after many, many lifetimes of experience and growth.

The physical plane is split into 2 parts, the dense physical body, and the etheric body that consists of our nerves, circulatory systems, the chakras. The mental plane is also split into 2 parts, the higher and lower mental planes.

For now, average humanity is working on the 3 personality levels (physical, astral, lower mental), the bottom 18 rungs or sub-levels (7 physical sub-planes, 7 astral sub-planes, and 4 sub-planes of the lower mental).

La Constitución del Hombre & el Loto Egoico

Tratado sobre Fuego Cósmico-Diagrama VIII, p651

I – Divino

Adi o Plano del Logos
Primer Éter Cósmico

II – Monádico

Anupadaka
Segundo Éter Cósmico

VOLUNTAD

III – Espiritual

Plano Átmico
Tercer Éter Cósmico

SABIDURÍA

Voluntad Espiritual

INTELIGENCIA ACTIVA

Átomo Permanente Átmico

IV – Intuicional

Plano Búdhdico
Cuarto Éter Cósmico

INTUICION

Átomo Permanente Búdhdico

V – Mental

Plano Manásico
Cósmico Gaseoso

LOTO EGOICO



Átomo Permanente Manásico

ALMA

Unidad Mental



Átomo Astral Permanente

VI – Emocional

Plano Astral
Cósmico Líquido

Átomo Físico Permanente

VII – Físico

Plano Físico
Cósmico Denso

Primer Eter
Segundo Eter
Tercer Eter
Cuarto Eter
Gaseoso
Líquido
Denso

Y nosotros, a su vez, tenemos 7

subplanos dentro de los 7 planos de la **Constitución del Hombre**. Este es un mapa de nuestros niveles de conciencia proyectados, logrados después de muchísimas vidas de experiencia y crecimiento.

El plano físico se divide en 2 partes, el cuerpo físico denso, y el cuerpo etérico que consiste en nuestros nervios, sistema circulatorio, los chakras. El plano mental también está dividido en 2 partes, el plano mental superior e inferior.

Por ahora, el común de la humanidad está trabajando en los 3 niveles de la personalidad (físico, astral, mental inferior), los 18 peldaños o subniveles inferiores (7 subplanos físicos, 7 subplanos astrales y 4 subplanos del mental inferior).

Monada

Triada Espiritual

Personalidad

Development of Consciousness in the Solar System


	Planes	Level of Consciousness	Status
1	Logaic	Logaic or "God" Awareness	God
2	Monadic	Monadic Awareness	Christ
3	Atmic	Spiritually Aware	Masters
4	Buddhic	Intuitively Aware	Arhats
5	Higher Mental	Soul Consciousness	Initiates, Disciples, Aspirants
	Lower Mental	Aryan Consciousness - Mentally Alive	Advanced Intelligent Man
6	Astral	Atlantean Consciousness - Emotional	Average Emotional Man
7	Physical	Lemurian Consciousness - Physical Instincts	Unevolved Primitive Man

We started out developing physical attributes, unevolved primitive man with physical instincts, and we needed to develop the 7 layers of the physical plane. Our senses developed, we learned to coordinate the body, the energy systems of the etheric body developed. Eons later, in Atlantean times, humanity developed the next plane upward, the emotional field. Finally humanity reached a point where the mental field was being developed.

This is where average humanity is today. Advanced humanity is becoming soul-conscious, developing the higher mind. Masters of the Wisdom have Atmic consciousness, their Spiritual Triad is fully functioning.

Humanity is working on developing the 3 lower vehicles and expressing soul consciousness through their blended vehicle, the personality.

The Seven Cosmic Planes

1	Cosmic Logoic Plane
2	Cosmic Monadic Plane
3	Cosmic Atmic Plane
4	Cosmic Buddhic Plane
5	Cosmic Mental Plane
6	Cosmic Astral Plane
7	Cosmic Physical Plane The 7 sub-planes of our Solar System) 

Logoic
Monadic
Atmic
Buddhic
Mental
Astral
Physical

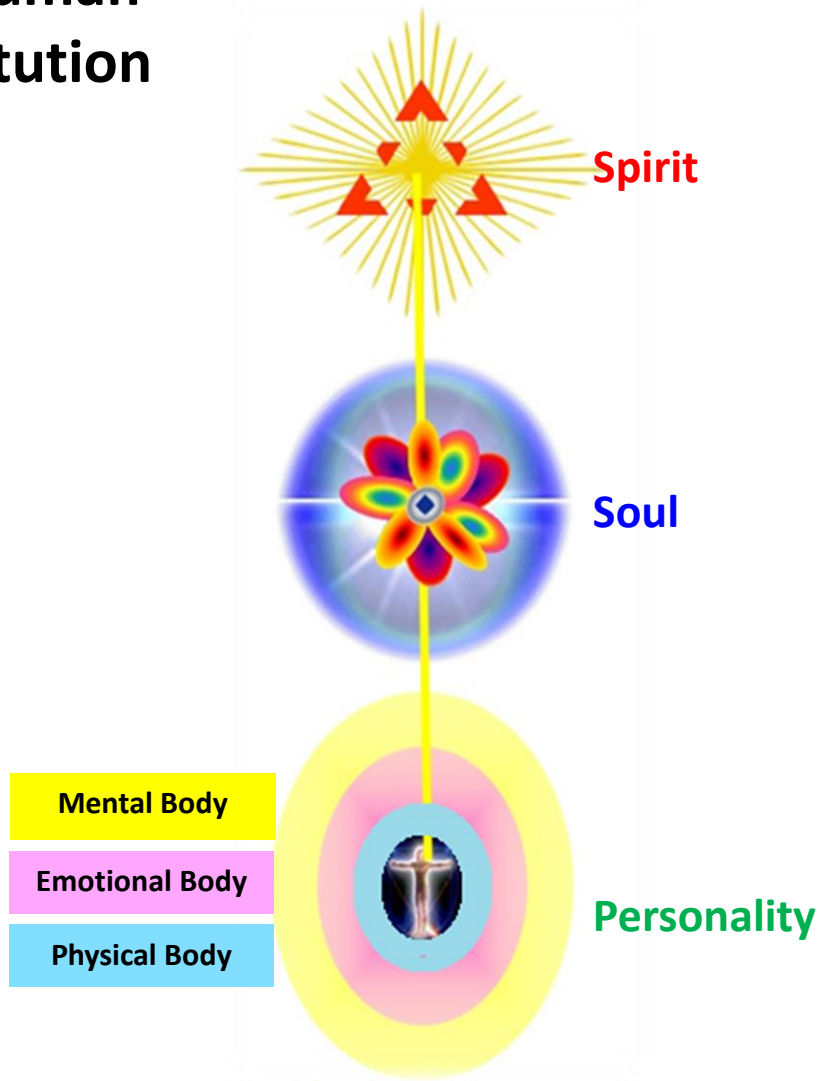
The Vehicles of the Soul

Mental Plane	higher	Causal Body	To Evolve With	Ideals Abstract Thoughts
	lower	Mental Body	To Think With	Ideas Concrete Thoughts
Astral Plane		Astral Body	To Feel With	Emotions Desires
Physical Plane		Physical Body	To Act With	Sensorial Reactions Actions

The 7 Cosmic Planes, of which our Solar System is the lowest plane, the Cosmic Physical Plane

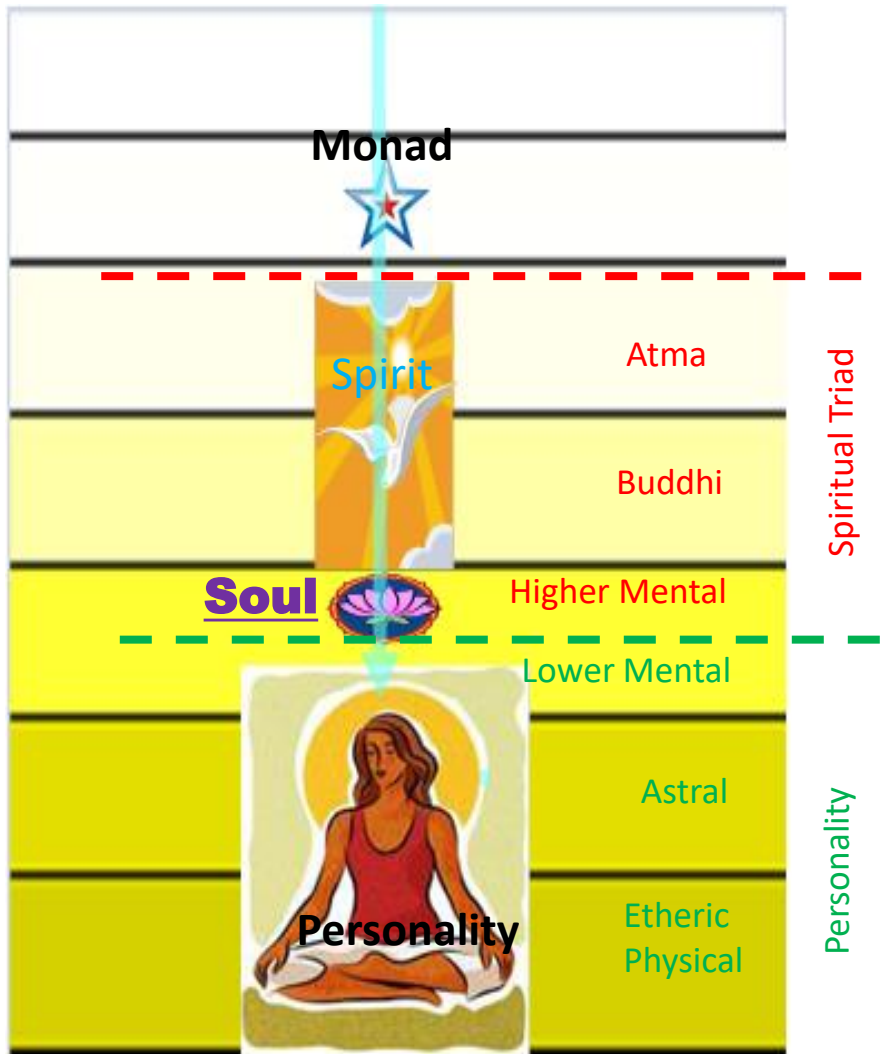
The **Vehicles of the Soul** according to the Theosophist Curuppumullage Jinarajadasa. Diagram of the Theosophical subtle bodies (from wikipedia)

The Human Constitution



Our spiritual goal is Union.

- ❖ First, union or integration of the Personality
- ❖ Second, union of personality and Soul
- ❖ Third, union of the soul-infused personality with the Spiritual Triad, the vehicle of the Monad



Our personality is made up of three fields:

- ❖ **Physical/Etheric:** energy, vitality, physiology, morphology, nervous system, brain.
- ❖ **Emotional/Sentient/Astral:** desires, feelings -- fears, happiness, hopes, sensitivities, hot buttons, anxieties, compulsions, attachments, being in love.
- ❖ **Mental/Mind:** how we think, how we process information, how we organize material (logical, sequential, circuitous, flexible, divergent), seat of visualization and the creative imagination.

1. THE MONAD - 1ST Aspect, Will and Power:

It is our connection with the Oversoul. It is the only immortal and eternal principle in us, a ray which is absorbed back into its Source at the end of the cycle. The Monad expresses itself through the Spiritual Triad which manifests through the Soul.

The Spiritual Triad

1. (Atma) spiritual will
2. (Buddhi) spiritual soul
3. Higher manas

2. THE EGO/ SOUL/ SOLAR ANGEL - 2nd Aspect, Love and Wisdom

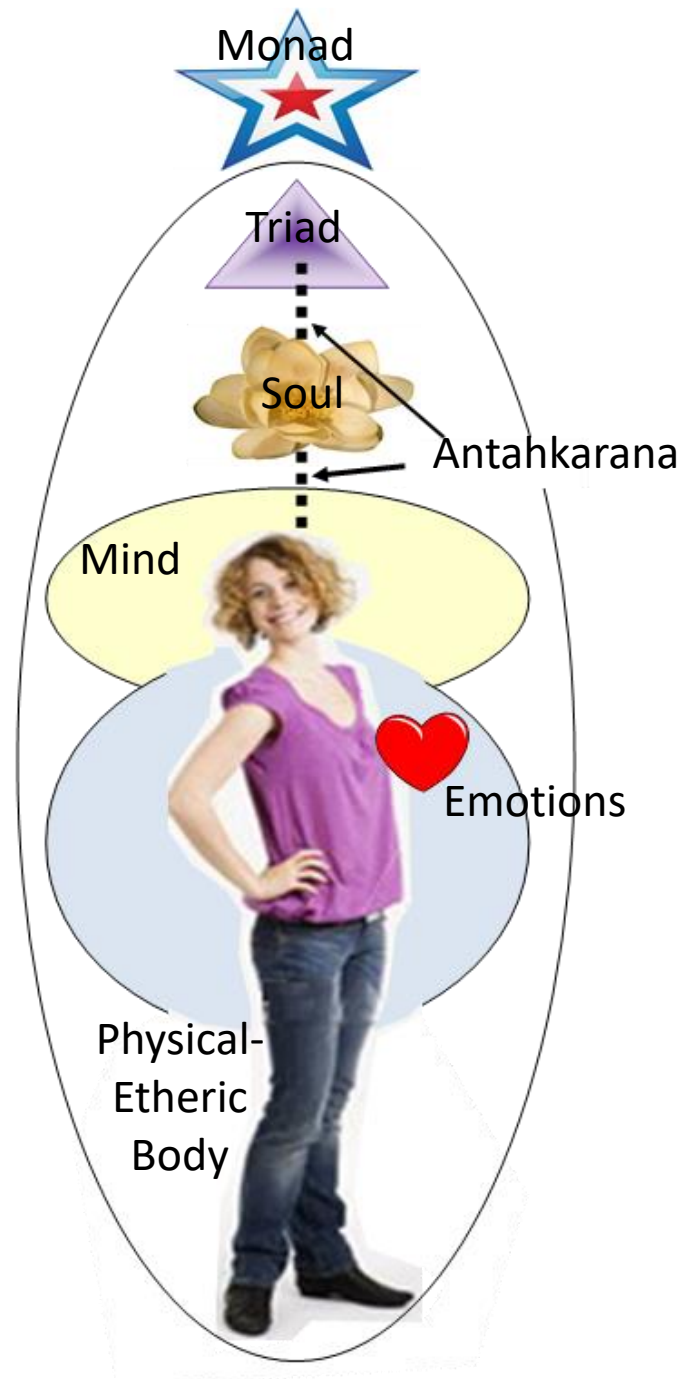
The Solar Angel or Soul comes into incarnation to reveal the love of God. The soul manifests through the lower bodies.

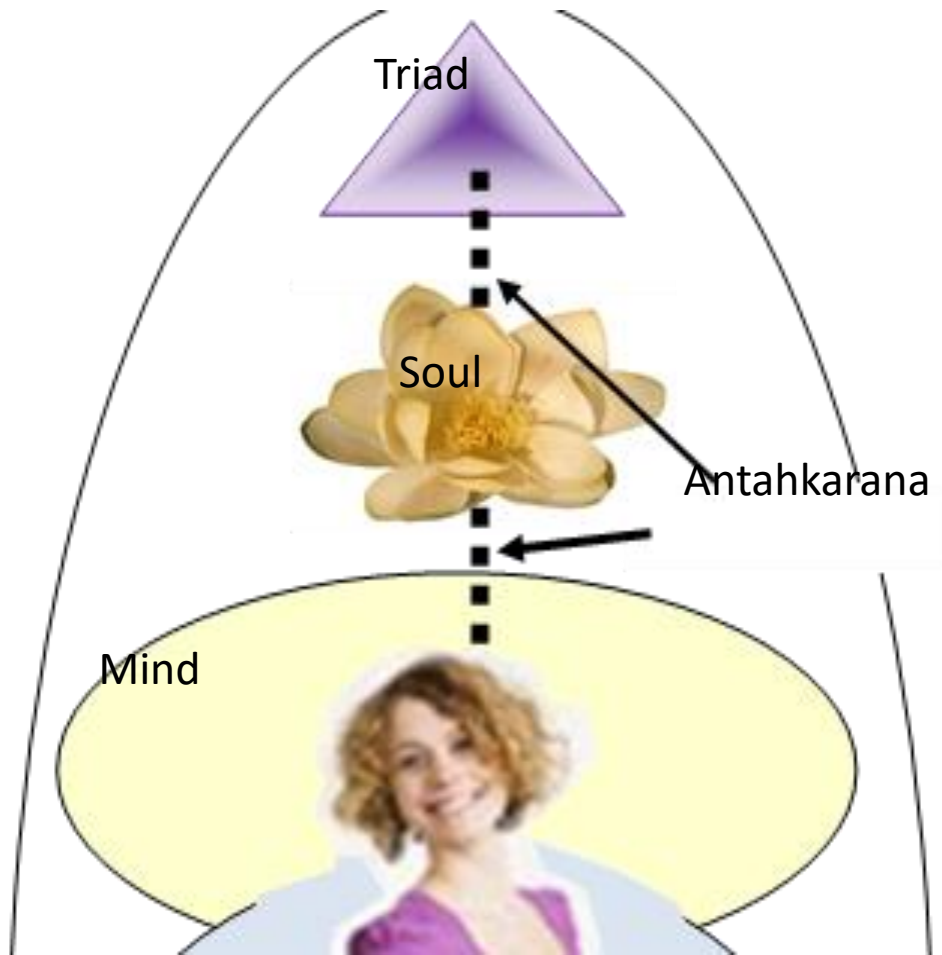
3. THE “BODY” ASPECT OR PERSONALITY - 3rd Aspect, Activity.]

The Lower Mind: the soul fragment of intelligence is planted in man’s mind. It is the instrument through which Self-realisation is achieved.

The Emotional Nature: this desire-feeling body gives expression to the emotions, ranging from human love and sentiment to fear and hate.

The Physical-Etheric Body: enables the soul to contact other forms on the Physical Plane, and gain the experiences necessary to bring about Self-realisation.





We use meditation to achieve this Union, first via the lower antahkarana between the lower mental and Soul on the higher mental planes.

And eventually between the Soul and the Spiritual Triad via the higher Antahkarana.

The method is Raja Yoga, or achieving union through the mind. In other words, the goal of Raja Yoga is to quieten the mind so it can hear the soul and realize his true, inner self.

The Solar Angels oversee the Evolution of Consciousness

The Human Kingdom is the bridge between the Monad and higher spiritual kingdoms, and the lower animal, vegetable, and mineral kingdoms.

Only in the Human Kingdom, is the Monad able to “grasp” its human being.

The means by which this is achieved is through the work of Solar Angels.



The Human Kingdom is like our Antahkarana, a bridge between the lower kingdoms in nature and the higher spiritual kingdoms. And our Soul, informed by the Solar Angels, is the link within us. When human beings individualized, it was because these spiritual beings planted fragments of themselves into the minds of animal-men. These sparks of the Divine flowered slowly becoming the seat of our soul, the Causal Body or Egoic Lotus.

The Solar Angel builds our egoic lotus out of its own substance and dwells within until we raise our consciousness enough to unfurl the petals of the lotus and find the jewel hidden at the center. This solar angelic substance is the *I-ness* that makes humans self-conscious.

Some Qualities of Expression

Personality Characteristics	Soul Qualities
Self pity	Compassion
Ignorance	Understanding and Wisdom
Separative	Inclusive
Intellectual pride	Creative intelligence
Manipulative	Philanthropy
Argumentative	Mediator
Temperamental	Serenity
Narrow outlook	Specialist/Expert
Skeptical	Discover of Truth
Follower	Visionary
Uncompromising	Focused
Resistant to change	Cooperative
Overly neat	Purposefully Organized

We start off first working as selfish personalities who exhibit negative characteristics; but slowly (over many lifetimes) our soul qualities emerge and we begin to show mostly positive qualities. Developing the soul is like cultivating a garden, we take ourselves in hand and weed out the bad behavior and cultivate the higher qualities until they become second nature to us.

We choose a quality that we want to cultivate and then we work on it, acting like that quality already exists within us. We keep it in the forefront of our consciousness and imagine what it is like to use this quality, then do so to the best of our ability. After careful cultivation, it becomes a part of us.