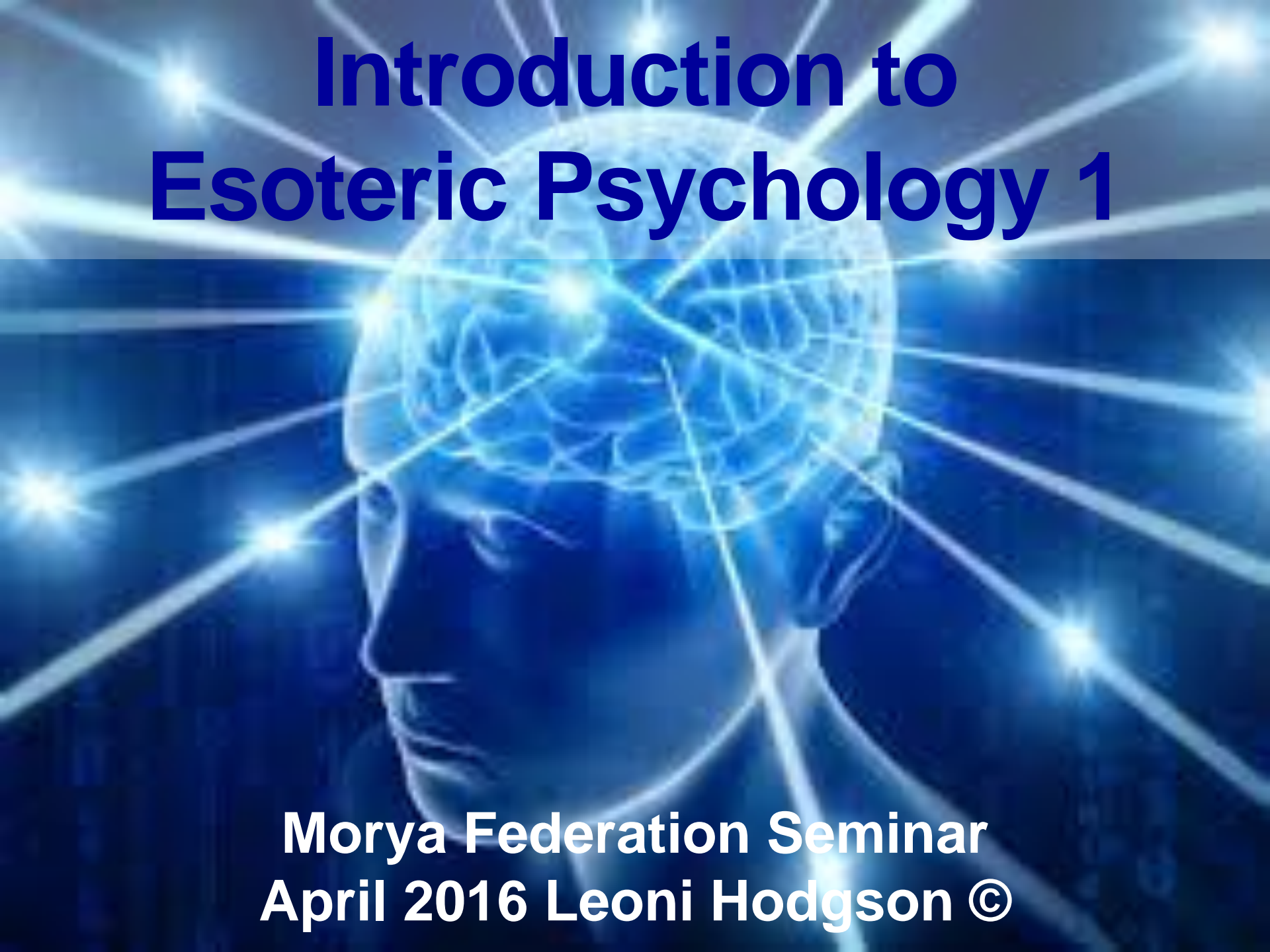


Introduction to Esoteric Psychology 1

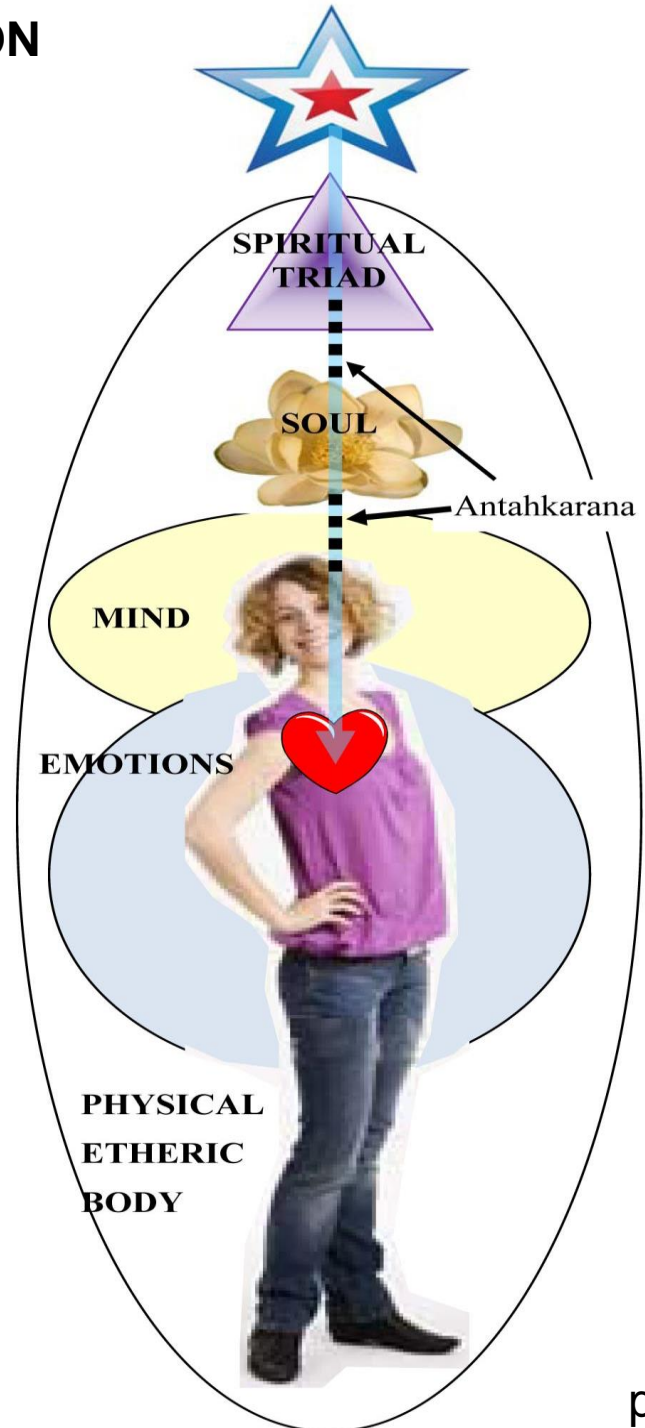


**Morya Federation Seminar
April 2016 Leoni Hodgson ©**

INTRODUCTION

“Psychology holds the fate of humanity in its grasp and it has the power to save the race. The reason for its greatness and usefulness lies in the fact that it lays the emphasis upon the relation of the unit to the whole, to the environment and contacts; it studies man's equipment and apparatus of such contact, and seeks to produce right adaptation, correct integration and coordination and the release of the individual to a life of usefulness, fulfilment and service”.

Esoteric Psychology
vol. II, p402 Alice Bailey

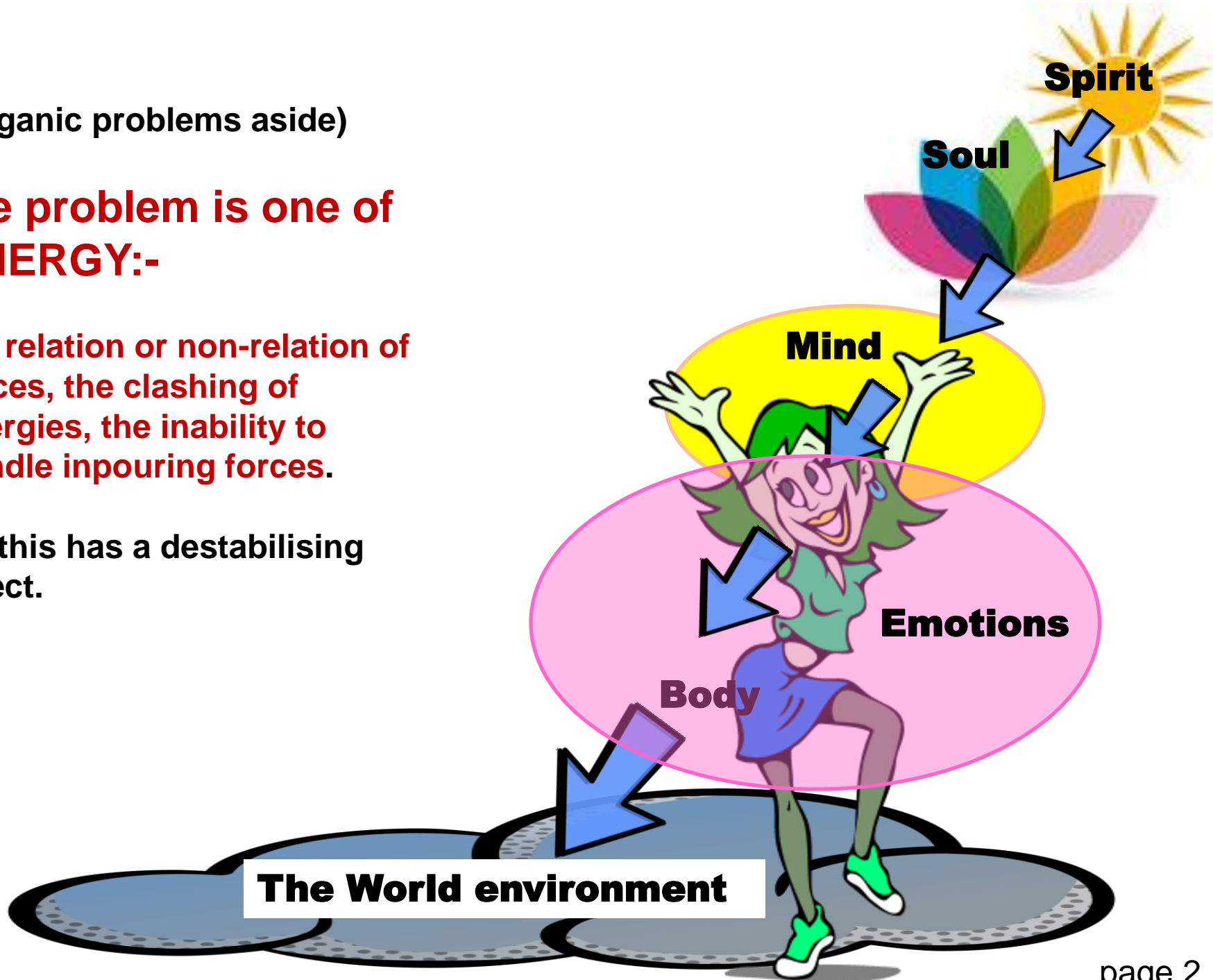


(Organic problems aside)

the problem is one of
ENERGY:-

the relation or non-relation of
forces, the clashing of
energies, the inability to
handle inpouring forces.

All this has a destabilising
effect.



The true psychologist must add to exoteric understanding



1. **THE FACT OF THE SOUL**, the true man which is behind the personal man and his or her incarnation and is driving the experiences on earth. This must be central.
2. **ESOTERIC PHILOSOPHY** which states that: we are souls on a journey across lives, whose purpose is to expand consciousness through the medium of the mental, emotional and physical bodies. That we have to demonstrate this on earth.
3. **Spiritual laws such as KARMA, the Laws of LOVE and of REBIRTH** must be factored in. This will be a major releasing agent, holding before the man who is severely disappointed with his life, future opportunities for happiness or perfection.
4. **The WHOLE STRUCTURE of man must be recognised** - of his emotional, mind, and physical-etheric bodies, and the effect of the soul as it works through the chakras.
5. The psychologist must have an understanding of the **RAY ENERGIES** and other forces which qualify a man's life.

(Year 1 in the Great Quest course prepares students for this work)

Chart: Overview of Esoteric Psychology

Problems of Consciousness - Root Causes of all Psychological Disorders

A. Three Major Groups of Psychology Problems (affect all humanity)				B. Mystics - Disciples (people living a spiritual life)	
1. Cleavage	2. Integration	3. Stimulation		Accelerated development	
Energy divisions	Energy swings	Energy overstimulation		Energy swings	Energy, divisions, overstimulation
Divisions in the nature which war with each other.	Energy swings in the nature when a cleavage heals.	Mentally developed people become rigid-minded due to too intense concentration on one line of thought.	Emotional people lacking discrimination become "glamoured", distort reality; when meditation opens up new worlds of discovery. Naively follow voices, messages, there may be troubled dreams.	Chakra development causes energy imbalance.	Mystics who lack discrimination, may use lower psychic powers, become deluded.
Group problems					

Today we cover **Group A.**

1. Cleavage; 2. Integration; 3. Stimulation



Psychology Problems Group 1: CLEAVAGE, three levels

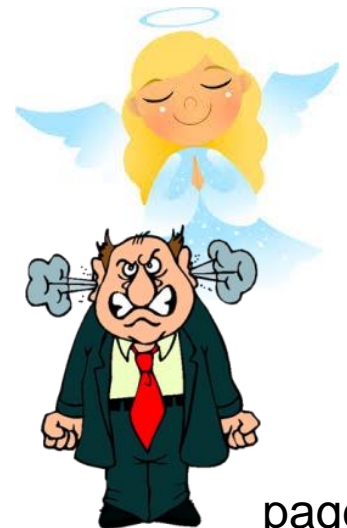
1. Atlantean, emotional man: a cleavage within the astral body itself.. brings about a cleavage between a person and his environment, so that life is feared and there is great difficulty relating with/ understanding others (anti-social introverts)



2. Aryan, mental man: a cleavage between the mind and the emotional nature. This brings about a cleavage between a man and his life task - between his mind and the goals he sets himself on one hand, and on the other his emotional nature and desires which would take him in another direction.



3. Aspirants and Disciples: a cleavage between a man and his soul. Produces sequentially a dominant selfish personality, then a practical mystic, conscious of the need for fusion and for unity.



Therapy Overview: *cleavages are bridged when the soul works through the mind to heal the clashing forces and ideologies.*



Psychology Problems Group 2: INTEGRATION

When a cleavage is bridged, an INTEGRATION problem can arise. There is a sense of great well-being and potency, and (with the best motives of course!), trying to make the world over into our image. There are three types:

1. Egomania, narcissism - extreme love of self.

Therapy: we need to realise we are an integral part of a much greater whole.



2. Fanaticism: driving everyone the way that we have come.

“If I did it, you can do it!!!”. We fail to recognise the differences in background, ray type, point in evolution, tradition, heredity.

Therapy: we need to realise and accept differences of ability.



3. Over-development of the sense of direction or of vocation:

after the astral-mind “bridging”, we discover “the world” and try to make our mark. Highly ambitious and intellectually focused, we negate our feelings and emotions in order to succeed materially.

Therapy: Repression of emotions brings psychological, physical and relationship troubles. The effects give us pause and on reflection, people change (may take lives).



Psychology Problems Group 3. STIMULATION

These are physiological and psychological problems which occur when our nature is overstimulated, disrupting normal life rhythms and perception.

1. Intense thought when rigid minded:

spurs partisan action: sectarianism, idée fixe, violent partisans

2. Intense thought coupled with astralism:

spurs desire nature into action.

2a. *Mental Introverts*: profoundly pre-occupied with own thought - a genius or an anti-social brooder. (rays 2, 4, 6)

2b. *Mental Extroverts*: want to impose their views onto others (rays 3, 6) - theologian > fanatic > maniac (cyberbully, stalker, psychopath)

2c. *Mentally self-obsessed*: megalomaniac (rays 1 and 5)



3. Intense attempt to meditate, connect with the paranormal:

mystics who are not yet aspirants or on the path. What is the difference?

Can destabilise the life, causing:

3a. Exhilaration, depression, mental fever

3b. Glamour (distortion of reality thru emotionalism/ wrong thinking).

3c. "Guidance" problems, upsetting dreams, depression



SUMMARY

Problems of Consciousness - Root Causes of all Psychological Disorders

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				Group problems	

We covered the circled topics.

Next month we do the problems of mystics and disciples.