

# **Introduction to Esoteric Psychology 2 *Mystics and Disciples***

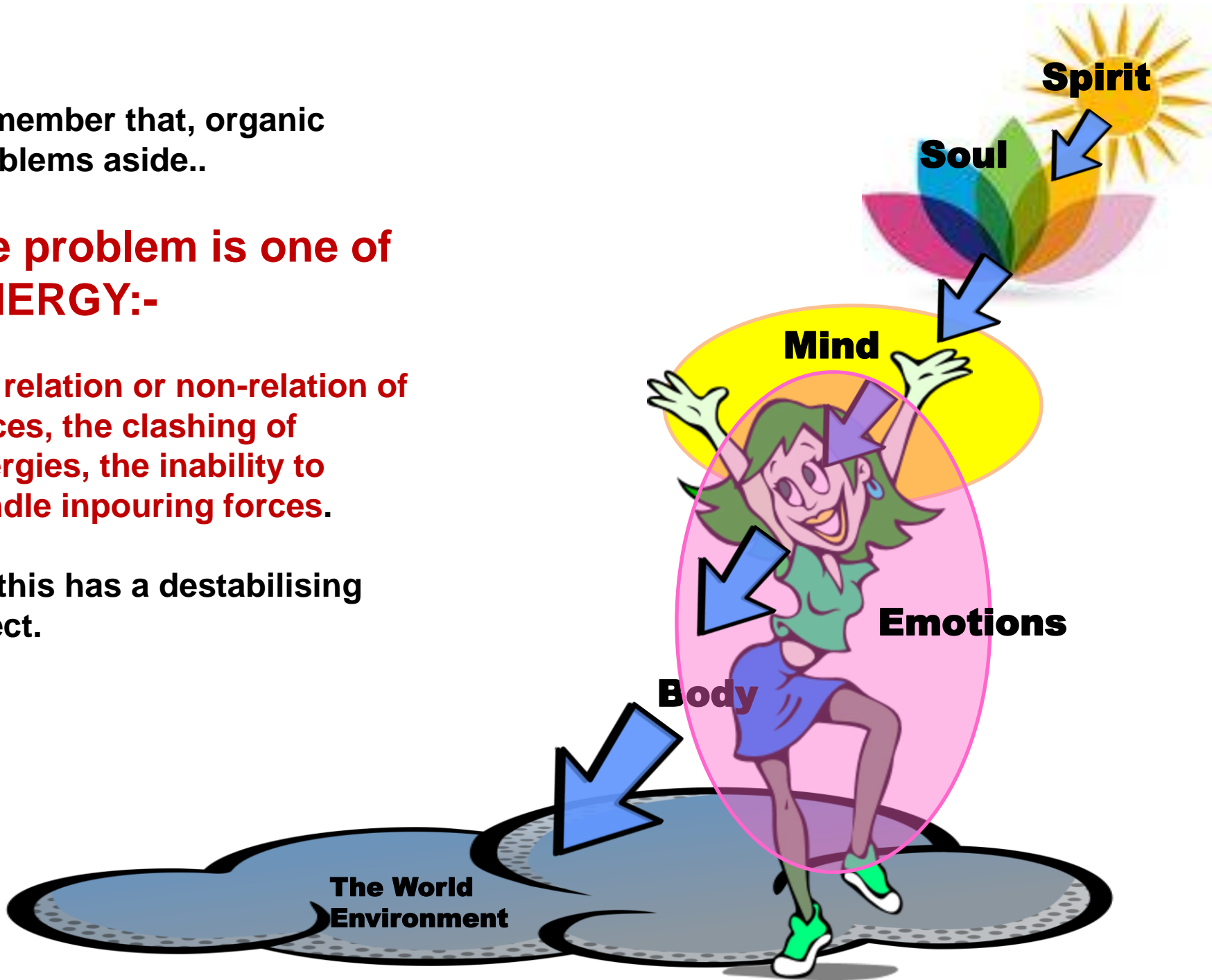
**Morya Federation Seminar  
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Remember that, organic problems aside..

**the problem is one of ENERGY:-**

the relation or non-relation of forces, the clashing of energies, the inability to handle inpouring forces.

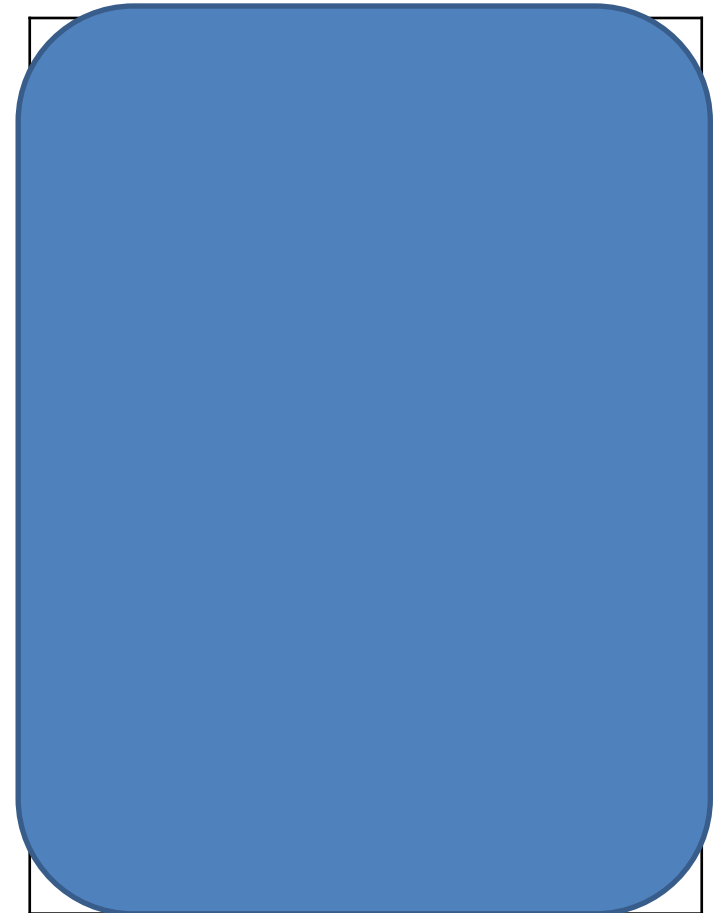
All this has a destabilising effect.



# In Webinar 1 we covered the 3 major groups of Psych problems “Cleavage – Integration – Stimulation”

*Problems of Consciousness – Root Causes of all Psychological Disorders*

<b>A. Three Major Groups of Psychology Problems (affect all humanity)</b>			
<b>1. Cleavage</b>	<b>2. Integration</b>	<b>3. Stimulation</b>	
Energy Divisions	Energy Swings	Energy Overstimulation	
Divisions in the nature which war with each other.	Energy swings in the nature when a cleavage heals	Mentally developed people become rigid-minded due to too intense concentration on one line of thought.	Emotional people lacking discrimination become glamored, distort reality; when meditation opens up new worlds of discovery. Naively follow voices, messages, there may be troubled dreams.



# Today we cover Group B. the problems of Mystics and Disciples

*Problems of Consciousness – Root Causes of all Psychological Disorders*

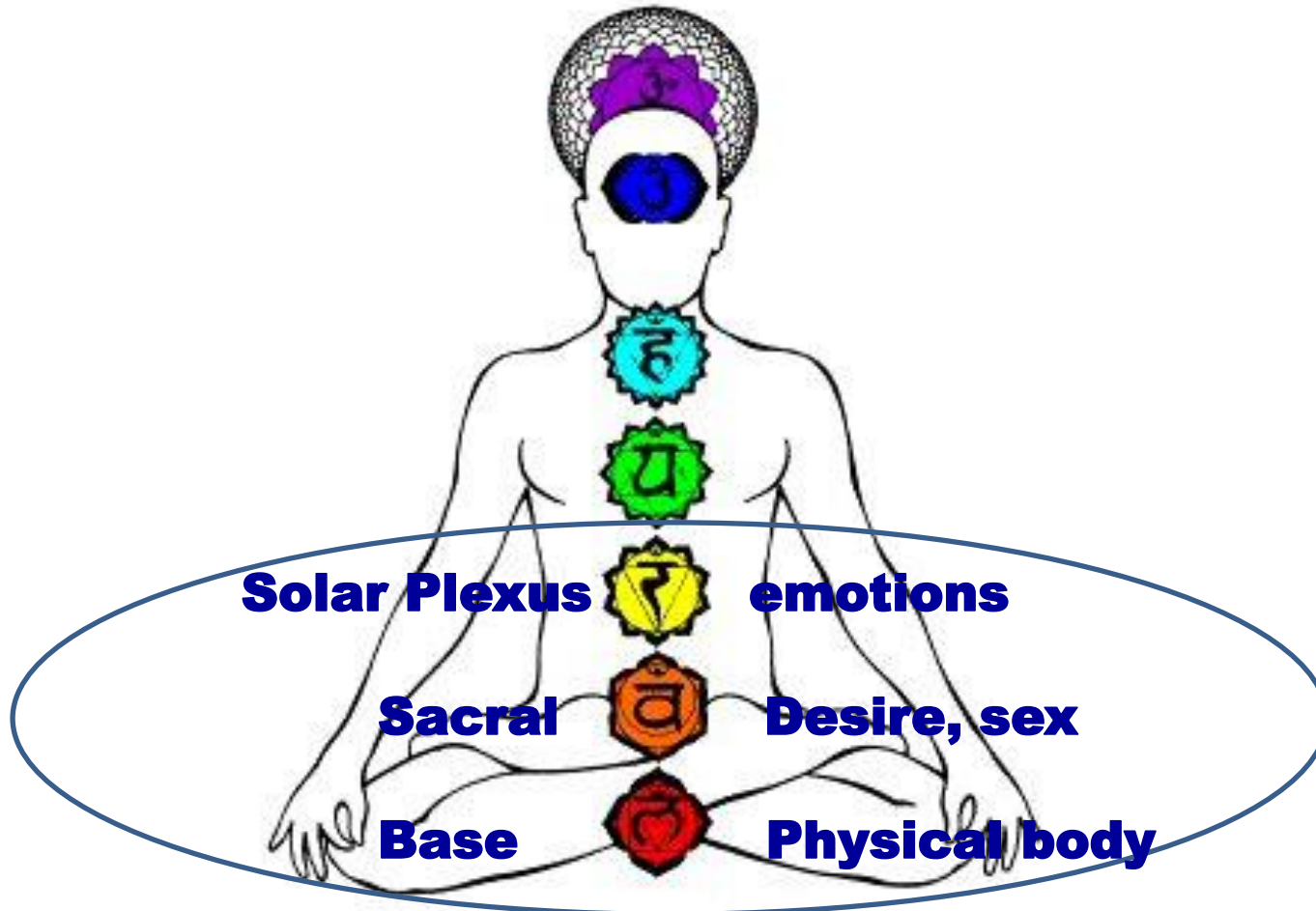


<b>B. Mystics – Disciples (people living a spiritual life)</b>	
<b>Accelerated Development</b>	
Energy Swings	Energy Divisions, Overstimulation
Chakra development causes energy imbalance	Mystics who lack discrimination may use lower psychic powers, become deluded.
Group problems	

## PROBLEMS OF MYSTICS AND DISCIPLES:

### 1. Problems Awakening Centres – “Energy swings

Ordinary man, ruled by the lower cravings of desire for food, sex and comfort, lives mainly in the three lower chakras - base, sacral, solar plexus.



## PROBLEMS OF MYSTICS AND DISCIPLES:

### 1. Problems Awakening Centres – “Energy swings”

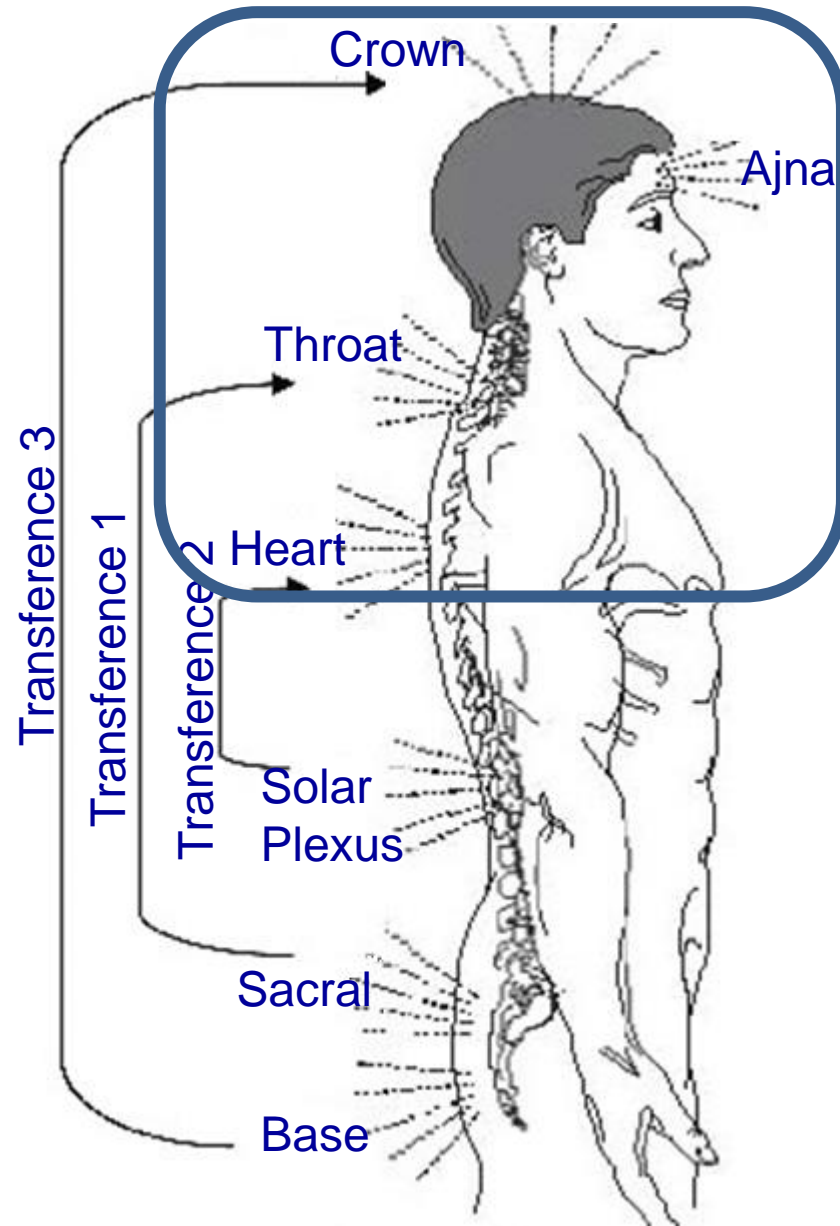
As we progress spiritually, there is an ordered transference of energy from lower chakras to higher. This brings in a new set of physical and psychological problems distinctive to those on the Path.

Transference 1: Sacral > Throat

Transference 2: S/plexus > Heart

Transference 3: Base > Crown

The evolutionary goal is to work through the higher chakras





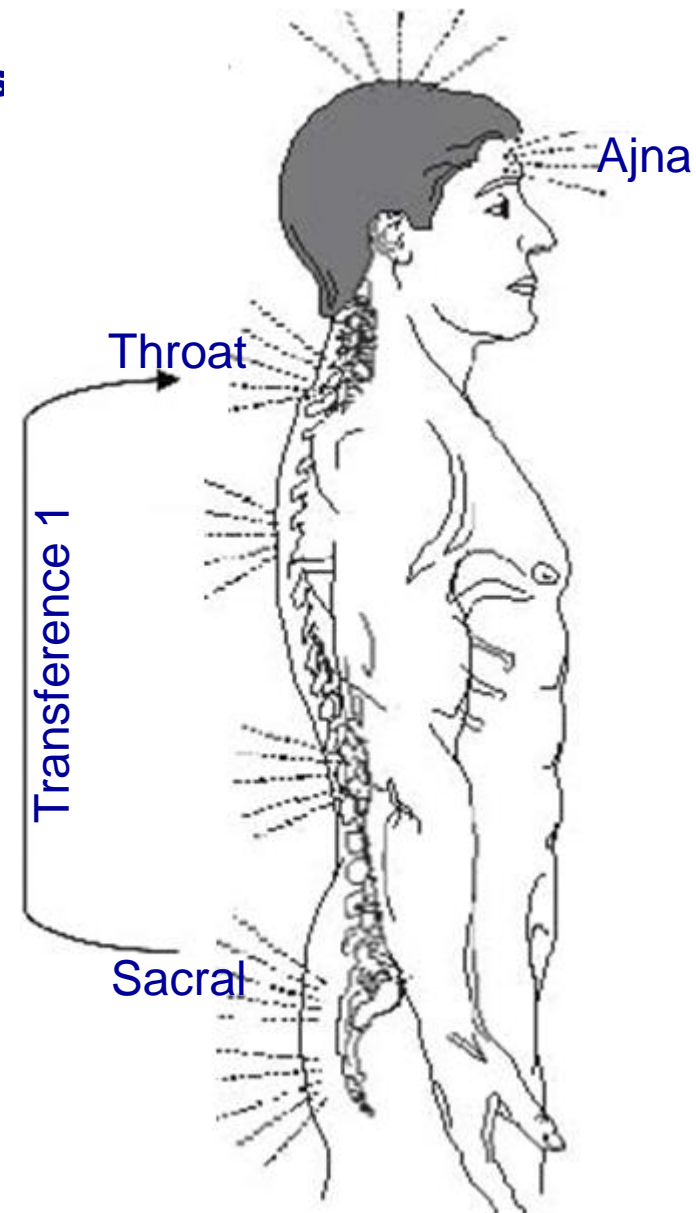
## PROBLEMS OF MYSTICS AND DISCIPLES:

### 1. Problems Awakening Centres – “Energy swings” 1<sup>st</sup> Transference

#### **Transference 1 – Sacral to Throat**

#### **1st Initiation – purification animal appetites**

1. As a person reaches the Path, he/ she is a highly intelligent citizen and aspirant. There is an impulse to “clean up the sex life”. Energy begins to transfer from sacral to throat. But it fluctuates back and forth. This period is very difficult, lasting several lives.
2. There are health problems in the region of 3 chakras (inc. ajna) – reproductive organs, throat, nervous system. For instance, sexual repression leads often to cancer in these organs. Repression of speech leads to throat disease. Various “cleavage” type psychological disorders arise via the ajna.
3. As purification proceeds and moderate control is achieved, the 1<sup>st</sup> Initiation is taken. Attention turns to the emotional life.

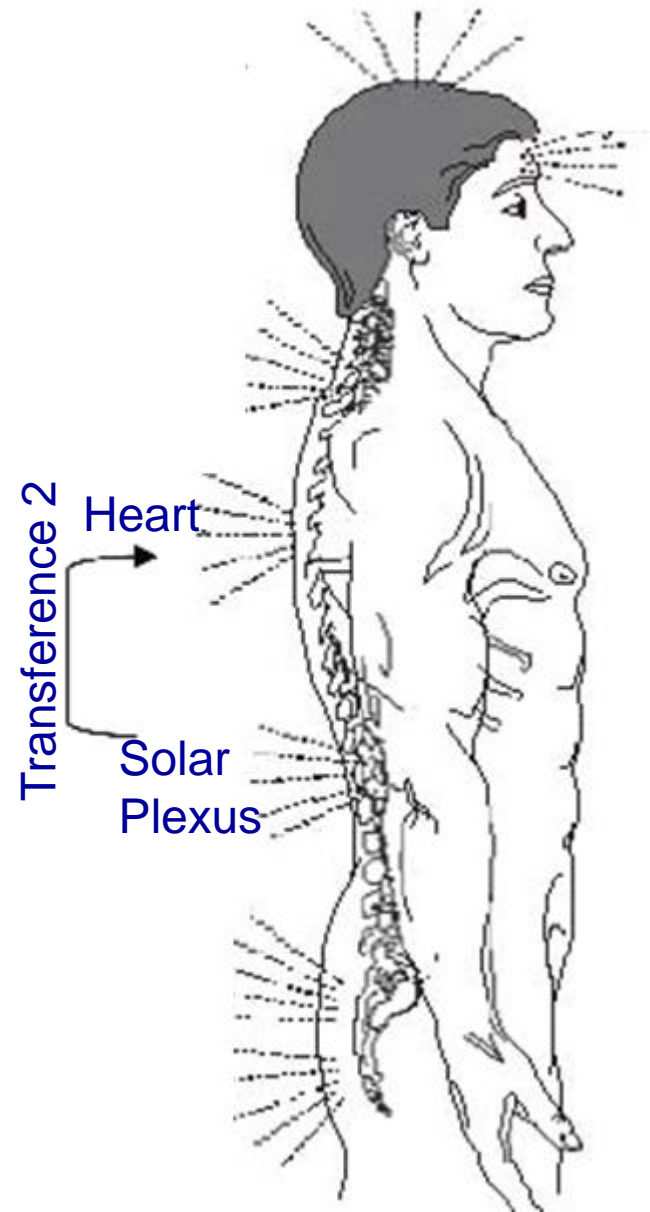


## PROBLEMS OF MYSTICS AND DISCIPLES:

### 1. Problems Awakening Centres – “Energy swings” 2<sup>nd</sup> Transference

#### **Transference 2 – Solar plexus to Heart 2nd Initiation – purification astral nature**

1. Gradually the powerful, creative man develops greater consciousness > the heart centre rapidly awakens motives are still primarily selfish.
2. Energy is transferring from solar plexus to heart. There is a battle between the opposites. At times he is drawn to the material world, other times to the world of souls.
3. This fluctuation creates health problems in these two chakra regions – digestion organs and the heart / circulation. EG. Stomach ulcers, pancreatic/ liver cancer and heart disease.
4. Gradually the soul assumes control of the desire nature. Inner peace is being achieved and outer life is orderly and stable. Personal “wants and needs” gradually diminish. He/ she takes the 2<sup>nd</sup> Initiation.



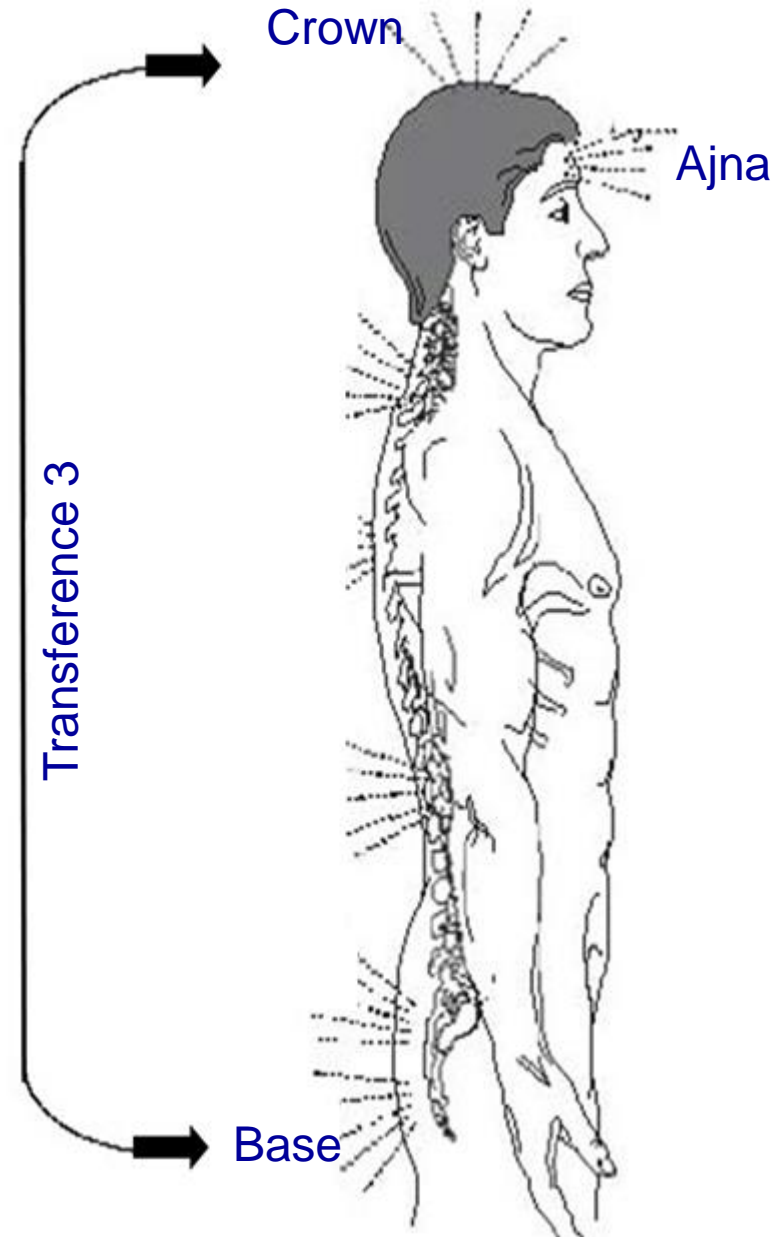


## PROBLEMS OF MYSTICS AND DISCIPLES:

### 1. Problems Awakening Centres – “Energy swings 3<sup>rd</sup> Transference

#### **Transference 3 – Base to Crown 3<sup>rd</sup> Initiation – Soul fusion**

1. When the soul assumes the control, base chakra force – kundalini, rises to the crown chakra. This happens around the 3<sup>rd</sup> Initiation.
2. At these higher levels, because karma is being exhausted and energy flow in the bodies and through the etheric is harmonious and stable, health is dramatically improved
3. However, in old age, we are likely to contract any disease.



Do not brood on  
the physical condition or  
on the region of transference.

The practise of spiritual disciplines such as right-  
detachment and meditation will help stabilise the  
fluctuating energies, as will endeavouring to  
live a stable and practical life of service.

Esoteric healing and chakra  
balancing will also help.

## 2. Problems thru unfoldment of Psychic Powers

1. There are two sets of powers latent in man's equipment: **lower animal powers** and the **higher Divine powers** of the conscious soul.
2. **Higher psychics** are advanced disciples and initiates who work through the higher chakras.
3. **Lower psychics** are Atlantean in consciousness and use solar plexus centre power, which gives them access to the Astral Plane. It mirrors but also distorts reality.
4. The cultivation of expressions of force that belong to that ancient period retards an aspirant's spiritual progress.



# PROBLEMS OF MYSTICS AND DISCIPLES:

## 2. Problems caused through the unfoldment of Psychic Powers

### Psychic Powers in the Animal, Human, and Divine Kingdoms

Animal	Human	Divine
<b>1. The 4 major instincts</b>	<b>1. The 5 major instincts</b>	<b>1. The 5 transmuted instincts</b>
Self preservation	Creative self preservation	Immortality
Sex	Sex, Human love	Attraction
Herd instinct	Gregariousness	Group consciousness
curiosity	Enquiry, analysis, self-assertion	Evolutionary urge, Self control
<b>2. The 5 senses</b>	<b>2. The 5 senses</b>	<b>2. The 5 senses</b>
Touch	Touch, contact	Understanding
Hearing	Hearing, sound	Response to the Word
Sight	Seeing, perspective	Mystical vision
Taste (embryonic)	Taste, discrimination	Intuition
Smell (acute)	Smell, emotional idealism	Spiritual discernment
<b>3. Lower psychic powers</b>	<b>3. The human correspondences</b>	<b>3. Higher psychic powers</b>
Clairvoyance	Extension through vision	Mystical vision
Clairaudience	Extension through hearing	Telepathy, inspiration
Mediumship	Intercourse, speech	Mediatorship
Materialisation	Invention	Creativity
Divination	Foresight, planning	Prevision
Healing thru animal magnetism	Healing thru science	Healing thru spiritual magic

Cultivate a spirit of true humility; train the intellect to think, refuse to use these powers and reject all contacts or messages that feed the ego and the sense of being superior or special. This will eventually close the solar-plexus centre and the open door to the Astral Plane. It will also atrophy that part of the inner mechanism that has made these powers available and cause them to die out. The true disciple and mystic is mentally polarised and vision is free from the deluding reactions of the solar plexus centre and Astral Plane.

### 3. Problems thru development of Mystical Vision

Mystical vision is the process of sensing the goal, of contacting the ideal and of visioning the many symbols that veil the soul. The mystical approach is the right way for many, provided it does not extend to hallucination and fanaticism, which it so often does.

Some problems:

- 1. Devitalisation:** when mystics live entirely in the world of aspiration, drawn constantly upwards to that which is idealised, becoming impractical and ungrounded.
- 2. Delusion:** when a spiritual vision (a powerful dream) is mistaken as reality.
- 3. Delirium:** emotional imaginings severely interfere with rational thinking so there is loss of inner control, right proportion and outer expression becomes abnormal. Examples in this group: Schizophrenia, Paranoia, Dissociation, Multiple personalities, Possession.





## Therapy

The psychologist should gently develop in the mystic a cycle of doubt, leading even to a temporary agnosticism. The result would be a rapid establishing of the desired equilibrium. Encourage a normal physical life with its ordinary interests, fulfilling obligations and responsibilities.

If the damage is extreme in the schizophrenic-delirium sufferer, then only a new incarnation will retrieve the situation. The task then is to become aware of the mind's tendency to think delusory thoughts and to be practical in life approach. This includes making an effort to ground the spiritual vision in outer constructive service.

## 4. Diseases connected with Group Thought

**1. Group problem of Criticism:** The leader/ teacher is often the focus of criticism, poisonous thoughts, untruths, destructive gossip, unspoken jealousies, frustrated ambitions, desire to see the leader superseded by themselves or by someone else. The “sitting in judgment” and idle critical gossip can not only kill the leader through accumulated poison and distress but also kill the group life. Criticism is a virulent poison and group criticism, voiced or strongly felt, will eventually damage the criticiser, but will hurt the one who is criticised more. One ambitious, disloyal person can wreck a group. One selfless, noncritical, consecrated person can swing the group into successful work.



### **2. Group problem of “smothering” and of the “umbilical cord”**

The reverse of the previous problem occurs when the devotion and personality love of group members smothers the leader. Piscean age people (in consciousness), can remained attached to the group and drain the life of the leaders if the umbilical cord is not cut.

Group members must practise the art of silence. One cannot enter the higher spiritual realms until there has been restraint of speech and control of thought, with consequent harmlessness on the Physical Plane. We imprison ourselves on the planet by what we think, say and do. Each time we stop thinking a negative thought, each time we stop speaking wrong words, little by little, those ties that hold us are severed. Learn to preserve that inner silence that promotes holiness.

# SUMMARY

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## B. Mystics – Disciples (people living a spiritual life) Accelerated Development

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Group problems	

1. Awakening Centres

2a. Psychic Powers

2b. Mystical Vision

4. Group Thought

