

Journey of the Soul

Oct. 2020 – March 2021, by David Hopper

Oct. 10

Discussion topics: Individualization and Spark of Mind; Evolution of Soul, Personality, and Consciousness; Path of Liberation and Stages of Evolution from Probation to Discipleship to Initiation; Awakening to the Spiritual Path and its purpose; the Three-Fold nature of Personality; the Divine Plan, The role of Hierarchy and the three Planetary Centers; Alignment meditation.

Nov. 12

Discussion topics: Role of the Observer in consciousness and nature of inner observation; Stages of the Observer; Purification, Crisis and Dark Tendencies of the Personality; Tools for working in consciousness; Meditation: purpose, Goals, Power of Thought; Overcoming hinderances / obstacles in mind; Concentration and Comprehension during meditation; Transformation of Thought and thoughtform building; Meditation: working as the Observer in consciousness.

Dec. 12

Discussion topics: Human Constitution: Purpose of the Human Mind and its components; The Three-Fold Personality, Mental Plane, Astral Plane, Physical / Etheric Plane, Abstract Mind, Taming Astral, Effects of Emotions, Chakras, Nature and purpose of Etheric Body; Dynamic chakra connections and their effects; Connecting with the Spiritual Triad; Problems of Separation and Cleavage; Effects of emotions on the physical form; Third Eye: function / purpose.

Jan. 9

Discussion topics: “Service”, its purpose as goodwill in action; What is Love-Wisdom; Spiritual Values, qualities and characteristics of the Service Worker; Upgrading One’s Vehicles for Service; Concept of “livingness”; “Spiritual Study” is employing intuition and discernment; Acting on impression; Evening review; Choosing the right Teacher and Teachings.

Feb. 13

Discussion topics: Setting Up a Spiritual Practice and its purpose; Difference of the Spiritual Path and Spiritual Practice; Choosing the right path; Components of Spiritual Practice; Cultivation of Spiritual practice; Personality is continually evolving; Spiritual practice will help with Soul integration.

March 13

Discussion topics: Spiritual Cinema and Poetry; 6 Stages of Discipleship and 1st & 2nd Initiations in detail; Conclusion / Wrap Up: What did students get out of course?; Review and discussion of any topics in course.