

Group Instructions for the Aries Full Moon Meditation
Aries Solar Fire Meditation
Long Version

I come forth, and from the plane of mind I rule.



Rose photograph courtesy of Kay Hannan

Generic Keynotes for Seven Day Period

[Days of **Preparation**—Detachment and Renunciation]

Confidence, Aspiration, Dedication

[Day of **Safeguarding**—Receiving, Holding]

[Days of **Distribution**—Registration, Sense of Expectancy, Belief]

1. Withdraw your consciousness from the personality and its vehicles and enter deeply into the presence of the soul on the higher mental plane. Feel yourself established as a soul within the field of light, love and spiritual power.
2. Merge as a soul into a deep sense of the group soul.
3. Imaginatively unite in soul with the spiritually-minded people of the world and with

the men and women of goodwill.

4. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no „my soul and thy soul“. Deeply realize that “Naught is but Me”.

5. Imagine a potent point of tension fed by the will aspect of the soul (according to its ray, cf. EA 605) gathered at the mental unit and forming the foundation of the antahkarana.

6. Imaginatively visualize your dual-colored individual antahkarana or “Rainbow Bridge”, connecting your lower mind (centered in the mental unit) with the manasic permanent atom and subsequently with the buddhic and atmic permanent atoms of the spiritual triad. Use the color indigo especially, if you do not know your soul and personality rays. Otherwise use the colors of your soul and personality rays with the soul-ray color more prominent:

- a. First Ray—Red
- b. Second Ray—Indigo Blue
- c. Third Ray—Green
- d. Fourth Ray—Yellow
- e. Fifth Ray—Orange
- f. Sixth Ray—Silvery Rose or Light Blue
- g. Seventh Ray—Violet

7. Imagine your individual antahkarana merging with the *group* antahkarana (which is colored with *all* the seven colors, but primarily the deep indigo-blue of the second ray) *both* reaching into the realms of the spiritual triad. (Your individual antahkarana and ray qualities and the individual antahkaranas of all group members with their ray qualities are visualized as part of the *group* antahkarana.) Attempt to *deeply feel* this connection.

8. Inwardly, and in continued identification with the group soul, affirm the great Word of Power—“I see the greatest Light” as you imaginatively project a line of vivid, living, white light into triadal realms along/across the individual and group antahkaranas from an established point of individual and group tension on the mental plane.

9. In the presence of this great Light of the spiritual triad, attempt to „feel“ the Presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.

10. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ.

- a. Salutations to the Christ, the Master of all Masters--OM

- b. Salutations to the Triangle of Masters with Whom we work most closely:
 - i. Master Morya—OM
 - ii. Master Koot-Hoomi—OM
 - iii. Master Djwhal Khul—OM
- c. Salutations to the Spiritual Hierarchy of our Planet—OM

11. *Imaginatively* raise your thought to Shamballa, the “Center Where the Will of God is Known”, and, with deepest reverence and in all humility, attempt, *identified as the group soul*, to attune with the Presence of Sanat Kumara standing at the center of Shamballa. Sound a long, silent OM as you imagine the group imbued with His Energy.

12. Realize that Shamballa is the Planetary Center through which the energies of the constellations and the planets initially enter according to the Law of Assembly (especially at Full Moon opportunities) to be distributed to all sentient beings upon the Earth.

13. (If performing this meditation within the period slightly before the Full Moon, follow Master DK’s instructions and enter the disc of indigo blue via the shortening band of golden light, and attempt for as long as you wish to “enter into [His] consciousness”.)

14. (Then, *as if* still within the sphere is His consciousness, continue the energy-specific meditation until its end)

15. Imaginatively raise your consciousness towards the three planetary rulers of the constellation Aries—Mars, Mercury and Uranus. (Plan your meditation so you can take the necessary time to receive impression along the various planetary streams.)

16. Ponder on the power of Mars (the planet of all *warriors*) to bestow *spiritual courage* and *undying fiery aspiration* for fusion with Divinity and for the successful manifestation of the Divine Ideal embodied in the Divine Plan.

- a. In silence, open your consciousness imaginatively to impressions borne upon the Martian stream of energy. (You may visualize the astrological glyph of Mars in the color red as you do so.)

- b. Attempt to realize the areas in which you and your group(s) are most in need of the Martian qualities and then, visualizing yourselves imbued with the divine qualities of Mars, transmit those qualities to your group(s).

17. Ponder, then, on the power of Mercury, the planet of “transcendental mind”, to stimulate the intuitive understanding of imminent developments within the precipitating

Divine Plan. Seek to understand the manner in which Mercury supports the role of Aries as “the birthplace of ideas”. Ponder on Mercury in Aries as the „bringer of new ideas” and as the *bridge* between the archetypal worlds and the worlds of form.

a. In silence, open your consciousness imaginatively to impressions borne upon the Mercurian stream of energy. (You may visualize the astrological glyph of Mercury in the color yellow as you do so.)

b. Attempt to realize the areas in which you and your group(s) are most in need of the Mercurian qualities and then, visualizing yourselves imbued with the divine qualities of Mercury, transmit those qualities to your group(s).

18. Ponder finally on the power of magical Uranus (the “Great Father” and “home of „fire electric”) to bestow the inspiration for the total transformation and renewal of the individual and group personality. Seek to understand Uranus as the power that enables the initiate to tread the “final burning ground”, thus overcoming the illusion of time and space and establishing in consciousness the reality of Synthesis.

a. In silence, open your consciousness imaginatively to impressions borne upon the Uranian stream of energy. (You may visualize the astrological glyph of Uranus in the colors violet or electric blue as you do so.)

b. Attempt to realize the areas in which you and your group(s) are most in need of the Uranian qualities and then, visualizing yourselves imbued with the divine qualities of Uranus, transmit those qualities to your group(s).

19. Raise your imaginative group consciousness to the Solar Logos expressing through our Sun and the solar system. Attempt to „feel” that the great second ray of the Solar Logos (the “God of Love-Wisdom”) is pouring through all planets, Shamballa, and every Monad, soul and personality on planet Earth.

20. Focus your imagination on the constellation Aries radiating the “The Light of Life Itself”.

21. Open yourself to „feel” the energy-quality of Aries, attempting to realize its profound relationship to the First Ray of Will and Power and Seventh Ray of Order and Ceremonial Magic.

22. Attempt to realize the connection of the Aries energy to the “Forces of Restoration” bringing about the restoration of the Divine Plan on Earth.

23. Ponder deeply on the Mantram for Aries: “I come forth, and from the plane of mind, I rule!” and attempt to grasp its esoteric meaning and significance.

24. If the meditation is done during a time-span which includes the Full Moon moment—for it can also be done as a preparatory meditation on each of the three days preceding the Full Moon and a distributive meditation on each of the three days following the Full Moon—*then*, as the moment of the Full Moon approaches, open yourselves imaginatively and SILENTLY to the following downflows of energy:

a. From the constellation Aries

b. Through the Solar Logos at the Center of the Solar System.

c. Through the planets Mars, Mercury and Uranus

d. Into Shamballa and thus through your Monad and all associated Monads

e. Into the Hierarchy, through the Great Lord, the Christ, and into and through the Ashram with which you believe yourself to be increasingly associated, and thus through your soul and the group soul or your co-workers

f. And into your spiritualized personality and all associated spiritualized personalities.

g. (This alignment should *also* be used if the meditation is performed either before or after the Full Moon, but the timing is not so critical)

25. If performing this meditation during a time period including the exact moment of the Full Moon, then, utilising an accurately set watch or clock, at the exact moment of the Full Moon sound a deep, silent, inner OM imaginatively opening yourself, your group(s) and humanity to the deepest possible impression from Aries, then retain a profound silence.

26. Hold this silence for at least several minutes (the actual duration depending upon your own sense of timing or the sense of timing of the Meditation Leader if you are meditating with a group) as you and the imagined or actually present group become increasingly imbued with the energies of the constellation Aries and the great centers of distribution through which it flows.

27. Now, preserving your high alignments (including that of the individual and group antahkaranas) visualize or think of the world situation and the ways in which the energies

of Aries can be applied for the upliftment and redemption of humanity and the planet (in accordance with the Divine Plan).

28. Visualize the energies of Aries *rightly applied* solving at least one important problem of humanity or problem of the planet.

29. Imbued with the several energies bestowed upon you and the group at this time of the Aries Full Moon, with hands up-raised, send your blessings into Humanity (and its consciousness) so that it may *rise* to its new spiritual potentials as promised by the Divine Plan.

30. Preserving your high alignments by reaffirming them in the imagination, quietly and rhythmically sound the Great Invocation (*as if in unison* with the Christ, the Masters of the Wisdom and the members of your group[s]), pausing contemplatively between the verses.

31. Close with the sounding of the Sacred Word, OM, three times, spreading Light, Love and Power to all Humanity, all Kingdoms of Nature and the Planet.

OM OM OM

Group Instructions for the Taurus/Wesak Full Moon Meditation
Taurus Solar Fire Meditation
Long Version

I see and when the eye is opened, all is illumined



A segment of Australian Golden Wattle filtering the Sun in the cluster below



Photograph courtesy of Kay Hannan

Generic Keynotes for Seven Day Period

[Days of **Preparation**—Detachment and Renunciation]

Confidence, Aspiration, Dedication

[Day of **Safeguarding**—Receiving, Holding]

[Days of **Distribution**—Registration, Sense of Expectancy, Belief]

1. Withdraw your consciousness from the personality and its vehicles and enter deeply into the presence of the soul. Feel yourself established as a soul within the field of light, love and spiritual power.
2. Merge yourself as a soul into a deep sense of the group soul.
3. Imaginatively unite in soul with the spiritually-minded people of the world and with the men and women of goodwill.
4. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no 'my soul and thy soul'. Deeply realize "Naught is but Me".
5. Open imaginatively to the higher worlds of wisdom (the spiritual triad) and "act-as-if" it is possible for you to receive impression from these worlds.
6. In the presence of this great Light of the spiritual triad, attempt to 'feel' the presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
7. In the presence of this great Light of the spiritual triad, attempt to 'feel' the Presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
8. Inwardly and with heart-felt gratitude, offer your salutations to the Masters, the Head of the Hierarchy, the Christ, and especially to the Buddha.
 - a. OM—Salutations to the Buddha—the Lord of Light and Wisdom—OM
 - b. OM—Salutations to the Christ, the Master of all Masters
 - c. OM—Salutations to the Triangle of Masters with Whom we work most closely:
 - i. OM—Salutations to Master Morya
 - ii. OM—Salutations to Master Koot-Hoomi
 - iii. OM—Salutations to Master Djwhal Khul
 - d. OM—Salutations to your own Master as you conceive Him to be
 - e. OM—Salutations to the Spiritual Hierarchy of our Planet—OM
9. *Imaginatively* raise your thought to Shamballa, the "Center Where the Will of God is Known", and, with deepest reverence and in all humility, attempt, *identified as the group soul*, to attune with the all-pervading Presence of Sanat Kumara standing at the center of Shamballa. Sound a long, silent OM as you *imagine* the group imbued with His Energy.
10. Realize that Shamballa is the Planetary Center through which the energies of the constellations and the planets initially enter according to the Law of Assembly (especially at Full Moon opportunities) to be distributed to all sentient beings upon the Earth.

11. (If performing this meditation within the period slightly before the Full Moon, follow Master DK's instructions and enter the disc of indigo blue via the shortening band of golden light, and attempt for as long as you wish, and as if united in consciousness with the group, to "enter into [His] consciousness".)
12. (Then, as *if* still within the sphere is His consciousness, continue the energy-specific meditation until its end, noting the special modifications in meditation—*point 24*--to be undertaken at on the day or night of the Wesak Full Moon.)
13. Imaginatively raise your consciousness towards the two planetary rulers of the constellation Taurus—Venus (the exoteric ruler) conveying the light and love of the soul and Vulcan (both the esoteric and hierarchical ruler) conveying both the will of the soul, and hierarchically, the greater spiritual will of the atmic plane. (Plan your meditation so you can take the necessary time to receive impression along the various planetary streams.)
14. Ponder on the power of Venus in relation to Taurus—Venus conveying the beautiful light of the soul (the light of the Solar Angel), illuminating the consciousness with Love-Wisdom and stimulating higher manas so that it may be sensitive to buddhi.
 - a. In silence, open your consciousness imaginatively to impressions borne upon the Venusian stream of energy. (You may visualize the astrological glyph of Venus in the *esoteric* color of the fifth ray, indigo blue. Realize that indigo blue is also a major color of the second ray.)
 - b. Attempt to realize the areas in which you and your group(s) are most in need of the Venusian qualities and then, visualizing yourselves imbued with the divine qualities of Venus, transmit those qualities to your group(s).
15. Ponder, then, on the power of Vulcan, conveying the power of the soul to "grip" the personality and bend that personality to its will; and, hierarchically, the adamantine spiritual will of atma—the highest aspect of the spiritual triad—which persists in the quest for the "Greatest Light" despite all obstacles to Enlightenment.
 - a. In silence, open your consciousness imaginatively to impressions borne upon the Vulcanian stream of energy. (You may visualize the astrological glyph of Vulcan, the downward-pointing arrow, in the color red-orange.)
 - b. Attempt to realize the areas in which you and your group(s) are most in need of the Vulcanian qualities and then, visualizing yourselves imbued with the divine qualities of Vulcan, transmit those qualities to your group(s).
16. Raise your imaginative group consciousness to the Solar Logos expressing through our Sun and the solar system. Attempt to 'feel' that the great second ray of the Solar Logos (the "God of Love-Wisdom") is pouring through all planets, Shamballa, and every Monad, soul and personality on planet Earth.

17. Focus your imagination on the constellation Taurus radiating the “*The penetrating Light of the Path*”. This is a beam of light, streaming forth from the point in Aries, and revealing the area of light control.” (EA 329)

18. Open yourself to ‘feel’ the energy-quality of Taurus, attempting to realize its profound relationship to the Fourth Ray of “Harmony through Conflict”, and via Venus and Vulcan to the fifth and first rays respectively.

19. Attempt to realize the connection of the Taurus energy to the “Forces of Enlightenment” which will bring about the eventual *revelation* of the Purpose and Plan of our Planetary Logos and the illumination of the human consciousness.

20. Ponder deeply on the Mantram for Taurus: “I see, and when the eye is opened, all is illumined.” and attempt to grasp its esoteric meaning and significance.

21. Skip to point 25 if performing this meditation either on the days before or days following the Taurus Full Moon.

22. Use the following procedure on the day or night of the Full Moon as the time of the Wesak Full Moon approaches:

- a. Realize that at this time of Wesak, They, the Great Ones, are concentrating their energies in invocation towards Shamballa.
- b. Preserving your attunement to the higher worlds, imaginatively see the Masters in subtle form within the Wesak Valley on the great rock which serves as a platform for the invocation of the Buddha.
- c. Dwell as a group silently on the periphery of the grouping of Masters yet within Their presence as they prepare for the moment of the Buddha’s appearance.
- d. When the group has imaginatively absorbed all available planetary and constellational energies imagine with great reverence the appearance of the Great Lord Maitreya within the midst of the assembled Masters. The group continues to imagine itself upon the periphery of this august body of Adepts.
- e. Attempt to feel the Love of the Christ as He prepares to invoke His great Brother, the Buddha. Let us feel ourselves as a group imbued with this Love. Let it pour through our heart and soul.
- f. In all reverence, and as the exact time of the Taurus Full Moon approaches, let us feel ourselves as a group merging in identification with the Christ and His Hierarchy as They prepare for the yearly vibrational descent of the Buddha.
- g. As the sacred moment arrives maintain an *utter group silence* which absorbs as fully as possible the influence of the Buddha as, during the eight minutes of His presence, He transmits Shamballic Energy to the Christ and the Hierarchy, blessing the world. *Remain in utter receptive stillness throughout the eight minutes.*
- h. *Silent reception.*

- i. Following the eight minute Blessing, and as the image and energy of the Buddha recede, let us imagine, as a group, that we are filled with the Buddha's energy as transmitted by the Christ and the Hierarchy.
- j. We are as an overflowing chalice, prepared to share this energy with anyone we may serve, and, in consecrated thought, with all humanity.
- k. As a group, we spend some moments imbued with this energy in a attitude of blessing to the world, imagining the energy-gift of the Buddha pouring forth through us, to all humanity and especially to those in need.
- l. We imagine the illumination of humanity under the reception of this great energy. The light content within all human beings is greatly increased, and there is a definite movement towards the Wisdom emanating from the Lord of Light.
- m. We imagine the Forces of Enlightenment pouring into the planetary whole, uplifting it and enlightening it.
- n. We imagine the sacred lighted sphere which Earth will one day become.
- o. Resolved to hold and distribute throughout the coming year the energy which has come to us at this highest point of the Higher Interlude of the spiritual year, together we intone the Great Invocation, seeing the Blessing of the Buddha pour forth over all the worlds.
- p. OM OM OM

23. [Continuing from point 22. Use the following procedure on the days preceding or following the Taurus Full Moon] Open yourselves imaginatively and SILENTLY to the following downflows of energy:

- a. From the constellation Taurus
- b. Through the Solar Logos at the Center of the Solar System.
- c. Through the planets Venus and Vulcan.
- d. Into Shamballa and, thus, through your Monad and all associated Monads.
- e. Into the Hierarchy, through the Great Lord, the Christ, and into and through the Ashram with which you believe yourself to be increasingly associated and, thus, through your soul and the group soul or your co-workers
- f. And into your spiritualized personality and all associated spiritualized personalities.

24. Now, preserving your high alignments visualize or think of the world situation and the ways in which the energies of Taurus stimulating the Forces of Enlightenment can be applied for the upliftment and redemption of humanity and the planet (in accordance with the Divine Plan).

25. Visualize the energies of Taurus *rightly applied* solving at least one important problem of humanity or problem of the planet.

26. Imbued with the energies bestowed upon you and the group at this period of the Taurus Full Moon, with hands up-raised, send your blessings into Humanity (and its consciousness) so that it may *rise* to its new spiritual potentials as promised by the Divine Plan.

27. Preserving your high alignments by reaffirming them in the imagination, quietly and rhythmically sound the Great Invocation (*as if in unison* with the Christ, the Masters of the Wisdom and the members of your group[s]), pausing contemplatively between the verses.

28. Close with the sounding of the Sacred Word, OM, three times, spreading Light, Love and Power to all Humanity, all Kingdoms of Nature and the Planet.

29. OM OM OM

Preparatory Meditation I For the Christ's Festival at the Gemini Full Moon

A Day of Renunciation and Detachment

Generic Keynote for the First Day of Preparation: Confidence

Specific Gemini Keynote: Love

Spiritual Approach and Engagement with the Available Energies

1. Withdraw your consciousness from the personality and its vehicles and enter deeply into the presence of the soul. Feel yourself established as a soul within the field of light, love and spiritual power.
2. Merge yourself as a soul into a deep sense of the group soul.
3. Imaginatively unite in soul with the spiritually-minded people of the world and with the men and women of goodwill.
4. Visualize the group soul merging into the One Soul of Humanity. Realize that that there is no „my soul and thy soul“. Deeply realize “Naught is but Me”.
5. Imagine a potent point of tension fed by the will aspect of the soul (according to its ray, cf. EA 605) gathered at the mental unit and forming the foundation of the antahkarana.
6. Imaginatively visualize your dual-colored individual antahkarana or “Rainbow Bridge”, connecting your lower mind (centered in the mental unit) with the manasic permanent atom and subsequently with the buddhic and atmic permanent atoms of the spiritual triad. Use the color indigo especially, if you do not know your soul and personality rays. Otherwise use the colors of you soul and personality rays with the soul-ray color more prominent:
 - a. First Ray—Red
 - b. Second Ray—Indigo Blue
 - c. Third Ray—Green
 - d. Fourth Ray—Yellow
 - e. Fifth Ray—Orange
 - f. Sixth Ray—Silvery Rose or Light Blue
 - g. Seventh Ray—Violet
7. Imagine your individual antahkarana merging with the *group* antahkarana (which is colored with *all* the seven colors, but primarily the deep indigo-blue of the second ray) *both* reaching into the realms of the spiritual triad. (Your individual antahkarana and ray qualities and the individual antahkaranas of all group members with their ray qualities are visualized as part of the *group* antahkarana.) Attempt to *deeply feel* this connection.
8. Inwardly, and in continued identification with the group soul, affirm the great Word of Power—“I see the greatest Light” as you imaginatively project a line of vivid, living, white light into triadal realms along/across the individual and group antahkaranas from an established point of individual and group tension on the mental plane.

9. In the presence of this great Light of the spiritual triad, attempt to „feel“ the Presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.

10. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ.

- a. OM—Salutations to the Buddha—the Lord of Light and Wisdom
- b. OM—Salutations to the Christ, the Master of all Masters
- c. OM—Salutations to the Triangle of Masters with Whom we work most closely:
 - i. OM—Master Morya
 - ii. OM—Master Koot-Hoomi
 - iii. OM—Master Djwhal Khul
- d. OM—Salutations to the Spiritual Hierarchy of our Planet—OM

11. *Imaginatively* raise your thought to Shamballa, the “Center Where the Will of God is Known”, and, with deepest reverence and in all humility, attempt, *identified as the group soul*, to attune with the Presence of Sanat Kumara standing at the center of Shamballa. Sound a long, silent OM as you imagine the group imbued with His Energy.

12. Realize that Shamballa is the Planetary Center through which the energies of the constellations and the planets initially enter according to the Law of Assembly (especially at Full Moon opportunities) to be distributed to all sentient beings upon the Earth.

13. Align briefly with the spiritual qualities emanating from the three planetary rulers of the sign Gemini—Mercury (the exoteric ruler conveying revealing the nature of the pairs of opposites); Venus (the esoteric ruler uniting the pairs of opposites); the Earth (the hierarchical ruler—the field of service). (This section of the meditation will be expanded on the three days following the FMN.)

14. Raise your imaginative group consciousness to the Solar Logos expressing through our Sun and the solar system. Attempt to „feel“ that the great second ray of the Solar Logos (the “God of Love-Wisdom”) is pouring through all planets, Shamballa, and every Monad, soul and personality on planet Earth.

15. Focus your imagination on the constellation Gemini radiating the “*The Light of Interplay*”. This is a line of light beams, revealing that which opposes or the basic duality of manifestation, the relationship of spirit and of form. It is the conscious light of that relationship.” (EA 329)

16. Open yourself to „feel“ the energy-quality of Gemini, attempting to realize its profound relationship to the Second Ray of “Love-Wisdom” and (via Mercury, Venus and the Earth) to the fourth, fifth and third (and second) rays respectively.

17. Attempt to realize the connection of the Gemini energy to the “Forces of Reconstruction” making possible the rebuilding of human civilization and the planet (according to the Plan indicated by the Forces of Restoration—the entire process pursued in an illumined manner within the light shed by the Forces of Enlightenment).

18. Ponder deeply on the Mantram for Gemini: “I recognize my other self and in the waning of that self, I grow and glow” and attempt to grasp its esoteric meaning and significance.

The Christ and the Buddha

19. Focus your meditative attention on the Christ and the Buddha, realizing Their Brotherhood, as they represent the West and the East and the *spiritual union* of these two hemispheres.

20. Attempt to realize the manner in which they stand for the constellation Gemini—the Brothers in the Light.

21. Prepare for the day of the Full Moon itself (when the Christ preaches the Last Sermon of the Buddha before the assembled Hierarchy and the hearts and minds of all human beings), by pondering on the following words from the Last Sermon of the Buddha: “Herein, O Ananda, let a brother, as he dwells in the body, so regard the body that he, being strenuous, thoughtful and mindful may, whilst in the world, overcome the grief which arises from the body's cravings”. Affirm in yourself the fact that you can be strenuous, thoughtful and mindful in the overcoming of the grief which arises from the body’s cravings, and resolve to be so.

22. With profound gratitude to the Buddha for all He has done to illumine humanity, we now refocus our attention on the Christ.

23. With the utmost heartfelt attentiveness of which we are capable, we listen inwardly, imagining that we hear the Christ sounding the Great Invocation. We allow a period for the silent absorption of His imagined sounding. (On each of the three days of preparation prior to the Full Moon, the Christ is said to speak the Great Invocation alone.)

24. Again, listening inwardly with great care, we imagine the Christ *and* the entire Hierarchy intoning the *First Stanza* of the Great Invocation: From the point of Light within the Mind of God Let light stream forth into the minds of men. Let Light descend on Earth. We contemplate the deep *significance* of these words

25. We imagine the illumination of Humanity and the planet. We see an enlightened human race and our planet as a great Station of Light.

26 On each of the three days before the day of the Gemini Full Moon, Christ and His Hierarchy are said to emphasize a distinct Keynote.

27. In imagined concert with the Christ and the Spiritual Hierarchy we contemplate the *first* Keynote described by Master DK as follows: “**The keynote of Love** in its hierarchical sense—free from sentiment, emotion and personal emphasis—a love that sacrifices and understands, that acts with strength and decision, and that works on behalf of the whole and not in the interests of any group or individual.”

28. We envision this type of Love growing in ourselves and in all human beings. We imagine how we may apply this type of hierarchical Love.

29. We affirm our solidarity with the Buddha, the Christ and the Assembled Hierarchy. We seek to identify with Them and to merge our purpose with Their Purpose.

30. We imaginatively merge with Them and bless the world in silence.

31. We pause for a moment of appreciation of the illumined, loving energies of the constellation Gemini, and feel ourselves imbued with these energies which are growing in strength as the Full Moon approaches.

32. As if in union with the Christ, the Hierarchy and all disciples in the world, we sound together the First Stanza of the Great Invocation, sensing the redemptive union of Light and Love.

33. From the point of Light within the Mind of God Let light stream forth into the minds of men.

Let Light descend on Earth

OM

Preparatory Meditation II For the Christ's Festival at the Gemini Full Moon

A Day of Renunciation and Detachment

Generic Keynote for the Second Day of Preparation: Aspiration

Specific Gemini Keynote: Resurrection

Spiritual Approach and Engagement with the Available Energies

1. Withdraw your consciousness from the personality and its vehicles and enter deeply into the presence of the soul. Feel yourself established as a soul within the field of light, love and spiritual power.
2. Merge yourself as a soul into a deep sense of the group soul.
3. Imaginatively unite in soul with the spiritually-minded people of the world and with the men and women of goodwill.
4. Visualize the group soul merging into the One Soul of Humanity. Realize that that there is no „my soul and thy soul“. Deeply realize “Naught is but Me”.
5. Imagine a potent point of tension fed by the will aspect of the soul (according to its ray, cf. EA 605) gathered at the mental unit and forming the foundation of the antahkarana.
6. Imaginatively visualize your dual-colored individual antahkarana or “Rainbow Bridge”, connecting your lower mind (centered in the mental unit) with the manasic permanent atom and subsequently with the buddhic and atmic permanent atoms of the spiritual triad. Use the color indigo especially, if you do not know your soul and personality rays. Otherwise use the colors of you soul and personality rays with the soul-ray color more prominent:
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7. Imagine your individual antahkarana merging with the *group* antahkarana (which is colored with *all* the seven colors, but primarily the deep indigo-blue of the second ray) *both* reaching into the realms of the spiritual triad. (Your individual antahkarana and ray qualities and the individual antahkaranas of all group members with their ray qualities are visualized as part of the *group* antahkarana.) Attempt to *deeply feel* this connection.
8. Inwardly, and in continued identification with the group soul, affirm the great Word of Power—“I see the greatest Light” as you imaginatively project a line of vivid, living, white light into triadal realms along/across the individual and group antahkaranas from an established point of individual and group tension on the mental plane.

9. In the presence of this great Light of the spiritual triad, attempt to „feel“ the Presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.

10. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ.

- a. OM—Salutations to the Buddha—the Lord of Light and Wisdom
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 - iii. OM—Master Djwhal Khul
- d. OM—Salutations to the Spiritual Hierarchy of our Planet—OM

11. *Imaginatively* raise your thought to Shamballa, the “Center Where the Will of God is Known”, and, with deepest reverence and in all humility, attempt, *identified as the group soul*, to attune with the Presence of Sanat Kumara standing at the center of Shamballa. Sound a long, silent OM as you imagine the group imbued with His Energy.

12. Realize that Shamballa is the Planetary Center through which the energies of the constellations and the planets initially enter according to the Law of Assembly (especially at Full Moon opportunities) to be distributed to all sentient beings upon the Earth.

13. Align briefly with the spiritual qualities emanating from the three planetary rulers of the sign Gemini—Mercury (the exoteric ruler conveying revealing the nature of the pairs of opposites); Venus (the esoteric ruler uniting the pairs of opposites); the Earth (the hierarchical ruler—the field of service). (This section of the meditation will be expanded on the three days following the FMN.)

14. Raise your imaginative group consciousness to the Solar Logos expressing through our Sun and the solar system. Attempt to „feel“ that the great second ray of the Solar Logos (the “God of Love-Wisdom”) is pouring through all planets, Shamballa, and every Monad, soul and personality on planet Earth.

15. Focus your imagination on the constellation Gemini radiating the “*The Light of Interplay*”. This is a line of light beams, revealing that which opposes or the basic duality of manifestation, the relationship of spirit and of form. It is the conscious light of that relationship.” (EA 329)

16. Open yourself to „feel“ the energy-quality of Gemini, attempting to realize its profound relationship to the Second Ray of “Love-Wisdom” and (via Mercury, Venus and the Earth) to the fourth, fifth and third (and second) rays respectively.

17. Attempt to realize the connection of the Gemini energy to the “Forces of Reconstruction” making possible the rebuilding of human civilization and the planet (according to the Plan indicated by the Forces of Restoration—the entire process pursued in an illumined manner within the light shed by the Forces of Enlightenment).

18. Ponder deeply on the Mantram for Gemini: “I recognize my other self and in the waning of that self, I grow and glow” and attempt to grasp its esoteric meaning and significance.

The Christ and the Buddha

19. Focus your meditative attention on the Christ and the Buddha, realizing Their Brotherhood, as they represent the West and the East and the *spiritual union* of these two hemispheres.

20. Attempt to realize the manner in which they stand for the constellation Gemini—the Brothers in the Light.

21. Prepare for the day of the Full Moon itself (when the Christ preaches the Last Sermon of the Buddha before the assembled Hierarchy and the hearts and minds of all human beings), by pondering on the following words from the Last Sermon of the Buddha: “While subject to sensations let him continue so to regard the sensations that he, being strenuous, thoughtful, and mindful, may, whilst in the world, overcome the grief which arises from the sensations.”. Affirm in yourself the fact that you can be strenuous, thoughtful and mindful in the overcoming of the grief which arises from sensations, and resolve to be so.

22. With profound gratitude to the Buddha for all He has done to illumine humanity, we refocus our attention on the Christ.

23. With the utmost heartfelt attentiveness of which we are capable, we listen inwardly, imagining that we hear the Christ sounding the Great Invocation. We allow a period for the silent absorption of His imagined sounding. (On each of the three days of preparation prior to the Full Moon, the Christ is said to speak the Great Invocation alone.)

24. Again, listening inwardly with great care, we imagine the Christ *and* the entire Hierarchy intoning the *Second* Stanza of the Great Invocation:

From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.

We contemplate the deep *significance* of these words

25. We imagine the Love of God pervading Humanity and the planet. We see a human race characterized by Right Human Relations and our planet expressing its great Second Ray Soul.

26. On each of the three days before the day of the Gemini Full Moon, Christ and His Hierarchy are said to emphasize a distinct Keynote.

27. In imagined concert with the Christ and the Spiritual Hierarchy we contemplate the *second* Keynote described by Master DK as follows:

“The keynote of Resurrection, emphasising the new note of livingness, of the living Christ and of that “life more abundantly” which [wars, privation and suffering] have made possible by forcing a return to the real values”

28. We envision the spirit of resurrection and a response to the “life more abundantly” growing in ourselves and in all human beings. We imagine how we may express this new note of livingness.

29. We affirm our solidarity with the Buddha, the Christ and the Assembled Hierarchy. We seek to identify with Them and to merge our purpose with Their Purpose.

30. We imaginatively merge with Them and bless the world in silence.

31. We pause for a moment of appreciation of the illumined, loving energies of the constellation Gemini, and feel ourselves imbued with these energies which are growing in strength as the Full Moon approaches.

32. As if in union with the Christ, the Hierarchy and all disciples in the world, we sound together the Second Stanza of the Great Invocation, sensing the manner in which hierarchical Love leads to “life more abundantly” and the resurrection of the Spirit

33. From the point of Love within the Heart of God Let love stream forth into the hearts of men. May Christ return to Earth. OM

Preparatory Meditation III For the Christ's Festival at the Gemini Full Moon

A Day of Renunciation and Detachment

Generic Keynote for the Third Day of Preparation: Dedication

Specific Gemini Keynote: Contact

Spiritual Approach and Engagement with the Available Energies

1. Withdraw your consciousness from the personality and its vehicles and enter deeply into the presence of the soul. Feel yourself established as a soul within the field of light, love and spiritual power.
2. Merge yourself as a soul into a deep sense of the group soul.
3. Imaginatively unite in soul with the spiritually-minded people of the world and with the men and women of goodwill.
4. Visualize the group soul merging into the One Soul of Humanity. Realize that that there is no „my soul and thy soul“. Deeply realize “Naught is but Me”.
5. Imagine a potent point of tension fed by the will aspect of the soul (according to its ray, cf. EA 605) gathered at the mental unit and forming the foundation of the antahkarana.
6. Imaginatively visualize your dual-colored individual antahkarana or “Rainbow Bridge”, connecting your lower mind (centered in the mental unit) with the manasic permanent atom and subsequently with the buddhic and atmic permanent atoms of the spiritual triad. Use the color indigo especially, if you do not know your soul and personality rays. Otherwise use the colors of you soul and personality rays with the soul-ray color more prominent:
 - a. First Ray—Red
 - b. Second Ray—Indigo Blue
 - c. Third Ray—Green
 - d. Fourth Ray—Yellow
 - e. Fifth Ray—Orange
 - f. Sixth Ray—Silvery Rose or Light Blue
 - g. Seventh Ray—Violet
7. Imagine your individual antahkarana merging with the *group* antahkarana (which is colored with *all* the seven colors, but primarily the deep indigo-blue of the second ray) *both* reaching into the realms of the spiritual triad. (Your individual antahkarana and ray qualities and the individual antahkaranas of all group members with their ray qualities are visualized as part of the *group* antahkarana.) Attempt to *deeply feel* this connection.
8. Inwardly, and in continued identification with the group soul, affirm the great Word of Power—“I see the greatest Light” as you imaginatively project a line of vivid, living, white light into triadal realms along/across the individual and group antahkaranas from an established point of individual and group tension on the mental plane.

9. In the presence of this great Light of the spiritual triad, attempt to „feel“ the Presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.

10. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ.

- a. OM—Salutations to the Buddha—the Lord of Light and Wisdom
- b. OM—Salutations to the Christ, the Master of all Masters
- c. OM—Salutations to the Triangle of Masters with Whom we work most closely:
 - i. OM—Master Morya
 - ii. OM—Master Koot-Hoomi
 - iii. OM—Master Djwhal Khul
- d. OM—Salutations to the Spiritual Hierarchy of our Planet—OM

11. *Imaginatively* raise your thought to Shamballa, the “Center Where the Will of God is Known”, and, with deepest reverence and in all humility, attempt, *identified as the group soul*, to attune with the Presence of Sanat Kumara standing at the center of Shamballa. Sound a long, silent OM as you imagine the group imbued with His Energy.

12. Realize that Shamballa is the Planetary Center through which the energies of the constellations and the planets initially enter according to the Law of Assembly (especially at Full Moon opportunities) to be distributed to all sentient beings upon the Earth.

13. Align briefly with the spiritual qualities emanating from the three planetary rulers of the sign Gemini—Mercury (the exoteric ruler conveying revealing the nature of the pairs of opposites); Venus (the esoteric ruler uniting the pairs of opposites); the Earth (the hierarchical ruler—the field of service). (This section of the meditation will be expanded on the three days following the FMN.)

14. Raise your imaginative group consciousness to the Solar Logos expressing through our Sun and the solar system. Attempt to „feel“ that the great second ray of the Solar Logos (the “God of Love-Wisdom”) is pouring through all planets, Shamballa, and every Monad, soul and personality on planet Earth.

15. Focus your imagination on the constellation Gemini radiating the “*The Light of Interplay*”. This is a line of light beams, revealing that which opposes or the basic duality of manifestation, the relationship of spirit and of form. It is the conscious light of that relationship.” (EA 329)

16. Open yourself to „feel“ the energy-quality of Gemini, attempting to realize its profound relationship to the Second Ray of “Love-Wisdom” and (via Mercury, Venus and the Earth) to the fourth, fifth and third (and second) rays respectively.

17. Attempt to realize the connection of the Gemini energy to the “Forces of Reconstruction” making possible the rebuilding of human civilization and the planet (according to the Plan indicated by the Forces of Restoration—the entire process pursued in an illumined manner within the light shed by the Forces of Enlightenment).

18. Ponder deeply on the Mantram for Gemini: “I recognize my other self and in the waning of that self, I grow and glow” and attempt to grasp its esoteric meaning and significance.

The Christ and the Buddha

19. Focus your meditative attention on the Christ and the Buddha, realizing Their Brotherhood, as they represent the West and the East and the *spiritual union* of these two hemispheres.

20. Attempt to realize the manner in which they stand for the constellation Gemini—the Brothers in the Light.

21. Prepare for the day of the Full Moon itself (when the Christ preaches the Last Sermon of the Buddha before the assembled Hierarchy and before the hearts and minds of all human beings), by pondering on the following words from the Buddha’s Last Sermon:

“And so, also, when he thinks, or reasons, or feels, let him so regard his thought that, being strenuous, thoughtful and mindful, he may, whilst in the world, overcome the grief which arises from the craving due to ideas, or to reasoning, or to feeling.”.

Affirm in yourself the fact that you can be strenuous, thoughtful and mindful in the overcoming of the grief which arises from the craving due to ideas, or to reasoning or to feeling—and resolve to be so.

22. With profound gratitude to the Buddha for all He has done to illumine humanity, we refocus our attention on the Christ.

23. With the utmost heartfelt attentiveness of which we are capable, we listen inwardly, imagining that we hear the Christ sounding the Great Invocation. We allow a period for the silent absorption of His imagined sounding. (On each of the three days of preparation prior to the Full Moon, the Christ is said to speak the Great Invocation alone.)

24. Again, listening inwardly with great care, we imagine the Christ *and* the entire Hierarchy intoning the *Third* Stanza of the Great Invocation:

From the centre where the Will of God is known
Let purpose guide the little wills of men—
The purpose which the Masters know and serve.

We contemplate the deep *significance* of these words.

25. We imagine the Will of God pervading Humanity and the planet. We see a human race empowered by the Will-to-Good expressing as Goodwill, and our planet beginning to express its Monad of Will and Power which lies behind its great Second Ray Soul.

26. On each of the three days before the day of the Gemini Full Moon, Christ and His Hierarchy are said to emphasize a distinct Keynote.

27. In imagined concert with the Christ and the Spiritual Hierarchy we contemplate the *third* Keynote described by Master DK as follows:

The keynote of Contact, of a closer relation between Christ and His people, between the Hierarchy and Humanity.

28. We envision that we and all human beings will come into ever-closer relation with the Christ and His Hierarchy. We imagine what the *reality* of this *contact* will bring in terms of the expression of the Will-to-Good upon our planet.

29. We open ourselves to impression and attempt to *feel deeply* that this contact is already a *fact* on the planes of the soul and spiritual triad.

30. We affirm our solidarity with the Buddha, the Christ and the Assembled Hierarchy. We seek to identify with Them and to merge our purpose with Their Purpose.

31. We imaginatively merge with Them and bless the world in silence.

32. We pause for a moment of appreciation for the illumined, loving energies of the constellation Gemini, and feel ourselves imbued with these energies which are growing in strength as the Full Moon approaches.

33. As if in union with the Christ, the Hierarchy and all disciples in the world, we sound together the *Third* Stanza of the Great Invocation, sensing that it is the Will of God, that Shamballa, the Christ, Hierarchy and Humanity may come into true and real *contact*, and may thereby cooperate in the redemption of our planet.

34. From the centre where the Will of God is known Let purpose guide the little wills of men— The purpose which the Masters know and serve. OM

**Meditation for the Day of the Gemini Full Moon
Christ's Festival, the Asala, the Festival of Goodwill**
A Day of "Safe Guarding"

***"I recognise my other self and in the waning of that self
I grow and glow"***



Rose photograph courtesy of Kay Hannan

(Be sure to give this meditation plenty of time as entering its depths requires a sufficient duration).

Spiritual Approach and Engagement with the Available Energies

1. Withdraw your consciousness from the personality and its vehicles and enter deeply into the presence of the soul. Feel yourself established as a soul within the field of light, love and spiritual power.
2. Merge yourself as a soul into a deep sense of the group soul.
3. Imaginatively unite in soul with the spiritually-minded people of the world and with the men and women of goodwill.
4. Visualize the group soul merging into the One Soul of Humanity. Realize that that there is no „my soul and thy soul“. Deeply realize “Naught is but Me”.
5. Imagine a potent point of tension fed by the will aspect of the soul (according to its ray, cf. EA 605) gathered at the mental unit and forming the foundation of the antahkarana.

6. Imaginatively visualize your dual-colored individual antahkarana or “Rainbow Bridge”, connecting your lower mind (centered in the mental unit) with the manasic permanent atom and subsequently with the buddhic and atmic permanent atoms of the spiritual triad. Use the color indigo especially, if you do not know your soul and personality rays. Otherwise use the colors of you soul and personality rays with the soul-ray color more prominent:

- a. First Ray—Red
- b. Second Ray—Indigo Blue
- c. Third Ray—Green
- d. Fourth Ray—Yellow
- e. Fifth Ray—Orange
- f. Sixth Ray—Silvery Rose or Light Blue
- g. Seventh Ray—Violet

7. Imagine your individual antahkarana merging with the *group* antahkarana (which is colored with *all* the seven colors, but primarily the deep indigo-blue of the second ray) *both* reaching into the realms of the spiritual triad. (Your individual antahkarana and ray qualities and the individual antahkaranas of all group members with their ray qualities are visualized as part of the *group* antahkarana.) Attempt to *deeply feel* this connection.

8. Inwardly, and in continued identification with the group soul, affirm the great Word of Power—“I see the greatest Light” as you imaginatively project a line of vivid, living, white light into triadal realms along/across the individual and group antahkaranas from an established point of individual and group tension on the mental plane.

9. In the presence of this great Light of the spiritual triad, attempt to „feel” the Presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.

10. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ.

- a. OM—Salutations to the Buddha—the Lord of Light and Wisdom
- b. OM—Salutations to the Christ, the Master of all Masters
- c. OM—Salutations to the Triangle of Masters with Whom we work most closely:
 - i. OM—Master Morya
 - ii. OM—Master Koot-Hoomi
 - iii. OM—Master Djwhal Khul
- d. OM—Salutations to the Spiritual Hierarchy of our Planet—OM

11. *Imaginatively* raise your thought to Shamballa, the “Center Where the Will of God is Known”, and, with deepest reverence and in all humility, attempt, *identified as the group soul*, to attune with the Presence of Sanat Kumara standing at the center of Shamballa. Sound a long, silent OM as you imagine the group imbued with His Energy.

12. Realize that Shamballa is the Planetary Center through which the energies of the constellations and the planets initially enter according to the Law of Assembly (especially at Full Moon opportunities) to be distributed to all sentient beings upon the Earth.

13. (If performing this meditation within the period slightly before the exact moment of the Full Moon, follow Master DK's instructions and enter the disc of indigo blue via the shortening band of golden light, and attempt for as long as you wish, and as if united in consciousness with the group, to "enter into [His] consciousness".)

14. (Then, *as if* still within the sphere is His consciousness, continue the energy-specific meditation until its end, noting the special modifications in meditation to be undertaken at this Wesak time.)

15. Align briefly with the spiritual qualities emanating from the three planetary rulers of the sign Gemini—Mercury (the exoteric ruler conveying revealing the nature of the pairs of opposites); Venus (the esoteric ruler uniting the pairs of opposites); the Earth (the hierarchical ruler—the field of service). (This section of the meditation will be expanded on the three days following the FMN.)

16. Raise your imaginative group consciousness to the Solar Logos expressing through our Sun and the solar system. Attempt to „feel“ that the great second ray of the Solar Logos (the “God of Love-Wisdom”) is pouring through all planets, Shamballa, and every Monad, soul and personality on planet Earth.

17. Focus your imagination on the constellation Gemini radiating the “*The Light of Interplay*”. This is a line of light beams, revealing that which opposes or the basic duality of manifestation, the relationship of spirit and of form. It is the conscious light of that relationship.” (EA 329)

18. Open yourself to „feel“ the energy-quality of Gemini, attempting to realize its profound relationship to the Second Ray of “Love-Wisdom” and (via Mercury, Venus and the Earth) to the fourth, fifth and third (and second) rays respectively.

19. Attempt to realize the connection of the Gemini energy to the “Forces of Reconstruction” making possible the rebuilding of human civilization and the planet (according to the Plan indicated by the Forces of Restoration—the entire process pursued in an illumined manner within the light shed by the Forces of Enlightenment).

20. Ponder deeply on the Mantram for Gemini: “I recognize my other self and in the waning of that self, I grow and glow” and attempt to grasp its esoteric meaning and significance.

The Christ and the Buddha

21. Focus your meditative attention on the Christ and the Buddha, realizing Their Brotherhood, as they represent the West and the East and the *spiritual union* of these two hemispheres.

22. Attempt to realize the manner in which they stand for the constellation Gemini—the Brothers in the Light.

23. As this is the day of the Full Moon, with greater inner attentiveness we imagine that the Christ is, in fact, preaching the Last Sermon of the Buddha before the assembled Hierarchy and the hearts and minds of all human beings:

24. The major theme of the Buddha's Last Sermon is *Self-Reliance*. As we ponder the closing words of His Sermon, let us imagine the Christ communing with the Buddha and intoning His Brother's last words for the sake of all humanity.

(Let the readers or meditation leader read the words slowly pausing between the indicated breaks. Each of the sections may be read twice if sufficient time has been allowed for the meditation)

"Those who, either now or after I am dead, shall be a lamp unto themselves, relying upon themselves only and not relying upon any external help, but holding fast to the truth as their lamp, and seeking their salvation in the truth alone, shall not look for assistance to any one besides themselves,

it is they, Ananda, among my bhikshus, who shall reach the very topmost height But they must be anxious to learn.

'My age is now full ripe, my life draws to its close: I leave you, I depart, relying on myself alone!

Be earnest then, O brethren, holy, full of thought!
Be steadfast in resolve! Keep watch o'er your own hearts!

Who wearies not, but holds fast to his truth and law,
Shall cross this sea of life, shall make an end of grief.

When the light of gnosis has dispelled the darkness of ignorance, when all existences has been seen as without substance, peace ensues when life draws to an end, which seems to cure along sickness at last. Everything, whether stationary or movable, is bound to perish in the end.

Be ye therefore mindful and vigilant! The time for my entry in Nirvana has now arrived!

There are my last words!

25. In deep silence, enter into the spirit of the Buddha's Last Sermon. Take it deeply to heart.

26. With profound gratitude to the Buddha for all He has done to illumine humanity, we now refocus our attention on the Christ.

27. With the utmost heartfelt attentiveness of which we are capable, we listen inwardly, imagining that we hear the Christ **and** the assembled Hierarchy *sounding the entire Great Invocation **together***.

28. We allow a period for the silent absorption of this imagined sounding.

29. We imagine the Christ focussing all the spiritual aspiration of humanity in His Being, and, as the Leader of His people and “the Eldest in a great family of brothers”, in an Act of Love offering up that aspiration to the Buddha and Shamballa.

30. We imagine the full response of the Love of Shamballa (inspired by the Solar Logos) flowing into both Hierarchy and Humanity, creating a great planetary Triangle through which the energies of Divine Solar Love are circulating.

31. We extend our contemplative thought towards the luminous constellation Gemini, seeking to understand that Gemini is the Head of the Cosmic Christ, the Source of all that is transpiring on this Great Day—World Invocation Day.

32. We pause for a moment of deep appreciation for the illumined, loving energies of the constellation Gemini, seeing the pillars of Gemini in yellow before our inner eye, and feeling ourselves imbued with these energies uniting Spirit and Matter in the bonds of Divine Love, streaming through Mercury (the Messenger) and Venus (the Union of Heart and Mind) upon our planet Earth (the hierarchical ruler of Gemini).

The Full Moon Moment

33. As the Gemini Full Moon approaches enter a period of silence. The duration of the silence should be of your choosing but should last at least a few minutes.

34. (If performing this meditation during a time period including the exact moment of the Full Moon, then, utilising an accurately set watch or clock,) at the exact moment of the Full Moon sound a deep, silent, inner OM imaginatively opening yourself, your group(s) and humanity to the deepest possible impression from Gemini, then retain a profound silence.

35. Hold this silence for at least several minutes (the actual duration depending upon your own sense of timing or the sense of timing of the Meditation Leader if you are meditating with a group) as you and the imagined or actually present group become increasingly imbued with the energies of the constellation Gemini and the great planetary centers of distribution through which it flows.

36. Following the reception of the Geminian and planetary energies, we re-affirm our solidarity with the Christ and the Buddha (who, as the Brothers of the West and East, represent Gemini on Earth) and with the Assembled Hierarchy. We seek to identify with Them and to merge our purpose with Their Purpose.

37. We imaginatively merge with Them and bless the world in silence.

38. We realize that the Great Invocation is our strongest instrument for preparing the hearts and minds of all humanity for the Reappearance of the Great Teacher, the World Saviour.

39. We resolve to do all we can to distribute The Great Invocation widely, bringing it to the attention of all who may possibly benefit from its use.

40. As if in union with the Christ, the Hierarchy and all disciples in the world, we sound together the *entire Great Invocation*, sensing its power to draw humanity towards the Hierarchy of Light, Love and Power.

41. From the point of Light within the Mind of God,
Let light stream forth into the minds of men.
Let Light descend on Earth.

From the point of Love within the Heart of God,
Let love stream forth into the hearts of men.
May Christ return to Earth.

From the centre where the Will of God is known,
Let purpose guide the little wills of men—
The purpose which the Masters know and serve.

From the centre which we call the race of men,
Let the Plan of Love and Light work out
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth.

OM OM OM

Meditation for Days V, VI and VII
For the
Christ's Festival at the Gemini Full Moon
Three Days of Distribution

Generic Keynotes for the First, Second and Third Days of Distribution
Registration, Sense of Expectancy, Belief

1. Withdraw your consciousness from the personality and its vehicles and enter deeply into the presence of the soul. Feel yourself established as a soul within the field of light, love and spiritual power.
2. Merge yourself as a soul into a deep sense of the group soul.
3. Imaginatively unite in soul with the spiritually-minded people of the world and with the men and women of goodwill.
4. Visualize the group soul merging into the One Soul of Humanity. Realize that that there is no „my soul and thy soul“. Deeply realize “Naught is but Me”.
5. Imagine a potent point of tension fed by the will aspect of the soul (according to its ray, cf. EA 605) gathered at the mental unit and forming the foundation of the antahkarana.
6. Imaginatively visualize your dual-colored individual antahkarana or “Rainbow Bridge”, connecting your lower mind (centered in the mental unit) with the manasic permanent atom and subsequently with the buddhic and atmic permanent atoms of the spiritual triad. Use the color indigo especially, if you do not know your soul and personality rays. Otherwise use the colors of you soul and personality rays with the soul-ray color more prominent:
 - a. First Ray—Red
 - b. Second Ray—Indigo Blue
 - c. Third Ray—Green
 - d. Fourth Ray—Yellow
 - e. Fifth Ray—Orange
 - f. Sixth Ray—Silvery Rose or Light Blue
 - g. Seventh Ray—Violet
7. Imagine your individual antahkarana merging with the *group* antahkarana (which is colored with *all* the seven colors, but primarily the deep indigo-blue of the second ray) *both* reaching into the realms of the spiritual triad. (Your individual antahkarana and ray qualities and the individual antahkaranas of all group members with their ray qualities are visualized as part of the *group* antahkarana.) Attempt to *deeply feel* this connection.
8. Inwardly, and in continued identification with the group soul, affirm the great Word of Power—“I see the greatest Light” as you imaginatively project a line of vivid, living, white light into triadal realms along/across the individual and group antahkaranas from an established point of individual and group tension on the mental plane.
9. In the presence of this great Light of the spiritual triad, attempt to „feel“ the Presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.

10. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ.

- a. OM—Salutations to the Buddha—the Lord of Light and Wisdom
- b. OM—Salutations to the Christ, the Master of all Masters
- c. OM—Salutations to the Triangle of Masters with Whom we work most closely:
 - i. OM—Master Morya
 - ii. OM—Master Koot-Hoomi
 - iii. OM—Master Djwhal Khul
- d. OM—Salutations to the Spiritual Hierarchy of our Planet—OM

11. *Imaginatively* raise your thought to Shamballa, the “Center Where the Will of God is Known”, and, with deepest reverence and in all humility, attempt, *identified as the group soul*, to attune with the Presence of Sanat Kumara standing at the center of Shamballa. Sound a long, silent OM as you imagine the group imbued with His Energy.

12. Realize that Shamballa is the Planetary Center through which the energies of the constellations and the planets initially enter according to the Law of Assembly (especially at Full Moon opportunities) to be distributed to all sentient beings upon the Earth.

13. Align with the spiritual qualities emanating from the three planetary rulers of the sign Gemini—Mercury (the exoteric ruler conveying revealing the nature of the pairs of opposites); Venus (the esoteric ruler uniting the pairs of opposites); the Earth (the hierarchical ruler—the field of service). (Plan your meditation so you can take the necessary time to receive impression along the various planetary streams.)

14. Ponder on the power of Mercury in relation to Gemini, conveying the ability to recognize and relate all the many pairs of opposites until an articulated vision of unified wholeness is achieved.

- a. In silence, open your consciousness imaginatively to impressions borne upon the Mercurian stream of energy. (You may visualize the astrological glyph of Mercury in the esoteric color of the fourth ray, yellow, as you do so.)
- b. Attempt to realize the areas in which you and your group(s) are most in need of the Mercurian qualities and then, visualizing yourselves imbued with the divine qualities of Mercury, imaginatively transmit those qualities to your group(s).

15. Ponder, then, on the power of Venus, conveying the power to unite and fuse the “two Brothers”, soul and personality, until the transmutation, transformation and transfiguration that the Solar Angel intends to induce within the personality has been achieved.

- a. In silence, open your consciousness imaginatively to impressions borne upon the Venusian stream of energy. (You may visualize the astrological glyph of Venus in the esoteric color of the fifth ray, indigo, as you do so.)

b. Attempt to realize the areas in which you and your group(s) are most in need of the Venusian qualities and then, visualizing yourselves imbued with the divine qualities of Venus, imaginatively transmit those qualities to your group(s).

16. Ponder, then, on the power of the Earth, which stands in need of the angelic redemption which the energies of Gemini convey. Realize that graduates of “Earth-School” become adjudicators between the pairs of opposites which Gemini represents. Through “releasing sorrow” and “purifying pain” those who graduate from „Earth-School” achieve luminescence and its evolving human beings become “Living Stones”.

a. In silence, open your consciousness imaginatively to impressions emerging from the Earth’s major qualities. (You may visualize the astrological glyph of the Earth in the exoteric color of the third ray, green, and in the color of the second ray, indigo, as you do so.)

b. Attempt to realize the areas in which you and your group(s) are most in need of the qualities demonstrated by the Logos of our planet, the Earth, and visualizing yourselves imbued with these divine qualities imaginatively transmit such qualities to your group(s).

17. Raise your imaginative group consciousness to the Solar Logos expressing through our Sun and the solar system. Attempt to „feel” that the great second ray of the Solar Logos (the “God of Love-Wisdom”) is pouring through all planets, Shamballa, and every Monad, soul and personality on planet Earth.

18. Focus your imagination on the constellation Gemini radiating the “*The Light of Interplay*.” This is a line of light beams, revealing that which opposes or the basic duality of manifestation, the relationship of spirit and of form. It is the conscious light of that relationship.” (EA 329)

19. Open yourself to „feel” the energy-quality of Gemini, attempting to realize its profound relationship to the Second Ray of “Love-Wisdom” and (via Mercury, Venus and the Earth) to the fourth, fifth and third (and second) rays respectively.

20. Attempt to realize the connection of the Gemini energy to the “Forces of Reconstruction” making possible the rebuilding of human civilization and the planet (according to the Plan indicated by the Forces of Restoration—the entire process pursued in an illumined manner within the light shed by the Forces of Enlightenment).

21. Ponder deeply on the Mantram for Gemini: “I recognize my other self and in the waning of that self, I grow and glow” and attempt to grasp its esoteric meaning and significance.

22. Re-open yourselves imaginatively and silently to the following downflows of energy:

- a. From the constellation Gemini
- b. Through the Solar Logos at the Heart of the Solar System.
- c. Through the planets Mercury, Venus and the Earth.
- d. Into Shamballa and thus through your Monad and all associated Monads

e. Into the Hierarchy, through the Great Lord, the Christ, and into and through the Ashram with which you believe yourself to be increasingly associated, and thus through your soul and the group soul or your co-workers

f. And into your spiritualized personality and all associated spiritualized personalities.

23. Now, preserving your high alignments (including that of the antahkarana) visualize or think of the world situation and the ways in which the energies of Gemini can be applied for the upliftment and redemption of humanity and the planet (in accordance with the Divine Plan).

24. Visualize the energies of Gemini *rightly applied* solving at least one important problem of humanity or problem of the planet.

25. Imbued with the several energies bestowed upon you and the group at this time of the Gemini Full Moon, with hands up raised, send your blessings into Humanity (and its consciousness) so that it may *rise* to its new spiritual potentials as promised by the Divine Plan.

26. Preserving your high alignments by reaffirming them in the imagination, quietly and rhythmically sound the Great Invocation (as if in unison with the Christ, the Masters of the Wisdom and the members of your group[s]), pausing contemplatively between the verses. Close with the sounding of the Sacred Word, OM, three times, spreading Light, Love and Power to all Humanity, all Kingdoms of Nature and the Planet.

27. OM OM OM

Group Instructions for the Cancer Full Moon Meditation
Cancer Solar Fire Meditation
Long Version

“I build a lighted house and therein dwell”



Rose photograph courtesy of Kay Hannan

Generic Keynotes for Seven Day Period

[Days of **Preparation**—Detachment and Renunciation] Confidence, Aspiration,
Dedication

[Day of **Safeguarding**—Receiving, Holding]

[Days of **Distribution**—Registration, Sense of Expectancy, Belief]

1. Withdraw your consciousness from the personality and its vehicles and enter deeply into the presence of the soul. Feel yourself established as a soul within the field of light, love and spiritual power.
2. Merge yourself as a soul into a deep sense of the group soul.

3. Imaginatively unite in soul with the spiritually-minded people of the world and with the men and women of goodwill.
4. Visualize the group soul merging into the One Soul of Humanity. Realize that that there is no „my soul and thy soul“. Deeply realize “Naught is but Me”.
5. Imagine a potent point of tension fed by the will aspect of the soul (according to its ray, cf. EA 605) gathered at the mental unit and forming the foundation of the antahkarana.
6. Imaginatively visualize your dual-colored individual antahkarana or “Rainbow Bridge”, connecting your lower mind (centered in the mental unit) with the manasic permanent atom and subsequently with the buddhic and atmic permanent atoms of the spiritual triad.
Use the color indigo especially, if you do not know your soul and personality rays. Otherwise use the colors of you soul and personality rays with the soul-ray color more prominent:
 - a. First Ray—Red
 - b. Second Ray—Indigo Blue
 - c. Third Ray—Green
 - d. Fourth Ray—Yellow
 - e. Fifth Ray—Orange
 - f. Sixth Ray—Silvery Rose or Light Blue
 - g. Seventh Ray—Violet
7. Imagine your individual antahkarana merging with the *group* antahkarana (which is colored with *all* the seven colors, but primarily the deep indigo-blue of the second ray) *both* reaching into the realms of the spiritual triad. (Your individual antahkarana and ray qualities and the individual antahkaranas of all group members with their ray qualities are visualized as part of the *group* antahkarana.) Attempt to *deeply feel* this connection.
8. Inwardly, and in continued identification with the group soul, affirm the great Word of Power—“I see the greatest Light” as you imaginatively project a line of vivid, living, blue-white light into triadal realms along/across the individual and group antahkaranas from an established point of individual and group tension on the mental plane.
9. In the presence of this great Light of the spiritual triad, attempt to „feel“ the Presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
10. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ.
 - a. OM—Salutations to the Christ, the Master of all Masters
 - b. OM—Salutations to the Triangle of Masters with Whom we work most closely:
 - i. OM—Salutations to Master Morya
 - ii. OM—Salutations to Master Koot-Hoomiiii.
 - iii. OM—Salutations to Master Djwhal Khul
 - c. OM—Salutations to your own Master as you conceive Him to be
 - d. OM—Salutations to the Spiritual Hierarchy of our Planet—OM
11. *Imaginatively* raise your thought to Shamballa, the “Center Where the Will of God is Known”, and, with deepest reverence and in all humility, attempt, *identified*

as the group soul, to attune with the Presence of Sanat Kumara standing at the center of Shamballa.

12. Sound a long, silent OM as you imagine the group imbued with His Energy.
13. Realize that Shamballa is the Planetary Center through which the energies of the constellations and the planets initially enter according to the Law of Assembly (especially at Full Moon opportunities) to be distributed to all sentient beings upon the Earth.
14. (If performing this meditation within the period slightly before the Full Moon, follow Master DK's instructions and enter the disc of indigo blue via the shortening band of golden light, and attempt for as long as you wish to "enter into [His] consciousness".)
15. (Then, *as if* still within the sphere is His consciousness, continue the energy-specific meditation until its end)
16. Align with the spiritual qualities emanating from the two planetary rulers of the sign Cancer—the Moon (the exoteric ruler, veiling Vulcan, Neptune or Uranus and representing the "prison of the soul" and the present conditioning of the three lunar lords); Neptune (the esoteric ruler opening the emotional nature to the influences of love and compassion); Neptune (the hierarchical ruler—imbuing the consciousness with buddhi— intuition, the power of identification and the realization of oneness). (Plan your meditation so you can take the necessary time to receive impression along the various planetary streams.)
17. Ponder on the power of the Moon, "the Mother of the Form", in relation to Cancer (really the power of Vulcan, Neptune and Uranus), conveying the ability to build the form (the three personality vehicles—physical-etheric body, astral body and mental body) in such a way that they may prove fit to receive, contain and radiate the Light and Love of the Soul. (Vulcan builds the physical-etheric body; Neptune builds the astral body; Uranus builds the mental body.)
 - a. In silence, open your consciousness imaginatively to impressions borne upon what is apparently the „Lunar“ stream of energy, realizing that these impressions really come from a combination of Vulcanian, Neptunian and Uranian energies. (You may visualize the astrological glyph of Moon in the esoteric color of the fourth ray, yellow, as you do so. Vulcan as the downward pointing arrow may be visualized in red-orange; Neptune, the Trident, in the color rose; Uranus in the color violet)
 - b. Attempt to realize the areas in which you and your group(s) are most in need of the Vulcanian, Neptunian and Uranian qualities to bring your lunar vehicles into the right condition and then, visualizing yourselves imbued with these divine qualities, imaginatively transmit those qualities to your group(s).
18. Ponder, then, on the power of Neptune in relation to Cancer, conveying the power to refine, sensitize and calm the astral body rendering it receptive to the love and compassion of the buddhic plane.
 - a. In silence, open your consciousness imaginatively to impressions borne upon the Neptunian stream of energy. (You may visualize the astrological glyph of Neptune in the color rose or the color blue if you choose.)
 - b. Attempt to realize the areas in which you and your group(s) are most in need of the Neptunian qualities and then, visualizing yourselves imbued with the divine

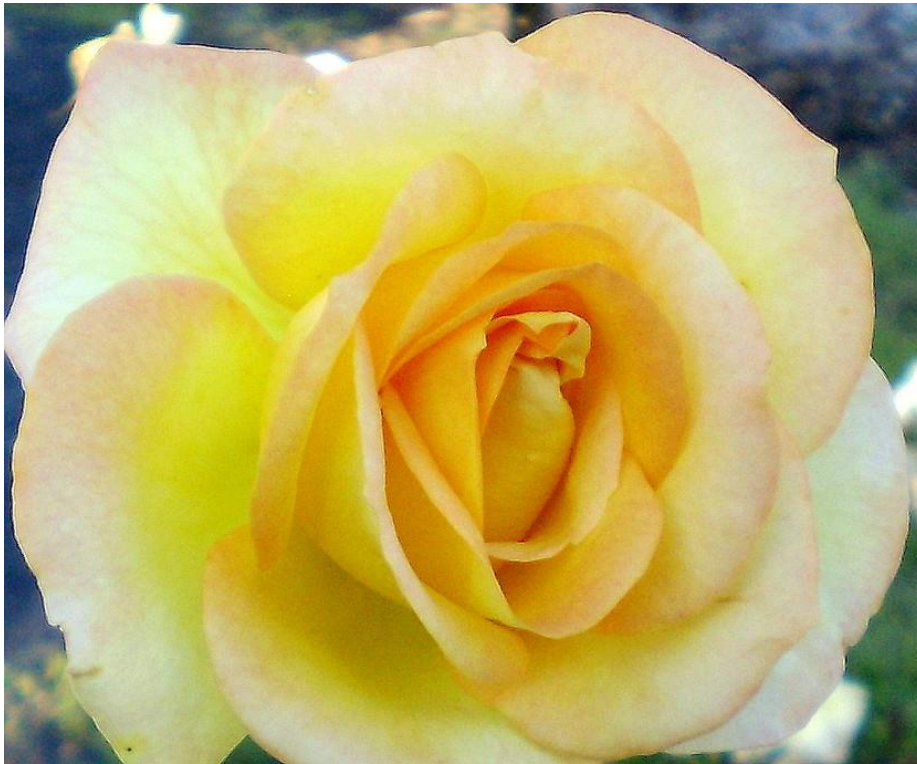
- qualities of Neptune, imaginatively transmit those qualities to your group(s).
19. Ponder, then, on the *transcendental* power of Neptune in relation to Cancer *hierarchically* considered. Attune with Neptune's power to reveal the all-pervading Presence of God in matter/form and its ability to promote complete identification with the heart of *life* within the form. Realize Neptune as the Christ-Energy, buddhi, permeating every form in the lower worlds and throughout the cosmic physical plane.
 - a. In silence, open your consciousness imaginatively to impressions emerging from Neptune's transcendent qualities. (You may visualize the astrological glyph of the Neptune in colors correlated with its monadic ray—the Second Ray of Love-Wisdom. These colors will be light blue or indigo blue.)
 - b. Attempt to realize the areas in which you and your group(s) are most in need of these transcendental qualities and visualizing yourselves imbued with the divine qualities of Neptune, transmit those qualities to your group(s).
 20. Raise your imaginative group consciousness to the Solar Logos expressing through our Sun and the solar system. Attempt to „feel“ that the great second ray of the Solar Logos (the “God of Love-Wisdom”) is pouring through all planets, Shamballa, and every Monad, soul and personality on planet Earth.
 21. Focus your imagination on the constellation Cancer radiating its peculiar quality of light. “Cancer.—*The Light within the form*. This is the diffused light of substance itself, the „dark light“ of matter, referred to in *The Secret Doctrine*. It is the light awaiting the stimulation coming from the soul light.” (EA 329)
 22. Open yourself to „feel“ the energy-quality of Cancer, attempting to realize its profound relationship to the Third Ray of Creative Intelligence and the Seventh Ray of Magic and Order, and also (via the Moon, Vulcan, Neptune and Uranus) to the fourth, first, sixth and seventh ray respectively.
 23. Ponder deeply on the Mantram for Cancer: “I build a lighted house and therein dwell.”
 24. If the meditation is done during a time-span which includes the Full Moon moment—for it can also be done as a preparatory meditation on each of the three days preceding the Full Moon and a distributive meditation on each of the three days following the Full Moon—*then*, as the moment of the Full Moon approaches, open yourselves imaginatively and SILENTLY to the following downflows of energy:
 - a. From the constellation Cancer
 - b. Through the Solar Logos at the Heart of the Solar System.
 - c. Through the planets Vulcan, Neptune *especially* and Uranus.
 - d. Into Shamballa and thus through your Monad and all associated Monads
 - e. Into the Hierarchy, through the Great Lord, the Christ, and into and through the Ashram with which you believe yourself to be increasingly associated, and thus through your soul and the group soul of your co-workers
 - f. And into your spiritualized personality and all associated spiritualized personalities.
 - g. (This alignment should *also* be used if the meditation is performed either before or after the Full Moon, but the timing is not so critical)
 25. If performing this meditation during a time period including the exact moment of

the Full Moon, then, utilising an accurately set watch or clock, at the exact moment of the Full Moon sound a deep, silent, inner OM imaginatively opening yourself, your group(s) and humanity to the deepest possible impression from Cancer, then retain a profound silence.

26. Hold this silence for at least several minutes (the actual duration depending upon your own sense of timing or the sense of timing of the Meditation Leader if you are meditating with a group) as you and the imagined or actually present group become increasingly imbued with the energies of the constellation and the great centers of distribution through which it flows.
27. Now, preserving your high alignments (including that of the antahkarana) visualize or think of the world situation and the ways in which the energies of Cancer (and its associated rays and astrological energies) can be applied for the upliftment and redemption of humanity and the planet (in accordance with the Divine Plan).
28. Visualize the energies of Cancer *rightly applied* solving at least one important problem of humanity or problem of the planet.
29. Imbued with the several energies bestowed upon you and the group at this time of the Cancer Full Moon, with hands up raised, send your blessings into Humanity (and its consciousness) so that it may *rise* to its new spiritual potentials as promised by the Divine Plan.
30. Preserving your high alignments by reaffirming them in the imagination, quietly and rhythmically sound the Great Invocation (as if in unison with the Christ, the Masters of the Wisdom and the members of your group[s]), pausing contemplatively between the verses. Close with the sounding of the Sacred Word, OM, three times, spreading Light, Love and Power to all Humanity, all Kingdoms of Nature and the Planet.
31. OM OM OM

Group Instructions for the Leo Full Moon Meditation For the
Leo Solar Fire Meditation and Sirius Festival
Long Version

“I am That, and That am I”



Rose photograph courtesy of Kay Hannan

Generic Keynotes for Seven Day Period

[Days of **Preparation**—Detachment and Renunciation] Confidence,
Aspiration, Dedication

[Day of **Safeguarding**—Receiving, Holding] [Days of **Distribution**—
Registration, Sense of Expectancy, Belief]

- 1) Withdraw your consciousness from the personality and its vehicles and enter deeply into the presence of the soul. Feel yourself established as a soul within the field of light, love and spiritual power.
- 2) Merge yourself as a soul into a deep sense of the group soul.
- 3) Imaginatively unite in soul with the spiritually-minded people of the world and with the men and women of goodwill.
- 4) Visualize the group soul merging into the One Soul of Humanity. Realize that that there is no „my soul and thy soul“. Deeply realize “Naught is but Me”.

- 5) Imagine a potent point of tension fed by the will aspect of the soul (according to its ray, cf. EA 605) gathered at the mental unit and forming the „intentional“ foundation of the antahkarana.
- 6) Imaginatively visualize your dual-colored individual antahkarana or “Rainbow Bridge”, connecting your lower mind (centered in the mental unit) with the manasic permanent atom and subsequently with the buddhic and atmic permanent atoms of the spiritual triad.
Use the color indigo especially, if you do not know your soul and personality rays. Otherwise use the colors of you soul and personality rays with the soul-ray color more prominent:
 - a. First Ray—Redb. Second Ray—Indigo Blue
 - c. Third Ray—Green
 - d. Fourth Ray—Yellow
 - e. Fifth Ray—Orange
 - f. Sixth Ray—Silvery Rose or Light Blue
 - g. Seventh Ray—Violet
- 7) Imagine your individual antahkarana merging with the *group* antahkarana (which is colored with *all* the seven colors, but primarily the deep indigo-blue of the second ray) *both* reaching into the realms of the spiritual triad. (Your individual antahkarana and ray qualities and the individual antahkaranas of all group members with their ray qualities are visualized as part of the *group* antahkarana.) Attempt to *deeply feel* this connection.
- 8) Inwardly, and in continued identification with the group soul, affirm the great Word of Power—“I see the greatest Light” as you imaginatively project a line of vivid, living, blue-white light into triadal realms along/across the individual and group antahkaranas from an established point of individual and group tension on the mental plane.
- 9) In the presence of this great Light of the spiritual triad, attempt to „feel“ the Presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
- 10) Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ.
 - a) OM—Salutations to the Christ, the Master of all Masters
 - b) OM—Salutations to the Triangle of Masters with Whom we work most closely:
 - i. OM—Salutations to Master Morya
 - ii. OM—Salutations to Master Koot-Hoomi
 - iii. OM—Salutations to Master Djwhal Khul
 - c) OM—Salutations to your own Master as you conceive Him to be
 - d) OM—Salutations to the Spiritual Hierarchy of our Planet— OM
- 11) *Imaginatively* raise your thought to Shamballa, the “Center Where the Will of God is Known” and, with deepest reverence and in all humility, attempt, *identified as the group soul*, to attune with the Presence of Sanat Kumara standing at the center of Shamballa.
- 12) Sound a long, silent OM as you imagine the group imbued with His Energy.
- 13) Realize that Shamballa is the Planetary Center through which the energies of the constellations and the planets initially enter according to the Law of Assembly (especially at Full Moon opportunities) to be distributed to all sentient beings upon the Earth.

- 14) (If performing this meditation within the period slightly before the Full Moon, follow Master DK's instructions and enter the disc of indigo blue via the shortening band of golden light, and attempt for as long as you wish to "enter into [His] consciousness".)
- 15) (Then, *as if* still within the sphere is His consciousness, continue the energy-specific meditation until its end)
- 16) Align with the spiritual qualities emanating from the three planetary rulers of the sign Leo—the Sun itself as the central star of our solar system and vehicle for the Solar Logos; Neptune as it is esoterically veiled by the Sun; and Uranus as it is hierarchically veiled by the Sun. (Plan your meditation so you can take the necessary time to receive impression along the various planetary streams.)
- 17) Ponder on the power of the Sun (the vehicle of the Solar Logos); He is "Helios" (the "Most High"); He is "Sol" (the "One", "He Who stands alone"). Attempt to conceive of the Sun as the great symbol of microcosmic and macrocosmic identity on three levels: the personal self, the individual or egoic Self; the Spirit or monadic Self. Realize the Solar Logos and His vehicle the Sun as the effective Source of Life, Consciousness and Will within our entire solar system. Attempt to realize that monadically your true "home" is within the Sun. Attempt to "feel" this.
 - a) In silence, open your consciousness imaginatively to impressions borne upon the "Solar" stream of energy. (You may visualize the astrological glyph of the Sun in the color blue (for our Solar Logos is the "Blue Logos") or you may use the color golden-yellow, the color of the physical Sun and of the human heart chakra—the Solar Logos is a heart chakra in a Cosmic Logos.
 - b) Attempt to realize the areas in which you and your group(s) are most in need of the solar qualities to bring the human energy system into the right condition and then, visualizing yourselves imbued with these divine qualities, imaginatively transmit those qualities to your group(s).
- 18) Ponder on the power of the Sun (esoterically) veiling Neptune and in relation to Leo, conveying the power to experience the "solar flames" as they are focussed within the Heart of the Sun (the solar logoic egoic nature on the cosmic mental plane). Attempt to sense the alignment which leads from the Heart of the Sun, through Venus; through Sanat Kumara, the "Lord of Venusian Love", in Shamballa; through the Christ and His Hierarchy; through the group soul and your own soul nature, and into the heart-in-the-head centers and heart centers of all group members including yourself. Attempt to „feel“ the glowing warmth of Love Divine expressed as identification through the heart-in-the-head center and as compassion and selfless-love as they express through the heart center. Dwell imaginatively within Neptunian solar fire.
 - a) In silence, open your consciousness imaginatively to impressions borne upon the Solar/Neptunian stream of energy. (You may visualize the astrological glyph of Neptune in the color rose or the color blue if you choose.)
 - b) Attempt to realize the areas in which you and your group(s) are most in need

of the Solar/Neptunian qualities and then, visualizing yourselves imbued with the divine qualities of the Sun veiling Neptune, imaginatively transmit those qualities to your group(s).

19) Ponder, then, on the *transcendental* power of the Sun veiling Uranus in relation to Leo *hierarchically* considered.

Attune with the Solar/Uranian power to convey the Will of the Solar Logos through the “Divine Flames”, the Will of the Planetary Logos and the Will of the Monad. Attempt to sense the electric fire of pure Spirit, emanating from the “Sea of Fire”, passing through your Monad, through the spiritual triad, into the Jewel in the Lotus and finally expressing *purposefully* through the central jewel in your crown center and the crown centers of all group members. Attempt to realize the “Will-to-Express” (through electric fire) the Divine Archetype of your true, essential Spirit, your Essential Identity. Attempt in a flash of realization to grasp the “Occult Oneness” of All.

a) In silence, open your consciousness imaginatively to impressions emerging from the Sun/Uranus’ transcendent qualities. (You may visualize the astrological glyph of the planet Uranus in the color violet, or in purest, scarlet red—the color of the first ray—the monadic ray of Uranus).

b) Attempt to realize the areas in which you and your group(s) are most in need of these transcendent qualities and visualizing yourselves imbued with the divine qualities of the Sun veiling Uranus, transmit those qualities to your group(s).

20) With profound reverence, attempt to raise your imaginative group consciousness (through attunement with the Solar Logos and its great Second Ray) towards the “Sunshine of the major Sun”—the star Sirius and its Great Logos Who is the Teacher, Guide and Initiator of our own Solar God.

a) Attempt to „feel into“ the Sirian stream of energy and to realize the importance of this Sirian Energy at this time of Leo Full Moon.

b) As you attempt to attune with the Sirian stream of energy think of Sirius as the source of the Law of Karma for our solar system and also of the “Law of Freedom”.

c) Attempt to realize the initiatory power of the Sirian Energy to purify and elevate all beings within our solar system.

d) Attempt to realize the importance of the Sirian Energy for the Spiritual Hierarchy as a whole, as annually at the time of the Leo Full Moon, Shamballa sets the seal on the acceptance of the Hierarchy and all its new associates—an *august* body in which you and your associates may one day be included.

e) Imaginatively and in silence open yourself and your group to the inflow of Sirian Energy. Visualize this Energy flowing through every Monad, soul and personality on and in planet Earth.

21) Now imaginatively focus your consciousness on the constellation Leo radiating its peculiar quality of light. “Leo.— *The Light of the Soul*. A reflected point of light logoic, or divine. The light diffused in Cancer focusses and reveals eventually a point.” (EA 329)

22) Open yourself to „feel“ the energy-quality of Leo, attempting to realize its profound relationship to the First Ray of Will and Power and the Fifth Ray of

Science and Concrete Mind, and also (via the Sun, Neptune and Uranus) to the second, sixth, and seventh rays respectively.

- 23) Ponder deeply on the Mantram for Leo: "I am That and That am I".
- 24) If the meditation is done during a time-span which includes the Full Moon moment—for it can also be done as a preparatory meditation on each of the three days preceding the Full Moon and as a distributive meditation on each of the three days following the Full Moon—*then*, as the moment of the Full Moon approaches, open yourselves imaginatively and SILENTLY to the following downflows of energy:
 - a) From the constellation Leo
 - b) Through the star Sirius and its subtle aspects.
 - c) Through the Solar Logos at the Heart of the Solar System and His vehicle the Sun.
 - d) Through the planets Neptune and Uranus.
 - e) Into Shamballa and thus through the Monad which you are and all associated Monads
 - f) Into the Hierarchy, through the Great Lord, the Christ, and into and through the Ashram with which you believe yourself to be increasingly associated, and thus through your soul and the group soul of your co-workers
 - g) And into your spiritualized personality and all associated spiritualized personalities.
 - h) (This alignment should *also* be used if the meditation is performed either before or after the Full Moon, but the timing is not so critical)
- 25) If performing this meditation during a time period including the exact moment of the Full Moon, then, utilising an accurately set watch or clock, at the exact moment of the Full Moon sound a deep, silent, inner OM imaginatively opening yourself, your group(s) and humanity to the deepest possible impression from Leo (and Sirius); then retain a profound silence.
- 26) Hold this silence for at least several minutes (the actual duration depending upon your own sense of timing or the sense of timing of the Meditation Leader if you are meditating with a group) as you (and the imagined or actually present group) become increasingly imbued with the energies of the constellation Leo and the great centers of distribution through which it flows.
- 27) Now, preserving your high alignments (including that of the antahkarana) visualize or think of the world situation and the ways in which the energies of Leo and Sirius (and their associated rays and astrological energies) can be applied for the upliftment and redemption of humanity and the planet (in accordance with the Divine Plan).
- 28) Visualize the energies of Leo (and Sirius) *rightly applied* solving at least one important problem of humanity or problem of the planet.
- 29) Imbued with the several energies bestowed upon you and the group at this time of the Leo Full Moon, with hands up raised, send your blessings into Humanity (and its consciousness) so that it may *rise* to its new spiritual potentials as promised by the Divine Plan.
- 30) Preserving your high alignments by reaffirming them in the imagination, quietly and rhythmically sound the Great Invocation (as if in unison with the Christ, the Masters of the Wisdom and the

members of your group[s]), pausing contemplatively between the verses.

31) Close with the sounding of the Sacred Word, OM, three times, spreading Light, Love and Power to all Humanity, all Kingdoms of Nature and the Planet.

32) OM OMOM

Group Instructions for the Virgo Full Moon Meditation
Virgo Solar Fire Meditation
Long Version

"I am the Mother and the Child. I, God, I matter am"



Rose photograph courtesy of Kay Hannan

Generic Keynotes for Seven Day Period

[Days of **Preparation**—Detachment and Renunciation] Confidence,
Aspiration, Dedication

[Day of **Safeguarding**—Receiving, Holding]

[Days of **Distribution**—Registration, Sense of Expectancy, Belief]

1. Withdraw your consciousness from the personality and its vehicles and enter deeply into the presence of the soul. Feel yourself established as a soul within the field of light, love and spiritual power.
2. Merge yourself as a soul into a deep sense of the group soul.
3. Imaginatively unite in soul with the spiritually-minded people of the world and with the men and women of goodwill.
4. Visualize the group soul merging into the One Soul of Humanity.

Realize that there is no „my soul and thy soul“. Deeply realize “Naught is but Me”.

5. Imagine a potent point of tension fed by the will aspect of the soul (according to its ray, cf. EA 605) gathered at the mental unit and forming the foundation of the antahkarana.
6. Imaginatively visualize your dual-colored individual antahkarana or “Rainbow Bridge”, connecting your lower mind (centered in the mental unit) with the manasic permanent atom and subsequently with the buddhic and atmic permanent atoms of the spiritual triad.

Use the color indigo especially, if you do not know your soul and personality rays. Otherwise use the colors of you soul and personality rays with the soul-ray color more prominent:

a. First Ray—Red

b. Second Ray—Indigo Blue. Third Ray—Green

d. Fourth Ray—Yellow

e. Fifth Ray—Orange

f. Sixth Ray—Silvery Rose or Light Blue

g. Seventh Ray—Violet

7. Imagine your individual antahkarana merging with the *group* antahkarana (which is colored with *all* the seven colors, but primarily the deep indigo-blue of the second ray) *both* reaching into the realms of the spiritual triad. (Your individual antahkarana and ray qualities and the individual antahkaranas of all group members with their ray qualities are visualized as part of the *group* antahkarana.)

Attempt to *deeply feel* this connection.

8. Inwardly, and in continued identification with the group soul, affirm the great Word of Power—“I see the greatest Light” as you imaginatively project a line of vivid, living, blue-white light into triadal realms along/across the individual and group antahkaranas from an established point of individual and group tension on the mental plane.
9. In the presence of this great Light of the spiritual triad, attempt to „feel“ the Presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
10. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ.

- a. OM—Salutations to the Christ, the Master of all Masters
 - b. OM—Salutations to the Triangle of Masters with Whom we work most closely:
 - i. OM—Salutations to Master Morya
 - ii. OM—Salutations to Master Koot-Hoomi
 - iii. OM—Salutations to Master Djwhal Khul
 - c. OM—Salutations to your own Master as you conceive Him to be
 - d. OM—Salutations to the Spiritual Hierarchy of our Planet— OM
11. *Imaginatively* raise your thought to Shamballa, the “Center Where the Will of God is Known”, and, with deepest reverence and in all humility, attempt, *identified as the group soul*, to attune with the Presence of Sanat Kumara standing at the center of Shamballa.
 12. Sound a long, silent OM as you imagine the group imbued with His Energy.
 13. Realize that Shamballa is the Planetary Center through which the energies of the constellations and the planets initially enter according to the Law of Assembly (especially at Full Moon opportunities) to be distributed to all sentient beings upon the Earth.
 14. (If performing this meditation within the period slightly before the Full Moon, follow Master DK’s instructions and enter the disc of indigo blue via the shortening band of golden light, and attempt for as long as you wish to “enter into [His] consciousness”.)
 15. (Then, *as if* still within the sphere is His consciousness, continue the energy-specific meditation until its end)
 16. Align with the spiritual qualities emanating from the three planetary rulers and two veiled rulers of the sign Virgo—Mercury (the exoteric ruler conveying acute, discriminative intelligence in the field of matter/form); the Moon, (the esoteric ruler representing the threefold form and its potential for purification, the better to embody the Christ Principle, and veiling Vulcan and Neptune conveying endurance in the process of birthing the Christ Consciousness indicated by Neptune); Jupiter (the hierarchical ruler, suggesting the consummated expansion of the Christ-Principle as that principle expresses on the monadic plane ruled by both Virgo and Jupiter). (Plan you meditation so your can take the necessary time to receive

impression along the various planetary streams.)

17. Ponder on the power of the Mercury, the “Son of Mind”, in relation to Virgo, conveying the acute ability to focus the mind analytically, lucidly and reasonably so that the birthing of the Christ Principle in the Heart may be prepared with full intelligence.
 - a. In silence, open your consciousness imaginatively to impressions borne upon the Mercurian stream of energy. (You may visualize the astrological glyph of Mercury in the esoteric color of the fourth ray, yellow, as you do so.)
 - b. Attempt to realize the areas in which you and your group(s) are most in need of the Mercurian qualities and then, visualizing yourselves imbued with these divine qualities, imaginatively transmit those qualities to your group(s).
18. Ponder, then, on the power of the Moon (in relation to Virgo and veiling Vulcan and Neptune), to convey the ability to restore the threefold lunar form to its divinely intended purity—all this achieved through the sustained Will-to-Endure of Vulcan, holding the lunar form in its „grip” and persistent control until the Christ Child (Neptune/Vishnu) is born in the “Cave of the Heart.” Seek to understand this individually and in terms of humanity.
 - a. In silence, open your consciousness imaginatively to impressions borne upon the stream of energy apparently emanating from the Moon but really emanating, in this case, from both Vulcan and Neptune. Visualize the astrological glyph of the Moon in the color Violet and the glyphs of Vulcan and Neptune in red or red-orange for Vulcan and deep blue or rose for Neptune.)
 - b. Attempt to realize the areas in which you and your group(s) are most in need of the Vulcanian and Neptunian qualities veiled by the Moon (in relation to Virgo) and then, visualizing yourselves imbued with the divine qualities of Vulcan and Neptune, imaginatively transmit those qualities to your group(s).
19. Ponder, then, on the *monadically expansive* power of Jupiter in relation to Virgo *hierarchically* considered. Visualize the Christ Principle achieving full and consummated expression as it rises from the buddhic plane to the monadic plane whereon the Spirit aspect of all human beings is found. Sense the meaning of the spiritual victory of Love Divine in the field of matter/form. Realize that the Christ

Energy can and will eventually embrace the six worlds of monadic expression (including even the humblest expression of Life-in- Form) because all B/beings are One-in-Spirit.

a. In silence, open your consciousness imaginatively to impressions emerging from Jupiter's transcendent qualities. (You may visualize the astrological glyph of the planet Jupiter in the colors indigo blue or, additionally, royal blue).

b. Attempt to realize the areas in which you and your group(s) are most in need of these transcendental qualities and visualizing yourselves imbued with the divine qualities of Jupiter, transmit those qualities to your group(s).

20. Raise your imaginative group consciousness to the Solar Logos expressing through our Sun and the solar system. Attempt to „feel“ that the great second ray of the Solar Logos (the “God of Love-Wisdom”) is pouring through all planets, Shamballa, and every Monad, soul and personality on planet Earth.
21. Focus your imagination on the constellation Virgo radiating its peculiar quality of light. “Virgo.—The blended dual Light. Two lights are seen—bright and strong, the light of form; one faint and dim, the light of God. This light is distinguished by a waxing of one and the waning of the other. It differs from the light in Gemini.” (EA 329)
22. Open yourself to „feel“ the energy-quality of Virgo, attempting to realize its profound relationship to the Second Ray of Love Wisdom and the Sixth Ray of Devotion and Idealism, and also, via Mercury, the Moon, Vulcan, Neptune and Jupiter to the fourth, again the fourth, first, sixth and second rays respectively.
23. Ponder deeply on the Mantram for Virgo: “I am the mother and the child. I, God, I, matter am.”
24. Then ponder even more deeply on what Master DK tells us is the “keynote which embodies the truth as to the mission of Virgo most accurately”: “Christ in you the hope of glory.”
25. If the meditation is done during a time-span which includes the Full Moon moment—for it can also be done as a preparatory meditation on each of the three days preceding the Full Moon and a distributive meditation on each of the three days following the Full Moon—*then*, as the moment of the Full Moon approaches, open yourselves imaginatively and SILENTLY to the following downflows of

energy:

- a. From the constellation Virgo
 - b. Through the Solar Logos at the Heart of the Solar System.
 - c. Through the planets Mercury, the Moon veiling Vulcan and Neptune, and through Jupiter.
 - d. Into Shamballa and thus through your Monad and all associated Monads
 - e. Into the Hierarchy, through the Great Lord, the Christ, and into and through the Ashram with which you believe yourself to be increasingly associated, and thus through your soul and the group soul of your co-workers
 - f. And into your spiritualized personality and all associated spiritualized personalities.
 - g. (This alignment should *also* be used if the meditation is performed either before or after the Full Moon, but the timing is not so critical)
26. If performing this meditation during a time period including the exact moment of the Full Moon, then, utilising an accurately set watch or clock, at the exact moment of the Full Moon sound a deep, silent, inner OM imaginatively opening yourself, your group(s) and humanity to the deepest possible impression from Virgo, then retain a profound silence.
27. Hold this silence for at least several minutes (the actual duration depending upon your own sense of timing or the sense of timing of the Meditation Leader if you are meditating with a group) as you and the imagined or actually present group become increasingly imbued with the energies of the constellation Virgo and the great centers of distribution through which it flows.
28. Now, preserving your high alignments (including that of the antahkarana) visualize or think of the world situation and the ways in which the energies of Virgo (and its associated rays and astrological energies) can be *applied* for the upliftment and redemption of humanity and the planet (in accordance with the Divine Plan).
29. Visualize the energies of Virgo *rightly applied* solving at least one important problem of humanity or problem of the planet.
30. Imbued with the several energies bestowed upon you and the

group at this time of the Virgo Full Moon, with hands up-raised, send your blessings into Humanity (and its consciousness) so that it may *rise* to its new spiritual potentials as promised by the Divine Plan.

31. Preserving your high alignments by reaffirming them in the imagination, quietly and rhythmically sound the Great Invocation (as if in unison with the Christ, the Masters of the Wisdom and the members of your group[s]), pausing contemplatively between the verses. Close with the sounding of the Sacred Word, OM, three times, spreading Light, Love and Power to all Humanity, all Kingdoms of Nature and the Planet.
32. OM OMOM

Group Instructions for the Libra Full Moon Meditation
Libra Solar Fire Meditation
Long Version

*“I choose the way which leads between the two
great lines of force”*



Rose photograph courtesy of Kay Hannan

Generic Keynotes for Seven Day Period

[Days of **Preparation**—Detachment and Renunciation]
Confidence, Aspiration, Dedication

[Day of **Safeguarding**—Receiving, Holding]

[Days of **Distribution**—Registration, Sense of Expectancy, Belief]

32. Withdraw your consciousness from the personality and its vehicles and enter deeply into the presence of the soul. Feel yourself established as a soul within the field of light, love and spiritual power.

33. Merge yourself as a soul into a deep sense of the group soul.
34. Imaginatively unite in soul with the spiritually-minded people of the world and with the men and women of goodwill.
35. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no „my soul and thy soul“. Deeply realize “Naught is but Me”.
36. Imagine a potent point of tension fed by the will aspect of the soul (according to its ray, cf. EA 605) gathered at the mental unit and forming the foundation of the antahkarana.
37. Imaginatively visualize your dual-colored individual antahkarana or “Rainbow Bridge”, connecting your lower mind (centered in the mental unit) with the manasic permanent atom and subsequently with the buddhic and atmic permanent atoms of the spiritual triad.

Use the color indigo especially, if you do not know your soul and personality rays. Otherwise use the colors of you soul and personality rays with the soul-ray color more prominent:

- a. First Ray—Red
- b. Second Ray—Indigo Blue
- c. Third Ray—Green
- d. Fourth Ray—Yellow
- e. Fifth Ray—Orange
- f. Sixth Ray—Silvery Rose or Light Blue
- g. Seventh Ray—Violet

38. Imagine your individual antahkarana merging with the *group* antahkarana (which is colored with *all* the seven colors, but primarily the deep indigo-blue of the second ray) *both* reaching into the realms of the spiritual triad. (Your individual antahkarana and ray qualities and the individual antahkaranas of all group members with their ray qualities are visualized as part of the *group* antahkarana.)
Attempt to *deeply feel* this connection.

39. Inwardly, and in continued identification with the group soul, affirm the great Word of Power—“**I see the greatest Light**” as you imaginatively project a line of vivid, living, blue-white light into triadal realms along/across the individual and group antahkaranas from an established point of individual and group tension on the mental plane.
40. In the presence of this great Light of the spiritual triad, attempt to „feel“ the Presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
41. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ.
 - a. OM—Salutations to the Christ, the Master of all Masters

- b. OM—Salutations to the Triangle of Masters with Whom we work most closely:
 - i. OM—Salutations to Master Morya
 - ii. OM—Salutations to Master Koot-Hoomi
 - iii. OM—Salutations to Master Djwhal Khul
 - c. OM—Salutations to your own Master as you conceive Him to be
 - d. OM—Salutations to the Spiritual Hierarchy of our Planet— OM
42. *Imaginatively* raise your thought to Shamballa, the “Center Where the Will of God is Known”, and, with deepest reverence and in all humility, attempt, *identified as the group soul*, to attune with the Presence of Sanat Kumara standing at the center of Shamballa.
43. Sound a long, silent OM as you imagine the group imbued with His Energy.
44. Realize that Shamballa is the Planetary Center through which the energies of the constellations and the planets initially enter according to the Law of Assembly (especially at Full Moon opportunities) to be distributed to all sentient beings upon the Earth.
45. (If performing this meditation within the period slightly before the Full Moon, follow Master DK’s instructions and enter the disc of indigo blue via the shortening band of golden light, and attempt for as long as you wish to “enter into [His] consciousness”.)
46. (Then, as *if* still within the sphere is His consciousness, continue the energy-specific meditation until its end)
47. Align with the spiritual qualities emanating from the three planetary rulers of the sign Libra: Venus (the exoteric ruler) conveying the decisive emergence of soul values balanced wisely with personality necessities; Uranus, (the esoteric ruler) conveying the power to relate with archetypal authenticity; Saturn (the hierarchical ruler and exalted planet in Libra), suggesting the consummation of karma in justice and beauty. (Plan your meditation so you can take the necessary time to receive impression along the various planetary streams.)
48. Ponder on the power of the Venus (in relation to Libra), to fortify the loving influence of the Solar Angel, thus magnetizing the personality towards the soul leading to the consummation of the „Divine Marriage“. Contemplate the “Marriage in the Heavens” as the absorption of the personality into the radiant beauty of the soul.

- a. In silence, open your consciousness imaginatively to impressions borne upon the Venusian stream of energy. (You may visualize the astrological glyph of Venus either in the exoteric color of the fifth ray, orange, or in the esoteric color of the fifth ray, indigo. Venus may also be visualized in the color rose which blends beautifully with the indigo of Libra)
 - b. Attempt to realize the areas in which you and your group(s) are most in need of the Venusian qualities and then, visualizing yourselves imbued with these divine qualities, imaginatively transmit those qualities to your group(s).
49. Ponder, then, on the power of Uranus (in relation to Libra), to bring in a new social order based on archetypal authenticity in all relations. Visualize the emergence of new forms of group creativity based on the transmutation of the sex-impulse. Contemplate fresh modes of human cooperation and interplay which contribute to the vitalization, betterment and balance of all energy systems (great and small) within our planet.
 - a. In silence, open your consciousness imaginatively to impressions borne upon the stream of energy emanating from Uranus. Visualize the astrological glyph of Uranus in the color violet.)
 - b. Attempt to realize the areas in which you and your group(s) are most in need of the Uranian qualities (in relation to Libra) and then, visualizing yourselves imbued with the divine qualities of Uranus, imaginatively transmit those qualities to your group(s).
50. Ponder, then, on the power of Saturn in relation to Libra *hierarchically* considered—a position fortified by Saturn’s exaltation in this sign. Ponder on the nature of “Divine Law” expressed through the spiritual will emanating from the atmic plane (the plane ruled by Libra and Saturn in combination). Realize the dynamic equilibrium in manifestation intended by the Divine Plan—an expression of atma and impelled from the highest level of the spiritual triad. Ponder on the lawful balancing of karmic imbalances and the relation of this balancing to the just and harmonious expression of the Divine Plan.

- a. In silence, open your consciousness imaginatively to impressions emerging from Saturn's transcendent qualities. (You may visualize the astrological glyph of the planet Saturn in the color green.)
 - b. Attempt to realize the areas in which you and your group(s) are most in need of these transcendental qualities and visualizing yourselves imbued with the divine qualities of Saturn, transmit those qualities to your group(s).
51. Raise your imaginative group consciousness to the Solar Logos expressing through our Sun and the solar system. Attempt to „feel“ that the great second ray of the Solar Logos (the “God of Love-Wisdom”) is pouring through all planets, Shamballa, and every Monad, soul and personality on planet Earth.
52. Focus your imagination on the constellation Libra radiating its peculiar quality of light. “Libra—The Light that moves to rest. This is the light that oscillates until a point of balance is achieved. It is the light which is distinguished by a moving up and down.” (EA 329)
53. Open yourself to „feel“ the energy-quality of Libra, attempting to realize its profound relationship to the Third Ray of Creative Intelligence and also, via Venus, Uranus and Saturn to the fifth ray, the seventh and (again) the third ray respectively.
54. Ponder deeply on the Mantram for Libra: “I choose the way which leads between the two great lines of force.”
55. If the meditation is done during a time-span which includes the Full Moon moment—for it can also be done as a preparatory meditation on each of the three days preceding the Full Moon and a distributive meditation on each of the three days following the Full Moon—*then*, as the moment of the Full Moon approaches, open yourselves imaginatively and SILENTLY to the following downflows of energy:
- h. From the constellation Libra
 - i. Through the Solar Logos at the Heart of the Solar System.
 - j. Through the planets Venus, Uranus and Saturn.
 - k. Into Shamballa and thus through your Monad and all associated Monads
 - l. Into the Hierarchy, through the Great Lord, the Christ, and into and through the Ashram with which you believe yourself to be increasingly associated, and thus through your soul and the group soul of your co-workers
 - m. And into your spiritualized personality and all associated spiritualized personalities.
 - n. (This alignment should *also* be used if the meditation is performed either

before or after the Full Moon, but the timing is not so critical)

56. If performing this meditation during a time period including the exact moment of the Full Moon, then, using an accurately set watch or clock, at the exact moment of the Full Moon sound a deep, silent, inner OM imaginatively opening yourself, your group(s) and humanity to the deepest possible impression from Libra, then retain a profound silence.
 57. Hold this silence for at least several minutes (the actual duration depending upon your own sense of timing or the sense of timing of the Meditation Leader if you are meditating with a group) as you and the imagined or actually present group become increasingly imbued with the energies of the constellation Libra and the great centers of distribution through which it flows.
 58. Now, preserving your high alignments (including that of the antahkarana) visualize or think of the world situation and the ways in which the energies of Libra (and its associated rays and astrological energies) can be *applied* for the upliftment and redemption of humanity and the planet (in accordance with the Divine Plan).
 59. Visualize the energies of Libra *rightly applied* solving at least one important problem of humanity or problem of the planet.
 60. Imbued with the several energies bestowed upon you and the group at this time of the Libra Full Moon, with hands up-raised, send your blessings into Humanity (and its consciousness) so that it may *rise* to its new spiritual potentials as promised by the Divine Plan.
 61. Preserving your high alignments by reaffirming them in the imagination, quietly and rhythmically sound the Great Invocation (as if in unison with the Christ, the Masters of the Wisdom and the members of your group[s]), pausing contemplatively between the verses. Close with the sounding of the Sacred Word, OM, three times, spreading Light, Love and Power to all Humanity, all Kingdoms of Nature and the Planet.
32. OM OM OM

Group Instructions for the Scorpio Full Moon Meditation
Scorpio Solar Fire Meditation
Long Version

“Warrior I am, and from the battle I emerge triumphant”



Rose photograph courtesy of Kay Hannan

Generic Keynotes for Seven Day Period

[Days of **Preparation**—Detachment and Renunciation]

Confidence, Aspiration, Dedication

[Day of **Safeguarding**—Receiving, Holding]

[Days of **Distribution**—Registration, Sense of Expectancy, Belief]

62. Withdraw your consciousness from the personality and its vehicles and enter deeply into the presence of the soul. Feel yourself established as a soul within the field of light, love and spiritual power.
63. Merge yourself as a soul into a deep sense of the group soul.
64. Imaginatively unite in soul with the spiritually-minded people of the world and with the men and women of goodwill.
65. Visualize the group soul merging into the One Soul of Humanity. Realize that

there is no „my soul and thy soul“. Deeply realize “Naught is but Me”.

66. Imagine a potent point of tension fed by the will aspect of the soul (according to its ray, cf. EA 605) gathered at the mental unit and forming the foundation of the antahkarana.

67. Imaginatively visualize your dual-colored individual antahkarana or “Rainbow Bridge”, connecting your lower mind (centered in the mental unit) with the manasic permanent atom and subsequently with the buddhic and atmic permanent atoms of the spiritual triad.

Use the color indigo especially, if you do not know your soul and personality rays. Otherwise use the colors of you soul and personality rays with the soul-ray color more prominent:

- a. First Ray—Red
- b. Second Ray—Indigo Blue
- c. Third Ray—Green
- d. Fourth Ray—Yellow
- e. Fifth Ray—Orange
- f. Sixth Ray—Silvery Rose or Light Blue
- g. Seventh Ray—Violet

68. Imagine your individual antahkarana merging with the *group* antahkarana (which is colored with *all* the seven colors, but primarily the deep indigo-blue of the second ray) *both* reaching into the realms of the spiritual triad. (Your individual antahkarana and ray qualities and the individual antahkaranas of all group members with their ray qualities are visualized as part of the *group* antahkarana.)

Attempt to *deeply feel* this connection.

69. Inwardly, and in continued identification with the group soul, affirm the great Word of Power—“**I see the greatest Light**” as you imaginatively project a line of vivid, living, blue-white light into triadal realms along/across the individual and group antahkaranas from an established point of individual and group tension on the mental plane.

70. In the presence of this great Light of the spiritual triad, attempt to “feel” the Presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.

71. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ.

- a. OM—Salutations to the Christ, the Master of all Masters
- b. OM—Salutations to the Triangle of Masters with Whom we work most closely:
 - i. OM—Salutations to Master Morya
 - ii. OM—Salutations to Master Koot-Hoomi
 - iii. OM—Salutations to Master Djwhal Khul
- c. OM—Salutations to your own Master as you conceive Him to be

d. OM—Salutations to the Spiritual Hierarchy of our Planet— OM

72. *Imaginatively* raise your thought to Shamballa, the “Center Where the Will of God is Known”, and, with deepest reverence and in all humility, attempt, *identified as the group soul*, to attune with the Presence of Sanat Kumara standing at the center of Shamballa.
73. Sound a long, silent OM as you imagine the group imbued with His Energy.
74. Realize that Shamballa is the Planetary Center through which the energies of the constellations and the planets initially enter according to the Law of Assembly (especially at Full Moon opportunities) to be distributed to all sentient beings upon the Earth.
75. (If performing this meditation within the period slightly before the Full Moon, follow Master DK’s instructions and enter the disc of indigo blue via the shortening band of golden light, and attempt for as long as you wish to “enter into [His] consciousness”.)
76. (Then, *as if still within the sphere is His consciousness, continue the energy-specific meditation until its end*)
77. Align with the spiritual qualities emanating from the three planetary rulers of the sign Scorpio: Mars (the exoteric ruler) conveying the courage to face the ‘outer opponent’; Mars (also the esoteric ruler) conveying the courage to struggle for the sake of a high ideal, and to confront, as well, the ‘inner opponent’—the Dweller on the Threshold”; Mercury (the hierarchical ruler) conveying the disillusioning power of buddhic illumination; and also Pluto (a special ruler in relation to Scorpio) conveying the power to destroy that which binds the inner consciousness to illusion, glamor and maya. (Plan your meditation so you can take the necessary time to receive impression along the various planetary streams.)
78. Ponder on the power of the Mars (in relation to Scorpio), *firstly* to strengthen the will to confront and overcome the „enemy without” and *then* (through the acquisition of psycho-spiritual maturity) the far more lethal “enemy within”. Contemplate the Martian will to “fight-to-the-death” all vice and negativity (inner and outer) until the “Light of Day” shines forth and the illumination of all within the eighteen lower subplanes is achieved.
 - a. In silence, open your consciousness imaginatively to impressions borne upon the Martian stream of energy. (You may visualize the astrological glyph of Mars either in one of the colors of the sixth ray, rose, or in the color red—either lighter red or darker red—a color close to the color *crimson*—the color which characterizes the sign Scorpio, itself.)
 - b. Attempt to realize the areas in which you and your group(s) are most in need of the Martian qualities and then, visualizing yourselves imbued with these divine qualities, imaginatively transmit these qualities to your group(s).
79. Ponder, then, on the power of Pluto (in relation to Scorpio), to terminate all energy patterns which stultify and suffocate the consciousness. Contemplate the

death of death; contemplate the power to kill that which kills the realization of soul within the personal consciousness. Ponder the sharp shears of Pluto, severing, for once and for all, the threads of attachment to the unreal.

a. In silence, open your consciousness imaginatively to impressions borne upon the stream of energy emanating from the “esoteric” planet, Pluto. Visualize the astrological glyph of Pluto, the upward-pointing arrow of death, in the color black.)

b. Attempt to realize the areas in which you and your group(s) are most in need of the Plutonian qualities (in relation to Scorpio) and then, visualizing yourselves imbued with the divine qualities of Pluto, imaginatively transmit those qualities to your group(s).

80. Ponder, then, on the power of Mercury in relation to Scorpio *hierarchically* considered. Consider Mercury as the influence which conveys the transcendent light of buddhi (as “pure reason”), shining into the aggregated miasma known as the “Dweller on the Threshold”, revealing it for what it is (an illusory phantom) and devitalizing it entirely through a luminous understanding of its unreality.

a. In silence, open your consciousness imaginatively to impressions emerging from Mercury’s transcendent qualities. (You may visualize the astrological glyph of the planet Mercury in the color yellow.)

b. Attempt to realize the areas in which you and your group(s) are most in need of these transcendental qualities and visualizing yourselves imbued with the divine qualities of Mercury, transmit those qualities to your group(s).

81. Raise your imaginative group consciousness to the Solar Logos expressing through our Sun and the solar system. Attempt to “feel” that the great second ray of the Solar Logos (the “God of Love-Wisdom”) is pouring through all planets, through Shamballa, and through every Monad, soul and personality on planet Earth.

82. Focus your imagination on the constellation Scorpio radiating its peculiar quality of light. “Scorpio—*The Light of Day*. This is the place where three lights meet—the light of form, the light of soul, and the light of life. They meet; they blend; they rise.” (EA 329)

83. Open yourself to „feel” the energy-quality of Scorpio, attempting to realize its profound relationship to the Fourth Ray of Harmony through Conflict and also, via Mars, Pluto and Mercury to the sixth ray, the first ray and (again) the fourth ray respectively.

84. Ponder deeply on the Mantram for Scorpio: “Warrior I am and from the battle I emerge triumphant.”

85. If the meditation is done during a time-span which includes the Full Moon moment—for it can also be done as a preparatory meditation on each of the three days preceding the Full Moon and a distributive meditation on each of the three days following the Full Moon—*then*, as the moment of the Full Moon approaches, open yourselves imaginatively and SILENTLY to the following

downflows of energy:

- o. From the constellation Scorpio
- p. Through the Solar Logos at the Heart of the Solar System.
- q. Through the planets Mars, Pluto and Mercury.
- r. Into Shamballa and thus through your Monad and all associated Monads
- s. Into the Hierarchy, through the Great Lord, the Christ, and into and through the Ashram with which you believe yourself to be increasingly associated, and thus through your soul and the group soul of your co-workers
- t. And into your spiritualized personality and all associated spiritualized personalities.
- u. (This alignment should *also* be used if the meditation is performed either before or after the Full Moon, but the timing is not so critical)

86. If performing this meditation during a time period including the exact moment of the Full Moon, then, using an accurately set watch or clock, at the exact moment of the Full Moon sound a deep, silent, inner OM imaginatively opening yourself, your group(s) and humanity to the deepest possible impression from Scorpio, then retain a profound silence.

87. Hold this silence for at least several minutes (the actual duration depending upon your own sense of timing or the sense of timing of the Meditation Leader if you are meditating with a group) as you and the imagined or actually present group become increasingly imbued with the energies of the constellation Scorpio and the great centers of distribution through which it flows.

88. Now, preserving your high alignments (including that of the antahkarana) visualize or think of the world situation and the ways in which the energies of Scorpio (and its associated rays and astrological energies) can be *applied* for the upliftment and redemption of humanity and the planet (in accordance with the Divine Plan).

89. Visualize the energies of Scorpio *rightly applied* solving at least one important problem of humanity or problem of the planet.

90. Imbued with the several energies bestowed upon you and the group at this time of the Scorpio Full Moon, with hands up-raised, send your blessings into Humanity (and its consciousness) so that it may *rise* to its new spiritual potentials as promised by the Divine Plan.

91. Preserving your high alignments by reaffirming them in the imagination, quietly and rhythmically sound the Great Invocation (as if in unison with the Christ, the Masters of the Wisdom and the members of your group[s]), pausing contemplatively between the verses. Close with the sounding of the Sacred Word, OM, three times, spreading Light, Love and Power to all Humanity, all Kingdoms of Nature and the Planet.

32. OM OM OM

Group Instructions for the Sagittarius Full Moon Meditation
Sagittarius Solar Fire Meditation
Long Version

“I see the goal, I reach that goal, and see another”



Rose photograph courtesy of Kay Hannan

Generic Keynotes for Seven Day Period

[Days of **Preparation**—Detachment and Renunciation]
Confidence, Aspiration, Dedication

[Day of **Safeguarding**—Receiving, Holding]

[Days of **Distribution**—Registration, Sense of Expectancy, Belief]

1. Withdraw your consciousness from the personality and its vehicles and enter deeply into the presence of the soul. Feel yourself established as a soul within the field of light, love and spiritual power.
2. Merge yourself as a soul into a deep sense of the group soul.
3. Imaginatively unite in soul with the spiritually-minded people of the world and with the men and women of goodwill.
4. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no „my soul and thy soul“. Deeply realize “Naught is but Me”.
5. Imagine a potent point of tension fed by the will aspect of the soul (according to

its ray, cf. EA 605) gathered at the mental unit and forming the foundation of the antahkarana.

6. Imaginatively visualize your dual-colored individual antahkarana or “Rainbow Bridge”, connecting your lower mind (centered in the mental unit) with the manasic permanent atom and subsequently with the buddhic and atmic permanent atoms of the spiritual triad.

Use the color indigo especially, if you do not know your soul and personality rays. Otherwise use the colors of you soul and personality rays with the soul-ray color more prominent:

- a. First Ray—Red
- b. Second Ray—Indigo Blue
- c. Third Ray—Green
- d. Fourth Ray—Yellow
- e. Fifth Ray—Orange
- f. Sixth Ray—Silvery Rose or Light Blue
- g. Seventh Ray—Violet

7. Imagine your individual antahkarana merging with the *group* antahkarana (which is colored with *all* the seven colors, but primarily the deep indigo-blue of the second ray) *both* reaching into the realms of the spiritual triad. (Your individual antahkarana and ray qualities and the individual antahkaranas of all group members with their ray qualities are visualized as part of the *group* antahkarana.)

Attempt to *deeply feel* this connection.

8. Inwardly, and in continued identification with the group soul, affirm the great Word of Power—“**I see the greatest Light**” as you imaginatively project a line of vivid, living, blue-white light into triadal realms along/across the individual and group antahkaranas from an established point of individual and group tension on the mental plane.
9. In the presence of this great Light of the spiritual triad, attempt to “feel” the Presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
10. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ.
 - a. OM—Salutations to the Christ, the Master of all Masters
 - b. OM—Salutations to the Triangle of Masters with Whom we work most closely:
 - i. OM—Salutations to Master Morya
 - ii. OM—Salutations to Master Koot-Hoomi
 - iii. OM—Salutations to Master Djwhal Khul
 - c. OM—Salutations to your own Master as you conceive Him to be

d. OM—Salutations to the Spiritual Hierarchy of our Planet— OM

11. *Imaginatively* raise your thought to Shamballa, the “Center Where the Will of God is Known”, and, with deepest reverence and in all humility, attempt, *identified as the group soul*, to attune with the Presence of Sanat Kumara standing at the center of Shamballa.
12. Sound a long, silent OM as you imagine the group imbued with His Energy.
13. Realize that Shamballa is the Planetary Center through which the energies of the constellations and the planets initially enter according to the Law of Assembly (especially at Full Moon opportunities) to be distributed to all sentient beings upon the Earth.
14. (If performing this meditation within the period slightly before the Full Moon, follow Master DK’s instructions and enter the disc of indigo blue via the shortening band of golden light, and attempt for as long as you wish to “enter into [His] consciousness”.)
15. (Then, *as if still within the sphere is His consciousness, continue the energy-specific meditation until its end*)
16. Align with the spiritual qualities emanating from the three planetary rulers of the sign Sagittarius: Jupiter (the exoteric ruler) conveying a vision of ever-expanding horizons and the enthusiastic motivation to move beyond and through the limitations of the present ring-pass-not; Earth (the esoteric ruler) conveying the realization that our planetary sphere must be spiritually enlivened until it becomes outwardly the sacred planet it already is inwardly; Mars (the hierarchical ruler) conveying the zeal to redirect and elevate the tendency of all lunar lords through the power of aspiration. (Plan your meditation so you can take the necessary time to receive impression along the various planetary streams.)
17. Ponder on the power of the Jupiter (in relation to Sagittarius), to extend one’s vision of truth and reality and to expand one’s consciousness to embrace an ever-widening ring-pass-not. Embrace the positivity of Jupiter, its assurance of beneficial growth and eventual fulfillment. Realize the growing sense of all-inclusive wholeness which it confers.
 - a. In silence, open your consciousness imaginatively to impressions borne upon the Jupiterian stream of energy. (You may visualize the astrological glyph of Jupiter in the color royal blue, or in indigo, or in blue with a slightly violet tinge.)
 - b. Attempt to realize the areas in which you and your group(s) are most in need of the Jupiterian qualities and then, visualizing yourselves imbued with these divine qualities, imaginatively transmit these qualities to your group(s).
18. Ponder, then, on the power of the Earth (in relation to Sagittarius), to redeem the etheric-physical nature of both human beings and of our planetary globe, revitalizing these lesser and greater etheric-physical vehicles in ways which

disengage them from retrogressive lunar tendencies. Through the influences conveyed by the Logos of planet Earth, realize your capacity to tread the Path which leads to the „energetic“ glorification of our planet until it becomes a sacred planet. Realize the Earth as a „sacred heavenly temple“ in which Spirit finds its embodiment in spiritually-regenerated matter.

- a. In silence, open your consciousness imaginatively to impressions borne upon the stream of energy emanating from our planet, the Earth. Visualize the astrological glyph of Earth, the even-armed cross encompassed by a circle in the colour blue-green).
 - b. Attempt to realize the areas in which you and your group(s) are most in need of the qualities of the planet Earth (in relation to Sagittarius) and then, visualizing yourselves imbued with the divine qualities of Earth, imaginatively transmit those qualities to your group(s).
19. Ponder, then, on the power of Mars in relation to Sagittarius *hierarchically* considered. Consider Mars as the planet stimulating the power of aspiration until aspiration becomes transmutation and spiritual elevation. Realize Mars as the planet driving the quest for ever-new experiences of a reality lying beyond the present ring-pass-not of consciousness through the elevatory immolation of the lunar nature. Realize the potency of Mars impelling towards the treading of the Way of Higher Evolution which leads the „outward-bound“ Monad towards its truer „home“ in those distant constellations which form the chakras of our local "One About Whom Naught May Be Said".
- a. In silence, open your consciousness imaginatively to impressions emerging from Mars“ transcendent qualities. (You may visualize the astrological glyph of the planet Mars in the color scarlet red.)
 - b. Attempt to realize the areas in which you and your group(s) are most in need of these transcendental qualities and visualizing yourselves imbued with the divine qualities of Mars, transmit those qualities to your group(s).
20. Raise your imaginative group consciousness to the Solar Logos expressing through our Sun and the solar system. Attempt to „feel“ that the great second ray of the Solar Logos (the “God of Love-Wisdom”) is pouring through all planets, through Shamballa, and through every Monad, soul and personality on planet Earth.
21. Focus your imagination on the constellation Sagittarius radiating its peculiar quality of light. “*Sagittarius*.—A beam of directed, focussed Light. In this the point of light becomes the beam, revealing a greater light ahead and illumining the way to the centre of the light. (EA 329)
22. Open yourself to „feel“ the energy-quality of Sagittarius, attempting to realize its profound relationship to the Fourth Ray of Harmony through Conflict, the Fifth Ray of Concrete Mind and Science and also, most intensely, to the sixth Ray of Devotion and Idealism; additionally, via Jupiter, to the second ray; via Earth, to the third ray; and via Mars again to the sixth ray.
23. Ponder deeply on the Mantram for Sagittarius: “I see the goal. I reach that goal

and then I see another.”

24. If the meditation is done during a time-span which includes the Full Moon moment—for it can also be done as a preparatory meditation on each of the three days preceding the Full Moon and a distributive meditation on each of the three days following the Full Moon—*then*, as the moment of the Full Moon approaches, open yourselves imaginatively and SILENTLY to the following downflows of energy:
 - a. From the constellation Sagittarius
 - b. Through the Solar Logos at the Heart of the Solar System.
 - c. Through the planets Jupiter, Earth and Mars.
 - d. Into Shamballa and, thus, through your Monad and all associated Monads.
 - e. Into the Hierarchy, through the Great Lord, the Christ, and into and through the Ashram with which you believe yourself to be increasingly associated, and thus through your soul and the group soul of your co-workers.
 - f. And into your spiritualized personality and all associated spiritualized personalities.
 - g. (This alignment should *a/so* be used if the meditation is performed either before or after the Full Moon, but the timing is not so critical)
25. If performing this meditation during a time period including the exact moment of the Full Moon, then, utilising an accurately set watch or clock, at the exact moment of the Full Moon sound a deep, silent, inner OM imaginatively opening yourself, your group(s) and humanity to the deepest possible impression from Sagittarius, then retain a profound silence.
26. Hold this silence for at least several minutes (the actual duration depending upon your own sense of timing or the sense of timing of the Meditation Leader if you are meditating with a group) as you and the imagined or actually present group become increasingly imbued with the energies of the constellation Sagittarius and the great centers of distribution through which it flows.
27. Now, preserving your high alignments visualize or think of the world situation and the ways in which the energies of Sagittarius (and its associated rays and astrological energies) can be *applied* for the upliftment and redemption of humanity and the planet (in accordance with the Divine Plan).
28. Visualize the energies of Sagittarius *rightly applied* solving at least one important problem of humanity or problem of the planet.
29. Imbued with the several energies bestowed upon you and the group at this time of the Sagittarius Full Moon, with hands up-raised, send your blessings into Humanity (and its consciousness) so that it may *rise* to its new spiritual potentials as promised by the Divine Plan.
30. Preserving your high alignments by reaffirming them in the imagination, quietly

and rhythmically sound the Great Invocation (as if in unison with the Christ, the Masters of the Wisdom and the members of your group[s]), pausing contemplatively between the verses. Close with the sounding of the Sacred Word, OM, three times, spreading Light, Love and Power to all Humanity, all Kingdoms of Nature and the Planet.

31. OM OM OM

Group Instructions for the Capricorn Full Moon Meditation
Capricorn Solar Fire Meditation
Generic Keynotes for Seven Day Period
Long Version

“Lost am I in light supernal, yet on that light I turn my back”



Rose photograph courtesy of Kay Hannan

[Days of **Preparation**—Detachment and Renunciation]
Confidence, Aspiration, Dedication

[Day of **Safeguarding**—Receiving, Holding]

[Days of **Distribution**—Registration, Sense of Expectancy, Belief]

1. Withdraw your consciousness from the personality and its vehicles and enter deeply into the presence of the soul. Feel yourself established as a soul within the field of light, love and spiritual power.
2. Merge yourself as a soul into a deep sense of the group soul.
3. Imaginatively unite in soul with the spiritually-minded people of the world and with the men and women of goodwill.

4. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no 'my soul and thy soul'. Deeply realize "Naught is but Me".
5. Open imaginatively to the higher worlds of wisdom (the spiritual triad) and "act-as-if" it is possible for you to receive impression from these worlds.
6. In the presence of this great Light of the spiritual triad, attempt to 'feel' the presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
7. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ.
 - a. OM—Salutations to the Christ, the Master of all Masters
 - b. OM—Salutations to the Triangle of Masters with Whom we work most closely:
 - i. OM—Salutations to Master Morya
 - ii. OM—Salutations to Master Koot-Hoomi
 - iii. OM—Salutations to Master Djwhal Khul
 - c. OM—Salutations to your own Master as you conceive Him to be
 - d. OM—Salutations to the Spiritual Hierarchy of our Planet—OM
8. *Imaginatively* raise your thought to Shamballa, the "Center Where the Will of God is Known", and, with deepest reverence and in all humility, attempt, *identified as the group soul*, to attune with the Presence of Sanat Kumara standing at the center of Shamballa.
9. Sound a long, silent OM as you imagine the group imbued with His Energy.
10. (If performing this meditation within the period slightly before the Full Moon, follow Master DK's instructions and enter the disc of indigo blue via the shortening band of golden light, and attempt for as long as you wish to "enter into [His] consciousness".)
11. (Then, *as if* still within the sphere is His consciousness, continue the energy-specific meditation until its end)
12. Imaginatively align with the stream of energy emanating from the two planetary rulers of the sign Capricorn: Saturn (the exoteric and esoteric ruler) conveying first the discipline to honor of all

life's duties and karmic requirements and (as sensitivity to Saturn's esoteric influences emerge) conveying the resolve to live according to the Laws of the Soul, thus fulfilling one's specific dharma in the Divine Plan; Venus (the hierarchical ruler) conveying the full illumination of the 'World of the Soul' to the eventually-transfigured soul-in-incarnation.

(Plan your meditation so you can take the necessary time to receive impression along the various planetary streams.)

13. Ponder first on the power of Saturn (the “planet of opportunity”—*spiritual* rather than strictly *personal* opportunity) to bring both the individual and the group into alignment with karmic law through the exercise of spiritual responsibility. Realize that the fulfillment of one's individual responsibilities (and, later, *group* responsibilities) is one of the first indications that one is truly living one's life in the three lower worlds according to the influences of the soul.
14. Ponder secondly on the power of Saturn to align the individual and the group with their roles in the Divine Plan and, thus, to ensure responsible conformity to that Plan in one's own individual and group sphere. Realize that as you and the group learn the true meaning of voluntary sacrifice, both will be animated by the source of spiritual will emanating from the atomic plane—a plane hierarchically ruled by Saturn Who is the Instrument of Lord Brahma within our solar system.
 - a. In silence open your consciousness imaginatively to any other impressions or meanings related to the Saturnian stream of energy.
 - b. Attempt to realize the areas in which you and your group(s) are most in need of these transformative influences; visualize yourselves becoming imbued with the divine qualities of **Saturn**. Visualize the astrological glyph of Saturn, the cross over the crescent, in the colour green—the esoteric color of the third ray.
15. Ponder then on the power of Venus (the hierarchical ruler of Capricorn) to bestow the quality of pure spiritual love and to bring that love into union with luminous spiritual knowledge producing wisdom (the union of heart and mind)—realized within the supernal

light on the mountain top of initiation. Realize that through Venus (in relation to Capricorn) the “secret of the soul” can be revealed and the intended fullness of solar angelic energy be released into the spiritualized personality.

- c. Open your consciousness imaginatively to any other impressions or meanings related to the Venusian stream of energy.
 - d. Attempt to realize the areas in which you and your group(s) are most in need of these transformative influences; visualize yourselves becoming imbued with the divine qualities of **Venus**. (You may visualize the astrological glyph of the planet Venus in the esoteric color of the fifth ray, indigo, or in the color rose—esoteric color of the sixth ray (the ray of Venus’ secondary monadic ray).
16. Raise your imaginative group consciousness to the Solar Logos expressing through our Sun and the solar system. Attempt to ‘feel’ that the great second ray of the Solar Logos (the “God of Love-Wisdom”) is pouring through all planets, Shamballa, and every Monad, soul and personality on planet Earth.
17. Focus your imagination on the constellation Capricorn radiating its peculiar quality of light. “*Capricorn.*— The Light of Initiation. This is the light which clears the way to the mountain top, and produces transfiguration, thus revealing the rising sun.” (EA 329)
18. Focus your imagination on the constellation Capricorn, the “Goat” or, more spiritually, the “Unicorn”.
- e. Attempt to ‘feel’ the energy-quality of Capricorn, attempting to realize its profound relationship to the Seventh Ray of Ceremonial Magic. (It is the zodiacal constellational source through which the seventh ray is presently most potently focussed.)
 - f. Attempt also to realize Capricorn as the constellational source through which the Third Ray of Active Intelligence reaches the disciples of the world.
 - g. Attempt finally to realize the relation of Capricorn to the First Ray of Will and Power. Capricorn is the constellational source of the “Will that Conquers Death”.

19. Ponder deeply on the Mantram for Capricorn: “Lost am I in Light Supernal, yet on that Light I turn my back” and attempt to grasp its esoteric meaning and significance.
20. If the meditation is done during a time-span which includes the Full Moon moment—for it can also be done as a preparatory meditation on each of the three days preceding the Full Moon and a distributive meditation on each of the three days following the Full Moon—*then*, as the moment of the Full Moon approaches, open yourselves imaginatively and SILENTLY to the following downflows of energy:
 - a. From the constellation Capricorn
 - b. Through the Solar Logos at the Heart of the Solar System.
 - c. Through the planets Saturn and Venus
 - d. Into Shamballa and thus through your Monad and all associated Monads
 - e. Into the Hierarchy, through the Great Lord, the Christ, and into and through the Ashram with which you believe yourself to be increasingly associated, and thus through your soul and the group soul or your co-workers
 - f. And into your spiritualized personality and all associated spiritualized personalities.
 - g. (This alignment should *also* be used if the meditation is performed either before or after the Full Moon, but the timing is not so critical)
21. If performing this meditation during a time period including the exact moment of the Full Moon, then, utilising an accurately set watch or clock, at the exact moment of the Full Moon sound a deep, silent, inner OM imaginatively opening yourself, your group(s) and humanity to the deepest possible impression from Capricorn, then retain a profound silence.
22. Hold this silence for at least several minutes (this will depend upon your own sense of timing or the sense of timing of the Meditation Leader if you are meditating with a group) as you and the imagined or actually present group become increasingly imbued with the energies of the constellation Capricorn and the great centers of distribution through which it flows.

23. Now, preserving your high alignments visualize or think of the world situation and the ways in which the energies of Capricorn can be applied for the upliftment and redemption of humanity and the planet (in accordance with the Divine Plan).
24. Visualize the energies of Capricorn *rightly applied* solving at least one important problem of humanity or problem of the planet.
25. Imbued with the several energies (both rayological and astrological) bestowed upon you and the group at this time of the Capricorn Full Moon, with hands up raised, send your blessings into Humanity (and its consciousness) so that it may *rise* to its new spiritual potentials as promised by the Divine Plan.
26. Preserving your high alignments by reaffirming them in the imagination, quietly and rhythmically sound the **Great Invocation** (as if in unison with the Christ, the Masters of the Wisdom and the members of your group[s]), pausing contemplatively between the verses. Close with the sounding of the Sacred Word, OM, three times, spreading Light, Love and Power to all Humanity, all Kingdoms of Nature and the Planet.

THE GREAT INVOCATION

From the point of Light within the Mind of God
Let light stream forth into the minds of men.
Let Light descend on Earth.

From the point of Love within the Heart of God
Let love stream forth into the hearts of men.
May Christ return to Earth.

From the centre where the Will of God is known
Let purpose guide the little wills of men—
The purpose which the Masters know and serve.

From the centre which we call the race of men
Let the Plan of Love and Light work out.
And may it seal the door where evil dwells.

Let Light and Love and Power restore the Plan on Earth

27. OM OM OM

Group Instructions for the Aquarius Full Moon Meditation
Aquarius Solar Fire Meditation
Long Version

Water of life am I, poured forth for thirsty men



Rose photograph courtesy of Kay Hannan

Generic Keynotes for Seven Day Period

[Days of **Preparation**—Detachment and Renunciation]
Confidence, Aspiration, Dedication

[Day of **Safeguarding**—Receiving, Holding]

[Days of **Distribution**—Registration, Sense of Expectancy, Belief]

2. Withdraw your consciousness from the personality and its vehicles and enter deeply into the presence of the soul. Feel yourself established as a soul within the field of light, love and spiritual power.

3. Merge yourself as a soul into a deep sense of the group soul.
4. Imaginatively unite in soul with the spiritually-minded people of the world and with the men and women of goodwill.
5. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no 'my soul and thy soul'. Deeply realize "Naught is but Me".
6. Imagine a potent point of tension fed by the will aspect of the soul (according to its ray, cf. EA 605) gathered at the mental unit and forming the foundation of the antahkarana.
7. Imaginatively visualize your dual-colored individual antahkarana or "Rainbow Bridge", connecting your lower mind (centered in the mental unit) with the manasic permanent atom and subsequently with the buddhic and atmic permanent atoms of the spiritual triad.

Use the color indigo especially, if you do not know your soul and personality rays. Otherwise use the colors of you soul and personality rays with the soul-ray color more prominent:

- a. First Ray—Red
 - b. Second Ray—Indigo Blue
 - c. Third Ray—Green
 - d. Fourth Ray—Yellow
 - e. Fifth Ray—Orange
 - f. Sixth Ray—Silvery Rose or Light Blue
 - g. Seventh Ray—Violet
8. Imagine your individual antahkarana merging with the *group* antahkarana (which is colored with *all* the seven colors, but primarily the deep indigo-blue of the second ray) *both* reaching into the realms of the spiritual triad. (Your individual antahkarana and ray qualities and the individual antahkaranas of all group members with their ray qualities are visualized as part of the *group* antahkarana.) **Attempt to *deeply feel* this connection.**
 9. Inwardly, and in continued identification with the group soul, affirm the great Word of Power—"I see the greatest Light" as you imaginatively project a line of vivid, living, blue-white light into triadal realms along/across the individual and group antahkaranas from an established point of individual and group tension on the mental plane.

10. In the presence of this great Light of the spiritual triad, attempt to ‘feel’ the Presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
11. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ.
 - e. OM—Salutations to the Christ, the Master of all Masters
 - f. OM—Salutations to the Triangle of Masters with Whom we work most closely:
 - i. OM—Salutations to Master Morya
 - ii. OM—Salutations to Master Koot-Hoomi
 - iii. OM—Salutations to Master Djwhal Khul
 - g. OM—Salutations to your own Master as you conceive Him to be
 - h. OM—Salutations to the Spiritual Hierarchy of our Planet—OM
12. *Imaginatively* raise your thought to Shamballa, the “Center Where the Will of God is Known”, and, with deepest reverence and in all humility, attempt, *identified as the group soul*, to attune with the Presence of Sanat Kumara standing at the center of Shamballa.
13. Sound a long, silent OM as you imagine the group imbued with His Energy.
14. Realize that Shamballa is the Planetary Center through which the energies of the constellations and the planets initially enter according to the Law of Assembly (especially at Full Moon opportunities) to be distributed to all sentient beings upon the Earth.
15. (If performing this meditation within the period slightly before the Full Moon, follow Master DK’s instructions and enter the disc of indigo blue via the shortening band of golden light, and attempt for as long as you wish to “enter into [His] consciousness”.)
16. (Then, *as if* still within the sphere is His consciousness, continue the energy-specific meditation until its end)
17. Imaginatively raise your consciousness towards the three planetary rulers of the constellation Aquarius: Uranus (the exoteric ruler) conveying the capacity to re-invent and renovate the energy patterns through which humanity and individuals express

themselves; Jupiter (the esoteric ruler) conveying the power to achieve spiritual growth and fulfillment through loving group cooperation; and the Moon (the hierarchical ruler veiling Vulcan, Neptune and Uranus—Vulcan rendering the etheric-physical body a strong and fit instrument for soul expression; Neptune suffusing the emotional body with the buddhic principle of love; Uranus, transforming the mind as ordinarily used into *occult mind*.)

18. Ponder on the power of Uranus (the “home of electric fire”). Focus on the alchemical power of Uranus to transmute, transform, transfigure and ‘translate’—leading to the re-ordering of the lower worlds according to the “Pattern in Heaven”, the Archetypal Pattern.
 - a. In silence, open your consciousness imaginatively to impressions borne upon the Uranian stream of energy. (You may visualize the astrological glyph of Uranus in the color violet as you do so.)
 - b. Attempt to realize the areas in which you and your group(s) are most in need of the divine qualities of Uranus and visualizing yourselves imbued with these qualities, imaginatively transmit them to your group(s).
19. Ponder then on the power of Jupiter (the esoteric ruler of Aquarius) to bestow the fullness of group consciousness and group love, enlarging and unfolding the group causal body, building and completing realization of group soul. Jupiter in Aquarius, the conveyer of “Life more Abundant”.
 - a. In silence, open your consciousness imaginatively to impressions borne upon the Jupiterian stream of energy. (You may visualize the astrological glyph of Jupiter in the color royal blue as you do so.)
 - b. Attempt to realize the areas in which you and your group(s) are most in need of the divine qualities of Jupiter and visualizing yourselves imbued with these qualities, imaginatively transmit them to your group(s).
20. Ponder then on the veiling influence of the Moon (the hierarchical ruler of Aquarius, veiling Vulcan, Neptune and Uranus in relation to the physical, astral and mental planes). These influences lead to the transfiguration of the human personality and eventually to the transfiguration of the personality of humanity—Vulcan (radiance of the etheric-physical atoms); Neptune

(transcendent love in the astral body); Uranus (occult brilliance in the mental body).

- a. In silence, open your consciousness imaginatively to impressions borne upon the triple stream of Vulcanian, Neptunian and Uranian energy (veiled by the Moon). (You may visualize the glyphs of these planets in the colors red orange for Vulcan ≠, rose color for Neptune ♆ and violet for Uranus ♅.).
 - b. Attempt to realize the areas in which you and your group(s) are most in need of this triple stream of energy expressing through the lunar vehicles and then, visualizing yourselves imbued with these three divine qualities, imaginatively transmit these qualities to your group(s).
21. Raise your imaginative group consciousness to the Solar Logos expressing through our Sun and the solar system. Attempt to ‘feel’ that the great second ray of the Solar Logos (the “God of Love-Wisdom”) is pouring through all planets, Shamballa, and every Monad, soul and personality on planet Earth.
 22. Focus your imagination on the constellation Aquarius, the “Water Bearer” radiating its peculiar quality of light: *Aquarius*.— *The Light that shines on Earth, across the sea*. This is the light which ever shines within the dark and cleansing with its healing rays that which must be purified until the dark has gone. (EA 330)
 23. Open yourself to ‘feel’ the energy-quality of Aquarius, attempting to realize its profound relationship to the Fifth Ray of Mind and also via its rulers Uranus, Jupiter and the Moon (veiling Vulcan, Neptune and Uranus) to the seventh ray, the second ray, the fourth ray through the Moon, the first ray, the sixth ray and seventh ray, again respectively. (Aquarius will soon be the constellational source through which the fifth ray is most potently focussed. We see that only the third ray is apparently missing and, really, it is not, for the constellation Aquarius transmits much third ray.)
 24. Ponder deeply on the Mantram for Aquarius: “Water of Life am I, poured forth for thirsty men” and attempt to grasp its esoteric meaning and significance.
 25. If the meditation is done during a span which includes the Full Moon moment—for it can also be done as a preparatory meditation three days before the Full Moon and a distributive meditation three

days after the Full Moon—*then* as the moment of the Full Moon approaches, open yourselves imaginatively and SILENTLY to the following downflows of energy:

- h. From the constellation Aquarius
- i. Through the Solar Logos at the Heart of the Solar System.
- j. Through the planets Uranus, Jupiter and the Moon (veiling Vulcan, Neptune, Uranus)
- k. Into Shamballa and thus through your Monad and all associated Monads
- l. Into the Hierarchy, through the Great Lord, the Christ, and into and through the Ashram with which you believe yourself to be increasingly associated, and thus through your soul and the group soul or your co-workers
- m. And into your spiritualized personality and all associated spiritualized personalities.
- n. (This alignment should also be used if the meditation is performed either before or after the Full Moon, but the timing is not so critical)

26. If using this meditation for the exact moment of the Full Moon, then utilising an accurately set watch or clock, at the exact moment of the Full Moon sound a deep, silent, inner OM imaginatively opening yourself, your group(s) and humanity to the deepest possible impression from Aquarius, then retain a profound silence.
27. Hold this silence for at least several minutes (this will depend upon your own sense of timing or the sense of timing of the Meditation Leader if you are meditating with a group) as you and the imagined or actually present group become increasingly imbued with the energies of the constellation Aquarius and the great centers of distribution through which it flows.
28. Now, preserving your high alignments (including that of the antahkarana) visualize or think of the world situation and the ways in which the energies of Aquarius can be applied for the upliftment and redemption of humanity and the planet (in accordance with the Divine Plan).
29. Visualize the energies of Aquarius *rightly applied* solving at least one important problem of humanity or problem of the planet.

30. Imbued with the several energies bestowed upon you and the group at this time of the Aquarius Full Moon, with hands up raised, send your blessings into Humanity (and its consciousness) so that it may *rise* to its new spiritual potentials as promised by the Divine Plan.
31. Preserving your high alignments by reaffirming them in the imagination, quietly and rhythmically sound the Great Invocation (as if in unison with the Christ, the Masters of the Wisdom and the members of your group[s]), pausing contemplatively between the verses.
32. Close with the sounding of the Sacred Word, OM, three times, spreading Light, Love and Power to all Humanity, all Kingdoms of Nature and the Planet.
33. OM OM OM

Group Instructions for the Pisces Full Moon Meditation
Pisces Solar Fire Meditation
Long Version

“I leave the Father’s home and turning back, I save”



Rose photograph courtesy of Kay Hannan

Generic Keynotes for Seven Day Period

[Days of **Preparation**—Detachment and Renunciation]
Confidence, Aspiration, Dedication

[Day of **Safeguarding**—Receiving, Holding]

[Days of **Distribution**—Registration, Sense of Expectancy, Belief]

28. Withdraw your consciousness from the personality and its vehicles and enter deeply into the presence of the soul. Feel yourself established as a soul within the field of light, love and spiritual power.
29. Merge yourself as a soul into a deep sense of the group soul.
30. Imaginatively unite in soul with the spiritually-minded people of the world and with the men and women of goodwill.
31. Visualize the group soul merging into the One Soul of Humanity. Realize that there is no ‘my soul and thy soul’. Deeply realize “Naught is but Me”.

32. Open imaginatively to the higher worlds of wisdom (the spiritual triad) and “act-as-if” it is possible for you to receive impression from these worlds.
33. In the presence of this great Light of the spiritual triad, attempt to ‘feel’ the presence of the Great White Brotherhood, the Lodge of Masters, the Spiritual Hierarchy of our Planet.
34. Inwardly and with heart-felt gratitude, offer your salutations to the Masters and to the Head of the Hierarchy, the Christ.
 - i. OM—Salutations to the Christ, the Master of all Masters
 - j. OM—Salutations to the Triangle of Masters with Whom we work most closely:
 - i. OM—Salutations to Master Morya
 - ii. OM—Salutations to Master Koot-Hoomi
 - iii. OM—Salutations to Master Djwhal Khul
 - k. OM—Salutations to your own Master as you conceive Him to be
 - l. OM—Salutations to the Spiritual Hierarchy of our Planet—OM
35. *Imaginatively* raise your thought to Shamballa, the “Center Where the Will of God is Known”, and, with deepest reverence and in all humility, attempt, *identified as the group soul*, to attune with the Presence of Sanat Kumara standing at the center of Shamballa.
36. Sound a long, silent OM as you imagine the group imbued with His Energy.
37. (If performing this meditation within the period slightly before the Full Moon, follow Master DK’s instructions and enter the disc of indigo blue via the shortening band of golden light, and attempt for as long as you wish to “enter into [His] consciousness”.)
38. (Then, *as if* still within the sphere of His consciousness, continue the energy-specific meditation until its end)
39. Imaginatively raise your consciousness towards the three planetary rulers of the constellation Pisces—Jupiter (the exoteric ruler) conveying beneficence and selfless generosity; Pluto (the esoteric ruler) conveying the power to purge the personality of all hidden obstructions to soul-infusion; again Pluto (the hierarchical ruler) conveying the power to negate and even destroy the power of the personality as an inhibition to the expression of the soul; and Neptune (a special ruler for Pisces) conveying transcendent compassion and the power to identify with all aspects of the planetary, group and individual soul including the “anima mundi”, the soul of the world.
40. Ponder on the power of Jupiter, the conferrer in Pisces of faith, hope, charity, benevolence and selfless service. Realize the beneficence of Jupiter overflowing all lesser state of consciousness and absorbing human consciousness into the ocean of *reality*.

- o. In silence, open your consciousness imaginatively to impressions borne upon the Jupiterian stream of energy. (You may visualize the astrological glyph of Jupiter in the color royal blue as you do so.)
 - p. Attempt to realize the areas in which you and your group(s) are most in need of the Jupiterian qualities and then, visualizing yourselves imbued with the divine qualities of Jupiter, transmit those qualities to your group(s).
41. Ponder then on the power of Pluto, both the esoteric and hierarchical ruler of Pisces. Meditate upon Pluto as the agent for the purification and expurgation of all impedimenta that is hidden in the depths of the aura. Understand that Pluto kills all desire for life within the worlds of illusion.

From the hierarchical perspective, realize that Pluto in its highest aspect acts as an agent for the spiritual triad and Monad, and conveys the power to cut away and destroy all limiting ties that bind the soul to the perception of time and space, releasing it into the timelessness and spacelessness (non-locality) of the spiritual triad.

- a. Visualise the repelling power of Pluto being used to expel all evil which besets Humanity at this time, bringing about its salvation, and release from the material forces.
 - b. In silence, open your consciousness imaginatively to impressions borne upon the Plutonian stream of energy. (You may visualize the astrological glyph of Pluto in the colors black and/or red as you do so.)
 - c. Attempt to realize the areas in which you and your group(s) are most in need of the Plutonian qualities and then, visualizing yourselves imbued with the divine qualities of Pluto, transmit those qualities to your group(s).
42. Ponder finally on the influence of Neptune, a special ruler of Pisces associated with the transcendental influence of Pisces upon humanity as a whole. Realize the power of Neptune in relation to Pisces to remove all egoistic barriers and boundaries between human beings such that the oneness of humanity—its one soul and one Spirit—are experientially realized through the power of identification.
- a. Realize Neptune as the planet of exquisite sensitivity which confers profound compassion and a complete merging in the state of spiritual identification.
 - b. In silence, open your consciousness imaginatively to impressions borne upon the Neptunian stream of energy. (You may visualize the astrological glyph of Neptune in the colors rose or deep, vibrant blue as you do so.)
 - c. Attempt to realize the areas in which you and your group(s) are most in need of the Neptunian qualities and then, visualizing yourselves imbued with the divine qualities of Neptune, transmit those qualities to your group(s).

43. Raise your imaginative group consciousness to the Solar Logos expressing through our Sun and the solar system. Attempt to 'feel' that the great second ray of the Solar Logos (the "God of Love-Wisdom") is pouring through all planets, Shamballa, and every Monad, soul and personality on planet Earth.
44. Focus your imagination on the constellation Pisces, the Fishes, radiating its peculiar quality of light: "Pisces—The Light of the World. This is the light, revealing the light of life itself. It ends for ever the darkness of matter". (EA 330)
45. Open yourself to 'feel' the energy-quality of Pisces, attempting to realize its profound relationship to the Second Ray of Love-Wisdom, the Sixth Ray of Devotion and Idealism and also, via its rulers Jupiter, Pluto and Neptune, to the second ray (again), to the first ray and to the sixth and second rays respectively. Note the powerful presence of the second, sixth and first rays.
46. Ponder deeply on the Mantram for Pisces: "I leave the Father's Home and turning back, I save" and attempt to grasp its esoteric meaning and significance.
47. If the meditation is done during a span which includes the Full Moon moment—for it can also be done as a preparatory meditation three days before the Full Moon and a distributive meditation three days after the Full Moon—*then*, as the moment of the Full Moon approaches, open yourselves imaginatively and SILENTLY to the following downflows of energy:
 - a. From the constellation Pisces
 - b. Through the Solar Logos at the Heart of the Solar System.
 - c. Through the planets Jupiter and Pluto, and, in a special way, through Neptune.
 - d. Into Shamballa and thus through your Monad and all associated Monads
 - e. Into the Hierarchy, through the Great Lord, the Christ, and into and through the Ashram with which you believe yourself to be increasingly associated, and thus through your soul and the group soul of your co-workers
 - f. And into your spiritualized personality and all associated spiritualized personalities.
 - g. (This alignment should also be used if the meditation is performed either before or after the Full Moon, but the timing is not so critical)
48. If performing this meditation during a time period including the exact moment of the Full Moon, then utilising an accurately set watch or clock, at the exact moment of the Full Moon sound a deep, silent, inner OM imaginatively opening yourself, your group(s) and humanity to the deepest possible impression from Pisces, then retain a profound silence.
49. Hold this silence for at least several minutes (this will depend upon your own sense of timing or the sense of timing of the Meditation Leader if you are meditating with a group) **as you and**

the imagined or actually present group become increasingly imbued with the energies of the constellation Pisces and the great centers of distribution through which it flows.

50. Now, preserving your high alignments, visualize or think of the world situation and the ways in which the energies of Pisces can be applied for the upliftment and redemption of humanity and the planet (in accordance with the Divine Plan).
51. Visualize the energies of Pisces *rightly applied* solving at least one important problem of humanity or problem of the planet.
52. Imbued with the several energies bestowed upon you and the group at this time of the Pisces Full Moon, with hands up raised, send your blessings into Humanity (and its consciousness) so that it may *rise* to its new spiritual potentials as promised by the Divine Plan.
53. Preserving your high alignments by reaffirming them in the imagination, quietly and rhythmically sound the Great Invocation (as if in unison with the Christ, the Masters of the Wisdom and the members of your group[s]), pausing contemplatively between the verses.
54. Close with the sounding of the Sacred Word, OM, three times, spreading Light, Love and Power to all Humanity, all Kingdoms of Nature and the Planet.
55. OM OM OM